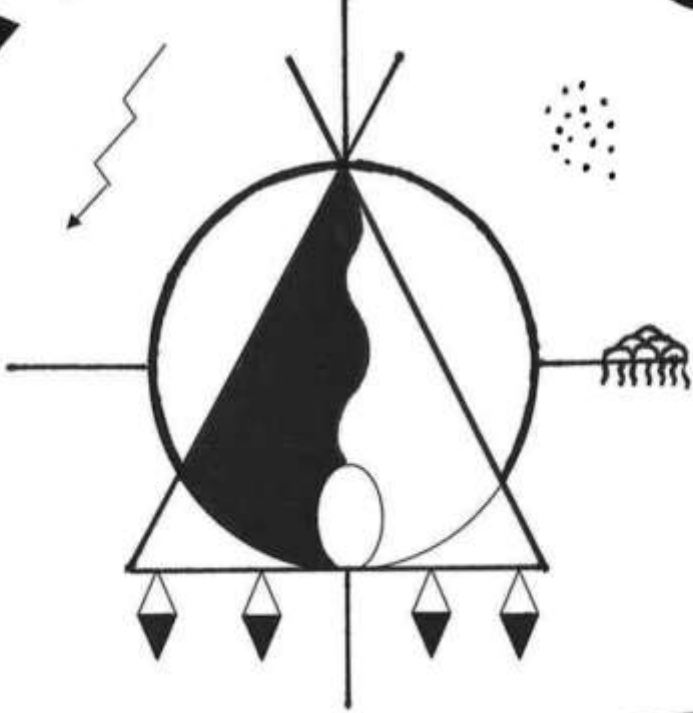


WASUTON WI - AUGUST 2014



WAPAHA SKA



DAKOTA WOTANIN



**WaPaHaSka
Dakota Wotanin**
will be posted to the
website on the first
business day of the month
www.whitecapdakota.com

REMINDER:
THE NEXT DAKOTA WOTANIN
SUBMISSION DEADLINE IS
August 29th, 2014 @ NOON

Forward Submissions to:
BOReception@whitecapdakota.com
or call 306-477-0908
Thank you.

WHITECAP DAKOTA FIRST NATION
182 CHIEF WHITECAP TRAIL
WHITECAP SK S7K 2L2
TELEPHONE: 306-477-0908
FAX: 306-374-5899
www.whitecapdakota.com

DAKOTA WOTANIN

Wasuton Wi - August 2014

Inside this issue:

Whitecap Weekly Table of Contents	2
Emergency Numbers/Upcoming Meetings	3
WDFN Committee Members	4
Whitecap Academic Coach	6
Whitecap Adult Education	7-11
Whitecap Children Centre	12-13
Whitecap Recreation Worker	14
Whitecap IRA	15
Whitecap Business Centre	16
Whitecap Health & Social Development	17-25
Whitecap Housing & Public Works	26-30
Whitecap Self-Government	31-35
Whitecap Memorandum	36
Whitecap Notice	37-45
Advertisement Announcements & Notices	46-52

NEXT ISSUE:
TUESDAY, SEPTEMBER 2, 2014

Upcoming Meetings

Chief & Council Meeting

Monday, September 8th, 2014 at 8 A.M. - Noon
Executive Boardroom

Elders Luncheon Meeting

Monday, September 8th, 2014 at Noon
Sports Centre Lunch Provided
Please contact Whitecap Dakota Band Office
If in need of Transportation

WHITECAP EMERGENCY DIRECTORY

Fire Emergency	Medical Emergency
Major Fire: 911	Contact MD Ambulance Dispatch: 911
Contact Saskatoon Fire Dept. Dispatch: 911	
Arnold Stone: 306-290-2760	
Policing Services	Child Protection Services
Emergency: 911	
Complaints & Inquiries: RCMP Only 306-310-7267 or 306-975-5173	STC CFS: 1-866-871-4237
Crime Stoppers 1-800-222-8477	
Self Help & Other	
Health Line: 1-877-800-0002 The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.	Suicide Crisis Line: 306-933-6200 Poison Control Centre: 1-866-454-1212 Problem Gambling: 1-800-306-6789
	Medical Taxi Transportation: 373-4600 Monday to Friday – 8 a.m. to 4:30 p.m. For afterhours call MD Ambulance Service: 911
SaskEnergy Natural Gas Emergency & Safety 1-888-700-0427	SaskPower Outage Reporting Call No Charge: 306-310-2220



Whitecap Dakota First Nation
COMMUNITY ADVISORY COMMITTEES
 EFFECTIVE JUNE 3, 2013

**Education, Culture & Recreation
Advisory Committee**

Justice Advisory Committee

Membership Committee

Members:

Debra Moccasin
 Gord Ouellette
 Kevin Littlecrow
 Roberta A. Bear
 Willis Royal

Chairperson: Roberta A. Bear
 Councillor Frank Royal, Ex-officio

Lands Advisory Committee

Self Government Advisory Committee

Members:

Colette Eagle
 Elmer Eagle
 Heather Buffalo
 Melvin Littlecrow
 Verna Buffalo
 Vivian Anderson

Chairperson: Heather Buffalo
 Chief Darcy Bear, Ex-officio

**Housing & Public Works
Advisory Committee**

Health & Social Advisory Committee

CFS Advisory Committee

Members:

Arnold Stone
 Crystal Buffalo
 Janice Daniels
 Loretta Whitecap Brown
 Melvin Littlecrow
 Nancy Linklater
 Sandra Daniels

Chairperson: Janice Daniels
 Councillor Dwayne Eagle, Ex-officio



NOTICE

**Please be advised that the Band Office,
Business Centre, Housing & Public Works,
Health Clinic and Children's Center will be**

Closed

Monday, August 4th, 2014

(Civic Day Stat Holiday)

**Normal business hours will resume at
8:00 a.m. on Tuesday, August 5th, 2014**

WHITECAP ACADEMIC COACH**Verna Buffalo—Academic Coach**

Literacy:
Learning for Life.
L'alphabétisation,
Une leçon pour la vie.

Frontier College and Whitecap Dakota First Nation
are pleased to offer the return of the

Whitecap Literacy Camp

for the summer of 2014.

Join us for a fun and exciting camp experience!



WHERE: Whitecap Elementary
School's 'Blue Portable'

WHEN: August 18th to 22nd

AGES: students going into
grades 3 or 4

TIME: 9:00 am to 3:00 pm



Programming at the camp will encourage children to develop their love of reading and books through crafts, reading, singing songs, writing, and playing games. Activities are fun and interactive and will enhance learning outside of the school setting. Parents, other family members, & community members are welcome to participate too!

This camp is **FREE** to attend.

Snacks and lunch, and bus transportation will be provided.

Participants will also receive free books to take home.

30 spaces are available for this session.

If you would like to reserve a spot for your child, a **registration form** must be **completed**.
For more information or to register your child, please be in touch with Verna Buffalo at 306-381-6619.

NOTE: camp staff will also take registration on the 1st day of camp
on a first come, first served basis if space is available and your child must meet camp criteria.

This project has been generously funded by PotashCorp, offered in partnership with the Saskatoon Tribal Council,
and administered by Frontier College.



WHITECAP ADULT EDUCATION**Monica Kreiter, Program Coordinator****Submission for Whitecap Newsletter****June 25, 2014****Welcome to the team!**

Great Plains College is adding to the team at Whitecap Adult Basic Education in 2014-15. We would like to introduce Ryan Spence as our new Student Adviser. Ryan will work along with Monica Kreiter, Coordinator of the Adult Basic Education program at Whitecap to assist the students in planning their courses for next year. We look forward to Ryan coming on board.

Apply today!

Please pick up your application for admission from Jackie at the Business office. We would appreciate it if you would fill it out and hand it back to Jackie to send to us. We will then set up a time to see you in the summer.

Student Gathering

Watch for our fall student gathering in late August. The whole Great Plains College team will be there to meet you. You can stop in for a visit and get your registration for classes started. Bring your kids too--we will have a treat for them while you visit.



ADULT BASIC EDUCATION PROGRAM

Great Plains College offers Adult 10, Adult 12 and GED® Prep programming in a welcoming, safe, adult classroom environment.

ADULT 10

Study communications, life-work skills, mathematics, science and social studies. Graduates are prepared to advance into the Adult 12 program or may apply to enter some post-secondary programs.

ADULT 12

Students will have the opportunity to complete their credits for a Grade 12 standing recognized by the Ministry of Education. Core subject areas taught are English, Canadian studies, mathematics and science along with additional 30-level electives to complete an Adult 12 or regular Grade 12 program.

GED®

Adults wishing to increase their career opportunities in the workforce and move their career plan forward quickly will have an opportunity to prepare for the five test areas of the GED® test: language arts reading and writing, mathematics, science and social studies.

Full-time and part-time learning options are available. Apply today!

great plains
college

greatplainscollege.ca

Whitecap Dakota First Nation

P - (306) 227-9590

E - warman.office@greatplainscollege.ca



Register Now for Early Childhood Courses (ECE) at Whitecap Dakota First Nation

Time: Tuesday evenings from 5:30-8:30 p.m.

Location: Whitecap Dakota First Nation Fire Hall

Tuition: \$100 per module, plus \$2 student fee per module

Contact: Contact Warman Campus at (306) 242-5377

Coordinator: brigittem@greatplainscollege.ca

Adviser: ryans@greatplainscollege.ca

ECE Certificate Courses Offered

Code	Course	Dates	Prerequisites
ECE 101	Roles & Values of the Early Childhood Educator	Sept 9 – Oct 21, 2014	N/A
ECE 103	Programming for Language Development	Oct 28 – Dec 16, 2014	HUMD 100, ECE 100, ECE 181
ECE 102	Programming for Creative Arts Development	Jan 6 – Mar 10, 2015	HUMD 100, ECE 100, ECE 181
ECE 104	Programming for Cognitive Development	Mar 17 – Apr 28, 2015	HUMD 100, ECE 100, ECE 181
ECE 105	Programming for Social and Emotional Development	May 5 – Jun 16, 2015	HUMD 100, ECE 100, ECE 181

Student must have applied and been accepted into ECE program in order to register and take the following courses. (Grade 12 Requirement).

EDUCATIONAL ASSISTANT PROGRAM

.....

DEFINE YOURSELF - APPLY TODAY

ASSISTANT • | ə-ˈsist-tənt | • *noun*

- 1. The always-critical part of the team, without whom the job couldn't get done quite as well (e.g. Luigi to Mario, Robin to Batman, Keith Richards to Mick Jagger).
-

- 8-month certificate
 - Learn to assist the classroom teacher with elementary and secondary aged students in the K-12 school system
 - Full-time and part-time options available
-

great plains
college


greatplainscollege.ca

Warman Campus

Phone: (306) 242-5377

1 (866) 296-2472

WHITECAP ORIENTATION AT THE FIREHALL

Thursday, August 21, 2014 • 10 a.m.-3 p.m.

During the day, you can:

- Meet your instructors and other Great Plains College staff
 - Participate in a computer lab session (get your email, network password, etc.)
 - Purchase your books and-or pick them up
 - Enjoy free food
 - Win prizes
- ... and more!

For more information, email info@greatplainscollege.ca or call (306) 477-1649.

WHITECAP CHILDREN'S CENTRE

Whitecap Children's Centre Manager



Whitecap Children's Center

Day Care Fees

Band Members

Infants (6-17 months)	- \$350.00/month (full-time)
Toddlers (18-29 months)	- \$287.50/month (full-time)
Preschooler (30 months–5 years)	- \$262.50/month (full-time)

Non Band Members

Infants (6-17 months)	- \$700.00/month (full-time)
Toddlers (18-29 months)	- \$575.00/month (full-time)
Preschooler (30 months–5 years)	- \$525.00/month (full-time)

(Upon application, parents of children who use the service of the Whitecap Children's Centre will be entitled to a fee subsidy of 50% if their child is a Whitecap Band Member.)

Programs Provided at the Whitecap Children's Centre:

- **Aboriginal Headstart on Reserve:** 6 components –Culture and Language, Education, Health, Nutrition, Social Support, Parental and Family Involvement.
- **Moe the Mouse** is an early language and literacy program. Teaches the importance of imaginary play, literacy, and teaching Dakota words.
- **Music Program:** The children channel their creative side through music, and help develop gross and fine motor skills. The program consists of a facilitator and materials where the children learn to appreciate music, dance and play.
- **Nutrition:** We follow the Aboriginal Canada's Food Guide; a 4 week planned Nutritious Menu. Healthy eating, healthy snacks/food, food security, traditional foods; dietician support.
- **Native Culture:** Dakota Language, Moe The Mouse, Music, Drum, Talking Circle, more to come: pow-wow dance. Elders & staff who speak Dakota with children
- **Field Trips:** Pumpkin Patch Maze, Splash Park, Fun Factory , forestry farm, Museum of Natural Science, Pooh Corner, Children Museum. (Parents are always welcome to join)

- **Celebration:** Thanksgiving dinner, Parent's Christmas Party, Halloween Party, Summer activities, Family Day (Informal parent/family activities)
- **Health promotion:** physical activity, self-care, oral health, immunization, safety and screening for: development, behavior, speech, hearing & vision.
- **Social skills:** teaching children positive interaction with their playmates, building positive relationships with peers and ECE, manners, taking turns, empathy, caring, loving, etc..
- **Play and Exploration programming:** Activities, Environment and Routines
- **In And Outdoor Activities:**

And others ...



Submitted by Myrtle Vandall Manager, Whitecap Children's Centre



WHITECAP RECREATION PROGRAM

Margaret Bear - Recreation Worker

August

2014

Whitecap Summer Day Program

Open gym Nights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						2
3	4	5	6	7	8	9
HOLIDAY No PROGRAMS.	Day Program 1-4pm DDC Pow Wow NO GYM NIGHT	Day Program 1-4pm DDC Pow Wow NO GYM NIGHT	Day Program 1-4pm DDC Pow Wow NO GYM NIGHT	Day Program 1-4pm DDC Pow Wow NO GYM NIGHT	Day Program 1-4pm Kickball/Soccer NO GYM NIGHT	
10	11	12	13	14	15	16
Day Program 1-4pm Open Gym 6:30-8:30 10-18 yrs old	Day Program 1-4pm Open Gym 6:30-8:30pm 5-9 yr olds	Day Program 1-4pm Open Gym 6:30-8:30pm 5-9 yr olds	Day Program 1-4pm Wamnskevin Trip Open Gym 6:30-8:30 10-18 yrs old	Day Program 1-4pm Open Gym 6:30-8:30pm 5-9 yr olds	Day Program 1-4pm NO GYM NIGHT	
17	18	19	20	21	22	23
Day Program 1-4pm Open Gym 6:30-8:30 10-18 yrs old	Day Program 1-4pm Open Gym 6:30-8:30pm 5-9 yr olds	Day Program 1-4pm Open Gym 6:30-8:30 10-18 yrs old	Day Program 1-4pm Open Gym 6:30-8:30 5-9 yr olds	Day Program 1-4pm Open Gym 6:30-8:30pm 5-9 yr olds	Day Program 1-4pm Mini Golf NO GYM NIGHT	
24	25	26	27	28	29	30
Day Program 1-4pm Open Gym 6:30-8:30 10-18 yrs old	Day Program 1-4pm Open Gym 6:30-8:30pm 5-9 yr olds	Day Program 1-4pm Open Gym 6:30-8:30pm 10-18 yrs old	Day Program 1-4pm Open Gym 6:30-8:30 5-9 yr olds	Day Program 1-4pm Open Gym 6:30-8:30pm 5-9 yr olds	Last Day of Day Program Swimming NO GYM NIGHT	
31						

WHITECAP IRA NEWS

Sheila Caisse - IRA



July 31, 2014

**Read on for important updates and reminders regarding Membership
Information from your Indian Registry Administrator (IRA) – Sheila: 477-0908.**

NEW PARENTS

Expecting a child soon or already have a newborn?

- ❑ Please call or come and see me as soon as possible after your child is born so we can discuss the eligibility for registration and prepare to fill out forms.
- ❑ Step 1: you will need your child's birth document:
 - a) As your IRA, I may request a "birth extract" from the AANDC on behalf of Members for registration purposes. Therefore, please allow me to put forth this request before you spend the fee to order a birth certificate. [These are usually only available in their system for newborns.]
 - b) If a birth extract is not available as in a) above, you will need to order your child's original birth certificate from eHealth Saskatchewan (Vital Stats). See below for more information about eHealth.
- ❑ Step 2: complete an application for registration form and submit the original form (signed by both parents) along with original birth document to me for processing.
- ❑ Step 3: wait for correspondence from AANDC regarding application status. Once the registration is complete, AANDC will send you a letter confirming your child's registration.

NEW FORM AND ADDRESS TO ORDER BIRTH CERTIFICATES from eHealth Saskatchewan

- You may pick up a form at the Band Office or print one online from: *[note new website address]*
<http://www.ehealthsask.ca/vitalstats/Pages/default.aspx>
- You now have the option to order online; you must have a valid credit card to process your order online. If you do not, you will need to submit your order using the manual forms-based process.
- **Note:** please ensure you order the **long form** birth certificate as it states the parent's names and this is an absolute requirement for the 'registration as an Indian' process and it will be too for the new SCIS cards
- The forecasted turnaround time is **5 business days** (fee is \$25)
- **Priority Service** is **5 business days** (costs an extra \$30 for this service)

REQUESTS FOR STATUS NUMBERS

- IRA's may not release a member's status number over the telephone; however, the member may come into the office to see the IRA in person, show identification, then the IRA can release the member's or their child(s) status number.
- Alternatively, you may call the IRA with direction to fax you or your child(s) information to a medical office for services that are pending (i.e., doctor, dentist, pharmacy).

STATUS CARDS

- 🔥 Just a friendly reminder that I do not accommodate walk-in requests for status cards as I have other responsibilities besides IRA duties. Please call me ahead of time if you wish to make an appointment for a status card. Thanks for your cooperation.

UPDATE ON SCIS (Secured Certificate of Indian Status) card

- AANDC still does not know when the new SCIS status cards will be rolled-out at the Community level.
- Applications for the new SCIS cards are being processed at the AANDC offices in Prince Albert and Regina.
- AANDC is now accepting applications for the new SCIS by mail; please refer to their website for the application form(s) and process: www.aadnc-aandc.gc.ca (search SCIS)

Registered Indians 16 years of age and older need to provide the following: Completed SCIS Adult Application; Original long-form birth certificate; (2) passport style photos; valid I.D.; Guarantor declaration

WHITECAP TOTAL POPULATION: 619

WHITECAP BUSINESS CENTRE

Whitecap Business Centre

189 Chief Whitecap Trail

Monday to Friday

8 A.M. – 4:30 P.M.

Phone: 306-477-0908

Fax: 306-373-6359



Whitecap Business Centre	Department
Darrell Balkwill	Director, Economic, Development
Dalyn Bear	Lands Manager
Jackie Pilon	Business Development Manager

The Job Board is now at the Whitecap Business Centre

Come by to see if there are opportunities for you!

The public computer that was in the copy room at the Band Office is now available for Band Members to use at the Whitecap Business Centre. We have added another work station to use as well for exploring your education and career opportunities. Please read the Computer Usage Policy and sign in to use the computers!

Monday and Friday
Hours are 8:30 A.M. – 11:30 A.M.
and 1:30 P.M. – 4:00 P.M.



WHITECAP HEALTH & SOCIAL DEVELOPMENT



Whitecap Health Centre

316 Moose Woods Drive

Whitecap SK S7K 2L2

Phone: 306-373-4600

Fax: 306-343-8855

Whitecap Health Centre	Department	Extension
Victorine Royal vroyal@whitecapdakotahealth.com	Administration/Medical Transportation	#221
Sheryl Buffalo sbuffalo@whitecapdakotahealth.com	Maternal Child Health	#223
Jeannie Coe	Nurse Practitioner	#224
Maryline Gladue mgladue@whitecapdakotahealth.com	Home Health Aide	#225
Amber Clark aclark@whitecapdakotahealth.com	Family Prevention Support Worker	#226
Tony Roulette troulette@whitecapdakotahealth.com	Wellness Worker	#227
Marijayne Deschambeault	Community Justice Summer Student	#229
Vacant	Recreation Coordinator	#230
Gary Beaudin	Manager, Health Services	#231
Arlene Peeteetuce apeeteetuce@whitecapdakotahealth.com	Community Health Nurse	#254
Whitecap Dakota Elementary	Counselling	#256
Kristen Buffalo	Summer Student	

NOTICE

NEW INFO

Changes to Health Canada Medical Transportation

Effective **January 1, 2013**, all requests for Medical Taxi Transportation including Private Vehicle must be pre-approved by the newly created Health Canada (Non-Insured Health Benefits) Call Centre before a medical taxi can be booked.

The WDFN is not responsible for approving Medical Transportation requests. All the WDFN is responsible for is to make the transportation arrangements after the transportation request is approved by Health Canada.

Reminder to All Medical Taxi Transportation Users:

Two-Day Notice

- Please be reminded that a two business day notice is required if you need to utilize the Medical Taxi Transportation. **Please keep in mind that this does not include Saturday & Sunday.**

Cancellations

- If you need to cancel your medical taxi, please call the Health Centre as soon as possible but no later than two hours before your scheduled pick up.

Medical Emergencies

- If your condition is of an urgent nature (medical emergency), call 911;
- Notify the Health Centre so that the Health Canada Call Centre can arrange for medical transportation upon discharge if there are no other means of travel (someone to drive you home) back to Whitecap.

*Cab Sharing & Coordination

- Keep in mind that you may be sharing a cab with others who have the same appointment time(s) and you should expect to return together. All appointments will be coordinated accordingly and approved by NIHB (Health Canada).

Signatures

- Doctors/health care providers and clients need to sign and date the appointment slip issued.



Get
Appointment



Make the call
306-373-4600
Two-day Notice
For Medical Taxi



Ready for
Medical
Taxi

Clinic After Hours Schedule

SERVICES AVAILABLE

WHAT IS A NURSE PRACTITIONER?

A Nurse Practitioner is a registered nurse who works in a Primary Health setting, has additional education and training, writes a national qualifying exam and is licensed by the Saskatchewan Registered Nurses Association as an independent practitioner.

WHAT CAN A NURSE PRACTITIONER DO?

- Can diagnose and treat common medical illnesses, chronic medical conditions such as diabetes or COPD.
- Can order tests such as laboratory tests, x-rays, and ultrasounds, pre-op appointments.
- Perform common procedures such as removal of moles, excision and drainage of abscesses and suturing of simple wounds (cuts).
- After assessment, prescribe medications (except narcotics)
- Provides education, injury prevention & health promotion.



AFTER HOURS NURSE PRACTITIONER SCHEDULE

Monday Hours : 11:00 AM—7:00 PM

(Jeannie will also be available to take appointments during regular clinic hours Tuesday and Thursdays from 9:30 a.m. —4:15 p.m.)

Closed on Weekends & Statutory Holidays

- To secure an appointment for the after hour service call the Health Centre.
- If unable to keep this appointment, kindly give 24 hours notice.

***PLEASE BRING YOUR SASKATCHEWAN
HEALTH CARD**

**Call the Health Centre to book
appointments.**



Whitecap Health Centre
Jeannie Goe
Nurse Practitioner

Whitecap Health Center

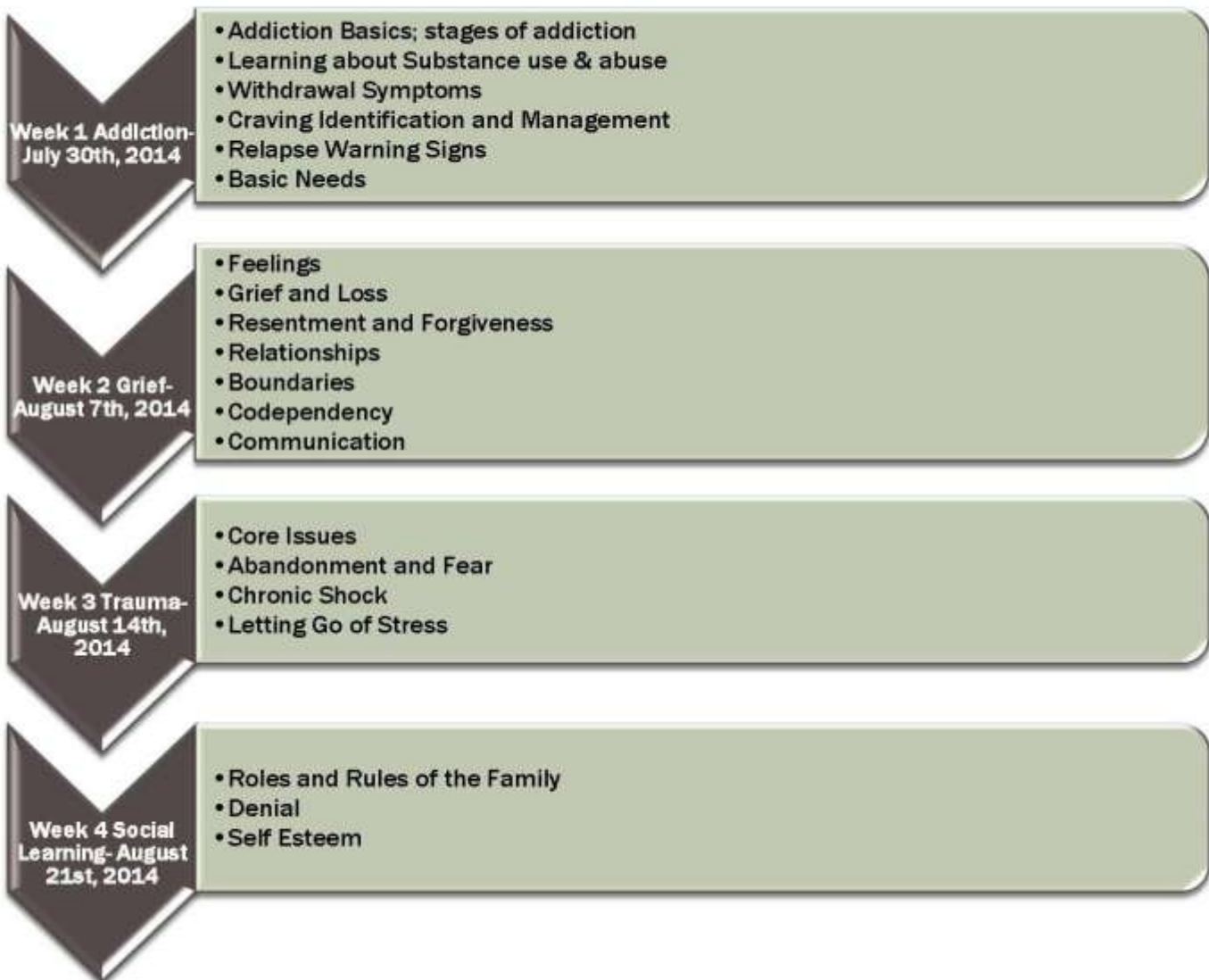
Day Program for Youth



Wednesday Afternoons (1:00 – 4:00 pm)

Day program offers a flexible, drop-in, harm reduction approach to recovery and well-being. Individual counselling is offered Monday- Friday mornings while each afternoon from 1:00 pm-4:00 pm participants attend an educational and supportive group workshop. Topics covered in the four week program are addictions basics, relapse, grief, relationships, historic trauma and social learning.

Day Program Schedule:



ELDERS ENGAGEMENT LUNCHEON

**WHITECAP
HEALTH CENTRE**

Thursday, August 28th, 2014

12 p.m.—2 p.m.

Topics:

- . Sleep Disorders**
- . Elder Abuse**

**Rides available,
please call the
Health Centre
306-373-4600**

**Open to all
Whitecap
Resident Elders**



Parents & Tots

July 7th – August 25th

Monday July 7th 12:00-2:00 pm

(lunch provided)

July 14th –Aug 25th Mondays 1:00 -3:00 pm

Whitecap Health Centre

**Songs, Dance, Activities,
Snacks, & Crafts to Take Home**

Ages 0- 5 years



Community Justice Update: August

Community Cadet Program: First of all, welcome to the twelve new cadets that joined this summer!! The Cadets have been working hard on Wednesdays to prepare for the exhibition parade and grand entry at Dakota Dunes Pow-wow. Following the parade and grand entry, the Community Cadets will take a break until September 2014. Great job and dedication!!

Girl Power: Girl Power is an educational, skill-building and creative group designed to introduce girls ages 9- 12 to concepts and skills that promote a positive self-image.. In addition, Girl Power assists girls to challenge social rules and media messages that diminish a girl's sense of self as they move toward adolescence. The group activities raise self-esteem, self-worth and increase abilities to cope with the upcoming teen challenges. Through a connection to inner resources girls will explore ways to claim a healthy connection to themselves, peers, and the community. **Girl Power continues throughout August on Thursdays at 4:30 at the Health Centre, the wrap Girl Power session will be on August 28th.**

2BBoys: This program is designed to assist boys ages 8-13 in connecting to their true selves in an empowering, respectful, healthy and dynamic way. The program focuses on building skills to help boys excel socially and emotionally. The groups use movement, the outdoors, skill-building activities, games, and problem solving initiatives to aid boys in developing resources to improve their ability to be responsive emotionally to themselves and others and to increase pro-social qualities in order to thrive during the upcoming teen distractions. **The 2BBoys program continues throughout August at 4:30 at the Health Centre and will wrap up on August 26th.**

Bike Rodeo: The Justice Program will be hosting a bike rodeo on August 12th from 2:00 pm until 5:00 pm in the health centre parking lot. The SGI Safety Squad will do a bike safety presentation for the youth. In addition, we will also have an obstacle course for the participants and will conclude with a BBQ. **At the end of the event, we will have a draw to give away two brand new bikes (helmets included) to girl and boy participant.**

Please feel free to contact me at the Health Centre if you require any more information about the programs/events happening this summer.

Marijayne Deschambeault

Community Justice- Summer Student

Whitecap Health Centre

306-373-4600

306-380-0904 (cell)



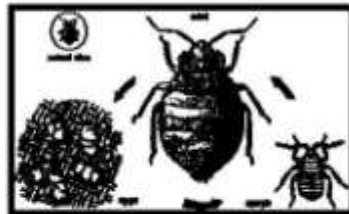
Infection Prevention & Control

Fact Sheet

Cimex lectularius BED BUGS

What are Bed bugs?

Cimex lectularius (bed bugs) are blood feeding insects that have oval shaped flat bodies and short broad heads. Adults are around 6 to 10 mm long and are brown and wingless. After a feeding, they swell slightly in size and darken to a blood-red color. The female bed bug lays at least 200 eggs in her lifetime and can deposit these eggs into cracks and crevices. Eggs hatch in 6 to 17 days. Bed bugs bite at night, and usually bite exposed areas such as the face, neck, arms, hand and upper torso but can bite over the whole body. Bed bugs do not fly so they either crawl or are carried from place to place by individuals. Bed bugs are not associated with the transmission of human disease.



What are the signs and symptoms of Bed Bugs?

The indications of bed bugs are:

1. Itchy welts on the skin – when bed bugs bite, they inject their saliva into the biting area, causing the skin to become irritated and inflamed. The classical bed bug bites could be presented in a linear fashion in a group of three bites (breakfast, lunch and dinner). Small raised red swelling lesions are also common.
2. There may be small reddish brown (blood) spots or fecal matter on the bed linen or the mattress and they may have a distinctive smell.
3. There may be clusters of 10-50 eggs found in cracks or crevices on the mattress or bed frame.

How do Bed Bugs get into my home?

Anyone can get bedbugs no matter how clean or careful they are. Bed bugs are often carried into a home on objects such as furniture, luggage, second hand mattresses and clothing of infested individuals. Bed bugs can travel from one apartment to another along pipes, electrical wiring and other openings. Bedbugs can also be transported on buses, trains, and planes. Once they are in the home, bed bugs can be found in areas such as:

- Seams, creases, tufts, and folds of mattresses and box springs
- Cracks in the bed frame and head board
- Under chairs, couches, beds, dust covers
- Between the cushions of couches and chairs
- Under area rugs and edges of the carpets
- Between the folds of curtains
- In drawers
- Behind baseboards, and around window and door casings
- Behind electrical plates and under loose wallpaper, paintings and posters
- In cracks in plaster
- In telephones, radios, and clocks.

How are Bed Bugs treated?

Bed bugs can be difficult to diagnose, control and contain. There are several things you can do to eliminate bed bugs from your home. These include the following:

1. Complete a thorough cleaning of the premises. Remove all unnecessary clutter. Clean and disinfect items before removing from the room. If you are throwing things away, place into a plastic garbage bag, tie closed and remove to your outside garbage.
2. For information contact a licensed pest control officer who can also assist with the eradication of bedbugs.
3. Strip all beds of bedding, sheets, blankets, pillow cases are to be washed in hot soapy water and dried in a hot drier until they are dry. Soft or stuffed toys can also be washed in hot soapy water and dried in a hot drier.
4. Open up your clock radio, telephone, or wall clocks and tap the open end into a open plastic bag. Use small end of the vacuum cleaner to vacuum inside these items.
5. Vacuum every surface in your bedroom including the inside of the dresser drawers, dresser cavities, baseboards, closets, rugs, electrical outlets, mattresses, box springs, etc. If the infestation is severe the bed and box spring may have to be removed and disposed of by taking it to the landfill site.
6. Once the vacuuming has been completed remove the bag, place into a garbage bag and remove to the outside garbage.
7. Once the cleaning and vacuuming have been completed you can either steam clean or use a non-chemical pesticide such as diatomaceous earth. If you are not able to do this, contact a pest control company to do this for you.

How are Bed Bugs prevented?

Maintaining a clean and uncluttered environment may help to prevent infestations. Special mattress covers which enclose the entire mattress may also help prevent an infestation. Always check your suitcases and clothing when you return from your holidays to ensure you are not bringing bed bugs into your home.

For more information on bedbugs you may access these websites:

http://www.saskatoonhealthregion.ca/your_health/ps_public_health_inspection_hpa_bedbugs.htm

or

www.pmr-arla.gc.ca

Additional resources:

[Flu prevention and vaccination—Flu.gov](http://www.flu.gov)

[Who's at risk?—Flu.gov](http://www.flu.gov)

[How the flu virus changes—Flu.gov](http://www.flu.gov)

[How the flu spreads—CDC](http://www.cdc.gov)

[Prevent Childhood Influenza - NFID](http://www.nfid.org)



WHITECAP HOUSING & PUBLIC WORKS

Whitecap Housing & Public Works	Department
Ron Erikson	Director, Housing & Public Works
Lynn Dumont	Housing Tenant Relations Clerk
On-Call Plumber	Contact Number
Byron Head	306-371-5605
Water Treatment Plant	Contact Number
Brian Trainberg	306-371-2101
Earl Buffalo	306-713-5250

Minor Repairs, Service Call Requests Rent Payments & General Inquires

Please call The Housing & Public Works Office for all repairs and maintenance to have work completed at units.

All inquires and personal contacts regarding rent payments', housing applications, notices, repairs, utilities and other general inquires can be made through Lynn Dumont.

After Hours & Weekend Call Outs

Please be advised of the call out list for any Housing & Public Works Emergencies or Major Problems that cannot wait until regular business hours.

Transfer Station	Garbage Disposal	Weekdays: 4:30 p.m. - 10:00 p.m.
		Weekends: 8:00 a.m. - 10:00p.m.
Elementary School	Events Entry	After Hours & Weekends
Fire Hall	Events Entry	After Hours & Weekends
<u>Contact Number</u>		
Arnold Stone: 306-290-2760		



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

November 27, 2013

Dear, Whitecap Tenants:

This letter is a friendly reminder that your furnace filter may need to be changed. There has been a high level of calls regarding furnace repairs which is the result of a dirty and clogged furnace filter. It is your housing responsibility for the general upkeep and maintenance for the house. Please inspect and replace the furnace filter and clean the HRV (Heat Recovery Ventilator) filters, if required.

As per your Rental Tenancy Agreement in section 8(b) of your contract states: "Inspect and replace (if necessary) furnace filter on a monthly basis." We have included helpful information for you to help keep costs low for both energy bills and any repair costs that may arise due to a lack of maintenance to the furnace.

Thank you for your help.

Sincerely

Ron Erikson
Director of Housing & Public Works

RE:ld

**Whitecap Community Members are welcome to
speak to the Whitecap Housing Advisory
Committee Members about any housing concern.**

****Importance of Furnace Filters****

Have you ever notice:

1. You turn your thermostat high to heat your home.
2. You turn on the De-humidistat (Ventilation fan), but still have humidity
3. Your exterior doors and door knobs are freezing up.
4. You notice stale air and poor circulation in your home.

These are some of the results of neglecting to keep your Furnace Filter clean. A dirty filter can affect people with allergies or hypersensitivities, and can lead to higher heating bills, and can also lead to overall furnace failures. When you do not replace or clean your furnace filter regularly then dirt, dust and other debris can build up inside the furnace unit causing serious problems in the long run. Your furnace has to struggle harder to heat your home; you will be paying more in heating bills caused by a dirty furnace filter. When a furnace becomes clogged with dirt and debris, this creates dirty air that will circulate throughout your home, rather than the clean fresh air that you once enjoyed. You and your family will be breathing in all these toxins that could have been sucked out of the air by a clean or new filter. Now may be time to replace furnace filters to restore the clear air in your home.

Neglecting your furnace will cause a number of serious problems to arise.

1. Your furnace may simply break down, typically when you least expect it and no one is around to fix or repair it.
2. Water lines may freeze up causing excessive damage to your home.
3. Furnace heat exchanger may become warped or crack from unbearable heat build-up within your furnace, and causing noxious carbon monoxide fumes to leak into your home.
4. Faulty furnaces have also been known to start fires caused by a dirty filter by not allowing air to circulate properly throughout the furnace and home.

Reasons to keep up with your furnace filter maintenance.

1. You can save yourself a lot of stress, health problems and financial burden simply by buying a \$6.00 furnace filter.
2. This will ensure that air is circulating properly throughout your home and increase the longevity of the furnace.
3. You will be pleased that your family and home is receiving the best air quality possible and
4. You will have lower heating bills.

How often should a furnace filter be replaced?

It is suggested by furnace manufacturing companies and furnace technicians that filters should be inspected or changed at least once a month during the heating season. This also varies from house to house and filter to filter. The less expensive conventional filters do not require changing as often and can last longer, however they are not the best at blocking small dust particles and other allergens. Also to consider is the living conditions such as, if you have more pets or anyone smokes regularly inside, then the filters need to be changed almost every month. Based on all this, the recommendation is to buy a higher quality filter, look at it monthly and plan to change it every one to three months.

****Note from Whitecap Dakota Housing Department****

We recommend changing the furnace filter a minimum of every three months, especially if you live in a home constructed in 1997 or newer. Your home may have a central ventilation fan coupled to your furnace system. When you turn on the ventilation fans in your home, the fan exhausts air from the kitchen and bathrooms while bringing in fresh air to be circulated throughout the house via the furnace fan. This means that air is constantly going through the furnace filter year round requiring the filter to be replaced on a regular basis. Also due to the amount of sand in the community, air that is drawn into the house will tend to plug up the filters a lot faster because of the sand content in the air. If you want to provide your family with clean air and lower humidity in your home, we encourage you to purchase a 4-6 pack of filters each year varying from \$6 to \$50. This will ensure that there are enough filters to last the entire year and also ensure proper furnace operation and endurance, provide clean air, and lower humidity in the home.

How to choose the right furnace filter for you home?

There are presently hundreds of models to choose from. Do not worry; you only need to understand a few features of a furnace filters that are essential. These features you should look for while making the purchase.

Types of Furnace Filters

1. **Washable/Reusable Filters** – These are meant for extended use, and with regular cleaning and maintenance serve a very long life. The downside could be nearly impossible to get completely cleaned and adds resistance to the airflow. These are also not very effective in trapping very small particles.
2. **Pleated Filters** – These are modified kind of panel filters that have pleats or fold to increase its surface area. The design change makes it more efficient at trapping dust particles due to increased surface area. However, once the furnace filter starts resisting airflow it begins collecting dust particles and thus should be replaced regularly.
3. **High Efficiency Pleated Filters** – These filters have an additional component of electrostatic charge that is designed to capture extremely small particles and various allergens, which make up 99% of the particulate composition of the air. These should be changed at regular intervals to maintain the air quality, and flow. Refillable furnace filters are also available in this type.

How to Size your furnace filter?

Locate the size of air filter you need to remove the old filter from the furnace and look at the sides of the filter. A label should be affixed that indicates the actual size for the filter. After you have located the label or printing with the size on it, put back the old filter until you get a clean one to replace it. If you cannot find a size on the filter than just measure the filter incase. If there is no old filter to measure, find the track that the air filter would normally fit into. Measure the inside of the track and check it with the filter size chart to pick the air filter size that will fit your furnace. Choose the actual size filter and pick one that is 1/2" smaller than the both sides you calculated, so the air filter fits in the track. Most standard sized filters are **16"x 25"x 1"**. Ensure the arrows on the filter point towards the furnace unit.

Have you changed your Furnace Filter Lately??

Example of Furnace Filters & Prices at the local Canadian Tire:



Duststop Permanent Furnace Filter

\$8.89

Product #64-3376-6

- Permanent filter
- Washable/reusable
- Traps dirt, dust and pollen



Endust Allergen Furnace Filters, 6 Pack

\$29.97

Product #0990640

- Pleated air filter
- Each filter lasts 30 to 90 days
- Allergen filtration – captures pet dander, dust, pollen and mold spores

WHITECAP SELF-GOVERNMENT



Q: What is wapahaskawotanin.com?

A: It's your brand new community website!

Register for the website and get access to:

- Public notices and news announcements as soon as they're released.
- Up to the minute information about community programs and services.
- A community event calendar.
- A jobs board featuring local job opportunities.
- A Whitecap Classifieds page.

To register please visit www.wapahaskawotanin.com
or click on the member site tab at whitecapdakota.com

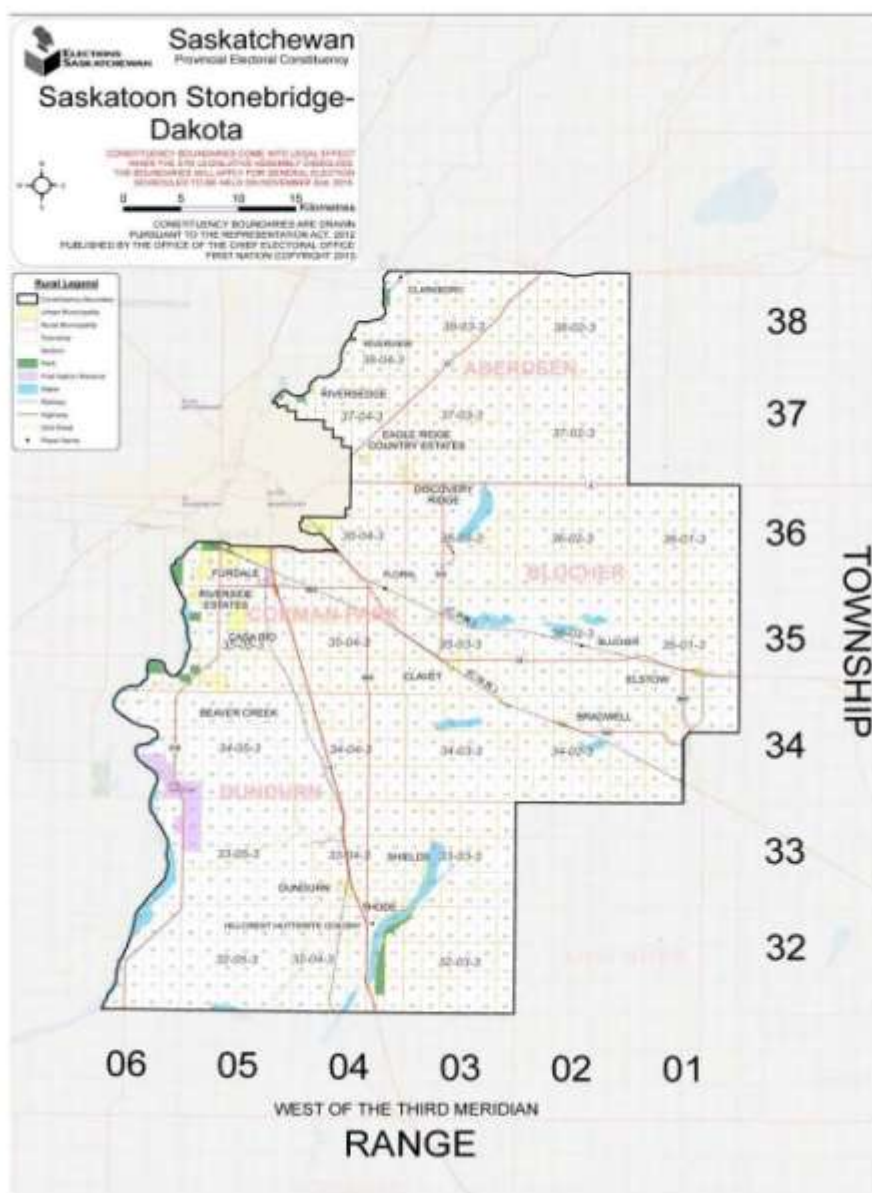
New Provincial Constituency Named SASKATOON STONEBRIDGE-DAKOTA

Following a review of Saskatchewan's provincial constituencies in July, 2012, the Saskatchewan Boundary Commission recommended that five new constituencies be created in Saskatoon.

Whitecap Dakota First Nation is a part of one of these new constituencies, which is named **Saskatoon Stonebridge-Dakota** (see map below).

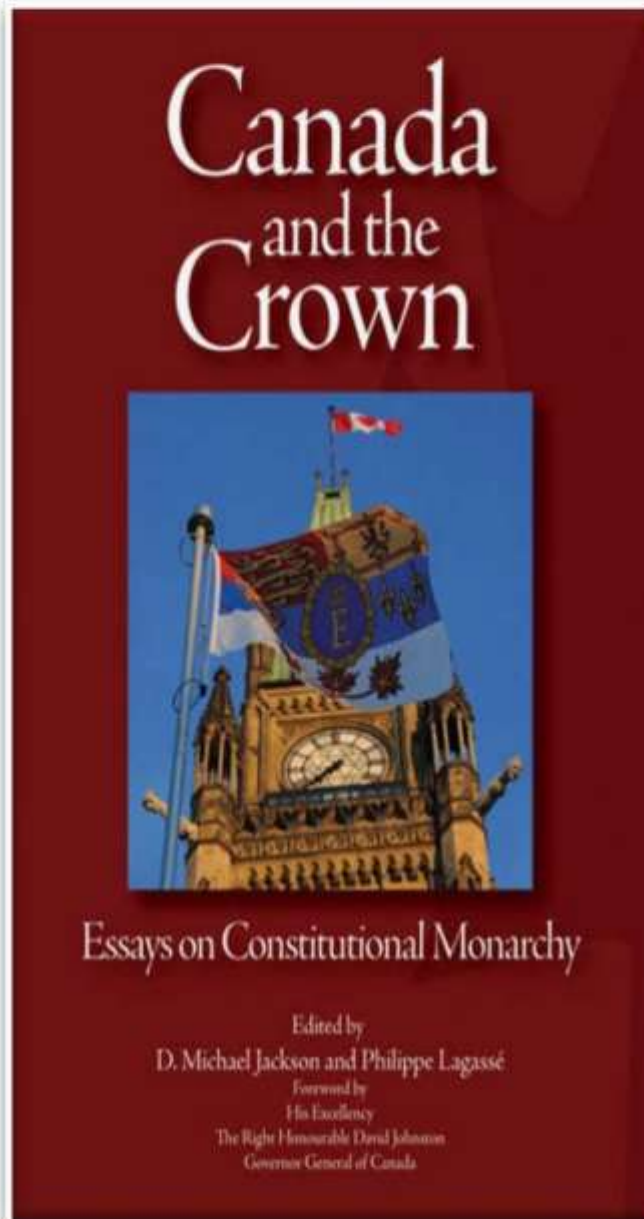
This new name formally recognizes the Whitecap Dakota First Nation's presence in the region. Since 1882, when Chief Whitecap counseled John Lake on the location for a new temperance colony that would become the City of Saskatoon, the Whitecap community has co-existed as good neighbors with those in Saskatoon and area. This new constituency recognizes that this alliance continues today.

Saskatchewan's 61 new constituencies come into effect in the next provincial election, scheduled for Nov. 2, 2015. Until then, the current constituencies and boundaries remain in effect for any by-elections that may occur.



Whitecap Staff Member's Research Proves First Nations' Sovereignty:

Stephanie Danyluk's article explores alliances during the War of 1812.



On April 3, 2014, the Lieutenant Governor of Saskatchewan, Vaughn Solomon Schofield, hosted the launch of "Canada and the Crown: Essays on Constitutional Monarchy", a book featuring historical and contemporary perspectives on the role of the monarchy in Canada.

One of the authors present at this book launch was our very own Research Analyst Stephanie Danyluk. Her research article titled "Recollecting Sovereignty: First Nations-Crown Alliance and the Legacy of the War of 1812" explores how sovereignty was exerted by Western Nations during the War of 1812, demonstrating that these alliances are proof of First Nations sovereignty. It concludes with a study of the continuing legacy of Crown's promises and looks to this alliance as precedent for establishing a third order of government flowing from the shared sovereignty between First Nations and the Crown. The majority of the article is informed by research conducted by Stephanie and others on the role of the Dakota in the War of 1812, as well as by WDFN's efforts to move out from under the Indian Act. Stephanie has previously contributed to the Canadian Journal of Native Studies and she spent time working with the Stó:lō Nations in BC as part of her Master's Thesis.

It is great to have an established researcher in-house helping us to tell our stories. Stephanie has been working for Whitecap Dakota First Nation for three years. We congratulate her to her recent publication and thank her for the ongoing work for our community!

New Clubhouse Announced for Dakota Dunes Golf Links

On July 8, the Board of Directors, along with the General Manager of Dakota Dunes Golf Links, announced that construction has begun on a new clubhouse. The 7,100 square foot project will replace the existing temporary clubhouse with a two-story facility that features locker rooms, meeting space, and club storage. The clubhouse will also include an expanded pro-shop and a restaurant with seating capacity for up to eighty people.

The new clubhouse is a welcome development for a golf course that has been ranked as one of the best in Canada. General Manager McLaren Taylor spoke about the positive impact it will have on business. He said "this new building has all the amenities we need to expand our business and provide a more comfortable experience to our members and patrons."

As well as opening the door to new business, the clubhouse will enhance existing events. While attending the annual PGA Tour Canada Dakota Dunes Open this past weekend, PGA Tour Canada President Jeff Monday commented on the new clubhouse. "We are excited about the construction of a new clubhouse and the expanded facilities as it will give us the opportunity to do even more to connect the fans with the players at the Dakota Dunes Open."

Dakota Dunes Golf Links Board Chair and Chief of Whitecap Dakota First Nation, Darcy Bear spoke about the benefits of the \$3.3 million dollar project for Whitecap and the Saskatoon region. "The Dakota Dunes Golf links has been an incredible success for our Province and our partners. The new clubhouse will bring a renewed interest to the Dunes and the course will continue to drive tourism dollars to our region," said Bear.

At the event, board members Chief Cliff Tawpisin of Muskeg Lake Cree Nation and Russell Roberts, CEO of Kitsaki Management spoke about the value of the partnership and then unveiled the architectural rendering of the new clubhouse. Construction has already begun and the clubhouse will be open for business in May 2015.





From July 3-6 The Dakota Dunes Golf Links once again played host to some of the top professional golfers in the PGA Tour Canadian Tour at the SIGA Dakota Dunes Open presented by Sasktel. The event turned out great with the beautiful sunny weather encouraging hundreds of golf fans to come out and cheer on the pros who came from all over the world to visit Whitecap. In the end Matt Harmon from Grand Haven, Michigan took home the trophy and the prize money with an overall score of -24 for the tournament. As has become a tradition, Chief Darcy Bear, Councilor Frank Royal, and Councilor Dwayne Eagle attended the tournament's closing ceremonies on horseback and presented the trophy to the winner.



WHITECAP MEMORANDUM



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: Whitecap Dakota First Nation Band Members
cc: WDFN Council
From: Warren Buffalo, General Manager
Date: June 3, 2013
Re: United Cab Flat Rate

This notice is to clarify the \$44.00 flat rate offered by United Cab, to and from Whitecap Dakota First Nation.

The flat rate is for Community Members only. Transportation must be non-stop from point of pick-up to destination to qualify for the flat rate. Please understand, you may be charged extra for stops along the way.

If there is an issue with drivers charging other than the flat rate, please contact Warren Buffalo at Whitecap Dakota First Nation Band Office 306-477-0908.

Thank you

WB:sc

WHITECAP NOTICE

8TH ANNUAL POWWOW



**DAKOTA DUNES
CASINO**

Over
\$75,000
In Cash & Prizes

Registration ID required upon registration

AUGUST 5, 11:00AM - 7:00PM

AUGUST 6, 10:00AM - 2:00PM

Men's & Ladies Golden Age (60+)

Senior Adult (40-59)

Mens

Traditional, Grass, Fancy, Chicken

Ladies

Traditional, Jingle, Fancy

Junior Adult (18-39)

Junior Adult Mens

Traditional, Grass, Fancy, Chicken

Junior Adult Ladies

Traditional, Jingle, Fancy

Teen (13-17)

Teen Boys

Traditional, Grass, Fancy, Chicken

Teen Girls

Traditional, Jingle, Fancy

Junior (7-12)

Junior Boys

Traditional, Grass, Fancy, Chicken

Junior Girls

Traditional, Jingle, Fancy

Dakota Dunes Casino and Whitecap First Nation are not responsible for lost or stolen articles, injury, theft or loss. *Video and Photography used during this event.

**For Concession Booth purchases
and other info contact:**

Cheryl Johnston: (306) 667.6408 /
Meg Snakeskin: (306) 667.6402

AUGUST 5, 6, 7 - 2014

Whitecap Dakota First Nation Sports Grounds

Emcee/Announcer - Tommy Christian - Poplar, Montana, USA

Harold Blacksmith - Sioux Valley, Manitoba

Host Drums - Northern Cree - Fort Peck Sioux

Head Drum Judge - Tim Eashappie - Carry The Kettle

Arena Directors - Curtis Standing - Wahpeton Dakota Nation

Dennis Morrison II - Ochapowace First Nation

Larry Eagle - Whitecap Dakota First Nation

Co-Presidents - Marcia Doan - Whitebear First Nation

Kurt Daniels - Mistawasis Cree Nation

C&T Tabulating

Grand Entry

AUGUST 5 - 7:00PM

AUGUST 6 & 7 - 1:00PM

Singing Contest

Non Competitive Drums Paid Daily

Specials

"Whitecap Dakota First Nation" Old Style
Men's Traditional Special

"Black Chip" Special

Outgoing "Dakota Dunes Casino Senior Princess"
Teen Girls 13-17 Fancy Special

More Specials TBD

Tiny Tots (6 and under)

2014 Lil' Warrior & Princess Pageant

Marcia Doan or Sheila Bobb: (306) 667.6400
marcia.doan@siga.sk.ca or sheila.bobb@siga.sk.ca

Veterans must provide their SFNVA membership
or proof of documentation to receive pay

Watch for more updates on facebook!

**DAKOTA DUNES
CASINO**



Family Reunion



**You are invited to attend a Whitecap Dakota First Nation
and Fort Peck, USA reunion for the Littlecrow,
Redbear, and Redeagle families.**

**Date: Wednesday August 6, 2014
Where: Whitecap Elementary School
Time: TBA**

**For more information please contact the WDFN Band Office at 306-477-0908
OR
Wayne C. Two Bulls of Fort Peck, USA at 406-768-6312**



**YOU ARE CORDIALLY INVITED THE
'WHITECAP DAKOTA FIRST NATION & FORT PECK TRIBES'
FAMILY REUNION**

WHEN: WEDNESDAY AUGUST 6, 2014

TIME: 10:00 A.M. TO 4:00 P.M.

LUNCH WILL BE PROVIDED

COME OUT AND MEET AND VISIT THE RELATIVES OF THE
RED EAGLE,
REDBEAR AND
LITTLE CROW FAMILIES

Please RSVP to Lori Buffalo – DelaRonde at (306) 477-0908

DAKOTA DUNES
CASINO



PRESENT



MELVIN
CANADIAN

WHITECAP DAKOTA DAYS

AUGUST 16 & 17 AT WHITECAP SPORTS GROUNDS

\$10 DAILY ADMISSION COMES WITH A \$10 FREE PLAY FOR DAKOTA DUNES CASINO!

CO-ED SLO PITCH

- *\$300 team entry
- *3 games guaranteed
- *certified umpires
- *7 & 3 ratio
- *mvp awards

A SIDE	B SIDE	C SIDE
1ST-\$2500	1ST-\$750	1ST-\$450
2ND-\$1000	2ND-\$500	2ND-\$300



Entry Deadline August 10

Contact: Band Office 306-477-0908

Sheldon Sinclair 306-292-1508

or Sheldon_Sinclair@hotmail.com

**Homerun
Derby!
\$20 entry
Prizes!**

CHUCKWAGON & CHARIOT RACES



Chuckwagons

Sat 6pm

Sun 4pm

**\$1000 Dash
for cash!**

Chariots

Sat 2pm

Sun 12pm

\$600 Dash for cash!

**Contact: Melvin Littlecrow 306-955-5438
(cell) 306-291-8106**

**Beer Gardens!
Entertainment!
Free Camping!**

EVENING UNDER THE STARS

Evening Under the Stars will be on Wednesday August 13th, 2014 at Whitecap Sports Grounds. The evening presents **Saskatoon Symphony Orchestra** playing Ultimate Symphonic Rock; the music of ELO, Jethro Tull, Supertramp and Procol Harem featuring guest artist Jeans n Classics. Come casual, come hungry, come for fun with family and friends at Saskatoon's second Evening Under The Stars!

Evening Under The Stars is first and foremost a fundraising event for St. Paul's Hospital

St. Paul's Hospital Foundation is raising funds to have all 12 palliative care rooms in the palliative care unit at St. Paul's Hospital, furnished with new beds. These special beds provide comfort, space and safety for patients during the important time in their final days.

Event Schedule

5:00 p.m.	Gates Open Whitecap Sports Centre, 710 Sports Centre Road
5:30 – 6:30	Back by popular demand from 2013. Acoustic trio play list includes hits from the 60's to current day.
6:45-7:15	Grand Entry
7:15-7:30	2014 Honorary Chair, Chief Darcy Bear
7:30	Ultimate Symphonic Rock: Saskatoon Symphony Orchestra (with guest artist Jeans n Classics. Includes hits from iconic mega bands – Supertramp, ELO, Moody Blues, Jethro Tull and Procol Harem.
8:20	Intermission
8:40	Ultimate Symphonic Rock

For ticket information please contact <http://eveningunderthestars.ca/tickets/>

SASAKTOON EXHIBITION PARADE – AUGUST 5, 2014**REMINDER TO WALKERS:**

- *******Walkers need to be 10 years old or older *******
- Walkers will receive their t-shirts on the morning of the parade. Two people to hand them out according to the list
- Assist in watching younger walkers; ie. when float is turning
- **ALL WALKERS NEED TO HELP WITH LAST MINUTE DECORATING AND DISMANTLE FLOATS AFTER THE PARADE**

ALL DECORATORS:

- Decorating on Monday, August 4, 2014 at NRT yard, 2945 Miller Avenue starting at 11 AM until we are done
- Lunch will be provided to those decorating
- Decorators may be called to help with the pompoms the day before
- **PLEASE MAKE PRIOR ARRANGEMENTS SUCH AS CHILDCARE, TRANSPORTATION, ETC. SO YOU CAN BE THERE TILL WE ARE DONE.**

ELDERS:

- Elders will be picked up at their homes around 7:45 AM on parade day; there will be a light breakfast provided to the Elders on site
- Elder helpers on float will be Irene Royal, Lois Bear and Sandra Buffalo
- There will be water and juice on float during parade

DANCERS:

- There are some dancers from Fort Peck/Whitecap Reunion, Standing Buffalo, that will join the parade too.
- **All dancers need to be on site along Spadina Crescent by 8:30 AM and NO LATER THAN 9:00 AM**
- Water and juice available for dancers/singers

OTHER DETAILS:

- Heather Buffalo will provide transportation to the Elders and those needing a ride; Elders will be picked up at their homes and will stop at the school for anyone that needs a ride; keep in mind that there are 19 Elders and shuttle can seat 24 people.
- **ALL WALKERS NEED TO HELP WITH DISMANTLING OF FLOATS AFTER PARADE.**

QUESTIONS OR CONCERNS, PLEASE CALL:

ANNA BUFFALO – 306-291-3068

VERNA BUFFALO – 306-381-6619

THANK YOU FOR PARTICIPATING IN SASKATOON EXHIBITION PARADE 2014

Walkers (W) and Decorators (D)

Ashley Buffalo W/D	Amy Buffalo W/D	Elsie Bunn W/D
Charlotte Royal W/D	Thomas Brown W/D	Nolan Buffalo W/D
Kente Brown -W	Bernice Royal W	Marie Brown -W
Hokshina Eastman- W	Cory Bear -W	Cynthia Bear -D
Sheila Crusch - D	Kenneth Daniels -W	Jordan Redbear- W
Jacquelyn Gould -W	Tyrell Eagle -W	Italia Eagle -W
Dylan Eagle - walker	Rylie Eagle	Tallyn Eagle - walker
Tyger Eagle-walker	Teagan Eagle-walker	Lori Buffalo - walker
Cameron Delaronde -walker	Therran Delaronde-walker	Paula Delaronde-walker
Sandra Buffalo - Elders Helper	James Bear - walker	Katie Bear - walker
Isiah Bear - walker	Nick Bear - walker	Tyrin Eagle W/D
Erica Naistus W/D	Robert Kakakaway D	Erica Vandevord W/D
Brent Stone W/D	Richard Parenteau-walker	Nora Joyea W/D
Desmond Joyea W/D	Angela Buffalo - W	Caleb Buffalo -W
Danye Redbear	Priscilla Ermine W	Janice Daniels W
Kelly Daniels -W	Chelsey Sinclair -W	Royce Sinclair - W
Rachel Sinclair -W	Justine Smokeyday -W	Shawn Eagle -W
Carmel Arcand - W/D	Verna Buffalo -W/D	Anna Buffalo -W/D
Darcy Bear - Rider	Frank Royal - Rider	Josh Littlecrow -W
Ashton Littlecrow -W	Jared Daniels -W	Marie Buffalo - decorator
Courtney Bird -W	Randolph Royal -W	Shae Eagle -W
Karen Lisoway -W	Taran Lisoway -W	Stephanie Bear -W
Colby Bear -W	Charmaine Stone -W	Kelsey Buffalo - decorator
Vicky Royal -W/D	Dwanye Eagle - Rider	Rick Gamola -D
Aaron Louison -W	Donnie Pelly -W	Trevor Cheekineew- Buffalo -W
April Waldner -W	Kaiden Thomas -W	Kyle Sutherland -W
Kierra Sutherland -W	Kayleigh Sutherland -W	

ELDERS

Joyce Buffalo
 Rosa Eagle
 Lionel Buffalo -D
 Edith Brown
 Elaine Eagle
 Elmer Eagle - Rider
 Cathy Bear

Rose Royal
 Willis Royal -D
 Naomi Buffalo -W
 Lois Bear - Helper
 Irene Royal - Helper
 Patti Y Buffalo
 Lorna Arcand

Ralph Royal
 Harvey Buffalo -W/D
 Grace Buffalo
 Leslie Littlecrow
 Melvin Littlecrow - Rider
 Fred Buffalo
 Arlene Whitecap

Dancers

Kenzie Buffalo-Thunderblanket
 Cassandra Daniels
 Aubrey Eagle
 Debra Moccasin
 Cora Bear
 Kiana Joyea
 Brooklyne Chrush
 Marisa Buffalo-Merasty
 Cherize Sunchild
 Eliza Muskuskapoe
 Masen Royal

Wyatt Brown
 Tien Okemaysim
 Jaden Eagle
 Bianca Eagle
 Kaleb Bear
 Mia Joyea
 Kyla Buffalo-Merasty
 Raina Buffalo-Pechawis
 Niya Bird
 Tayvin Muskuskapoe
 Madisson Swiftwolfe-Royal

Thomasina Brown
 Evan Daniels
 Avery Eagle
 Cruz Eagle
 Tatum Bear
 Ava Joyea
 Shaylene Buffalo-Merasty
 Jacey Arcand
 Emmett Lisoway
 Maddison Daniels

Cadets

Kyra Parenteau
 Janaya Parenteau
 Elena Buffalo

Keisha Parenteau
 Carey Vandall
 Corina Buffalo

Summer Parenteau
 Charles Gladue
 Aiden Royal

SURVEY PROJECT UNDERWAY IN WHITECAP

Whitecap is a growing community and a growing community presents challenges. How do you plan for the future? What services and programs will the community require and what will we need to offer for educational programming and employment training? To answer these questions Whitecap Dakota First Nation (WDFN) requires data in order to understand the present and future needs of the community.

To get the data it needs WDFN is participating in the First Nations Regional Early Childhood Development, Education and Employment Survey. The survey was developed by the Assembly of First Nations and is being coordinated by Tribal Councils and participating Bands from all over Canada. The purpose of the survey is to provide accurate, relevant information in the crucial areas of childhood development, education and employment. There are three versions of the survey: one for children (to be filled out by parents or guardians), one for youth, and one for adults.

In Whitecap, Band Member Justine Smokeyday has been delivering the surveys in person since the beginning of July. Over the course of the next few months Justine will continue to contact households in Whitecap to arrange time to complete the surveys. The surveys take approximately 45-60 minutes to complete and all personal data that is collected is subject to strict privacy regulations. It is really important for WDFN that as many community members participate as possible so they can make informed decisions about planning for a growing community.

As a further incentive prizes will be randomly drawn for completed surveys at the end of the project. Prizes include big screen HDTV's, iPads, Gift Cards, and a new bicycle. All participants will also receive a small gift and a sincere thank-you. To contact Justine and arrange for a time please call her at 306-291-2238

ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Notice

Community Safety Reminder

Please keep an eye out on your neighborhood and report any suspicious activity.

If you see strange vehicles or suspicious persons in the Community, write down the license plate number and description of the vehicle/persons and call the RCMP as soon as possible with this information.

Remind your children not to talk to strangers or get in a vehicle with strangers.

**Whitecap Dakota First Nation
Community Curfew**

All young persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All young persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.

Reminder

This is to remind the members & parents about the proper use of pellet/BB guns in the Community.

It is important to note that any individual under the age of 18 years is required to be supervised by an adult over 18 years of age when using a pellet/BB gun. Pellet and BB guns are not allowed to be used within 200 yards of the subdivisions or public buildings.



Registered Kids Receive **2 FREE GAMES** of
bowling **DAILY**. All summer long!

To register go to

www.kidsbowlfree.com



Age Requirements

Ages 15 and under

Shoe Rentals

Free shoe rental included.



SASKATOON MINOR HOCKEY ASSOCIATION (SMHA) INFORMATION

SMHA main registration for 2014-2015 closed on June 16, 2014 after the June 15, 2014 deadline passed. However you can still register for the 2014-15 season.

****On-Line Late Registration will begin on Monday, June 23, 2014 and end on Monday, August 4, 2014.****

Please register with your home zone via their website. Whitecap Community Members home zone is with the Saskatoon Bobcats.

After August 4, 2014, all zones will shut down their on-line registration sites and registration will be done through the SMHA office. At this time, if there is still room for additional players, they will be placed into the zone with the most room for players.

SMHA

www.smha.sk.ca

Phone: 306-244-1363

Or email: smha@sasktel.net

GEORGE GORDON FIRST NATION POW-WOW AUG 22-24, 2014

Grand Entries

Friday - 7PM

Saturday - 1PM & 7PM

Sunday 1PM & 3PM

Host Drum

Bear Creek - Satchewana FN, ON

Honorary Host Drums

Cree Spirit - Kawacatoose FN

Grey Buffalo - George Gordon FN

MC's

Winston Bear - Chakachas FN

Hal Eagletail - Tsuu T'ina Nation

Arena Director

Lyndon Ochoo - George Gordon FN

Terrance Littlelent - Kawacatoose FN

Singing Judge

Terry Paskemin - Sweetgrass, SK

Princess

Pageant &

Little Warrior

Theresa McNab

(306) 835-2067



Ka-nêwonaskasêhtêw

Categories

Golden Age 55+

Senior Adults 35-54

Jr Adults 18-34

Teens 13-17

Juniors 7-12

Tiny Tots 0-6

Specials

Myrtle Fisher Memorial

Men's golden Age 50+

Traditional Only

Saveright Family Double Special

-Chicken & Jingle

All Contestants must be registered to compete

-Giveaway to follow

Chief & Council Special

Committee Special

Howard Anderson Veteran's Special:

1st - \$1000

2nd - \$800

3rd - \$500

Other Specials TBA

Vendor Info:

Wilfred Blumense 306.835.7046 (H)

James Gordon 306.835.9113 (H)

306.835.7137 (C)

Band Office 306.835.2232

Toll Free 1-888-698-0886

No Gang Colors, No Drugs/Alcohol

Strictly Enforced - Security 24HR/D

Committee not responsible for any thefts,
accidents, divorces or loss of travel expense



Congratulations Shea Eagle!!!

Shea made it into the
Saskatchewan Rise to Fame

August 7th, 2014

@ 7:30 p.m.

Blue Cross Stage

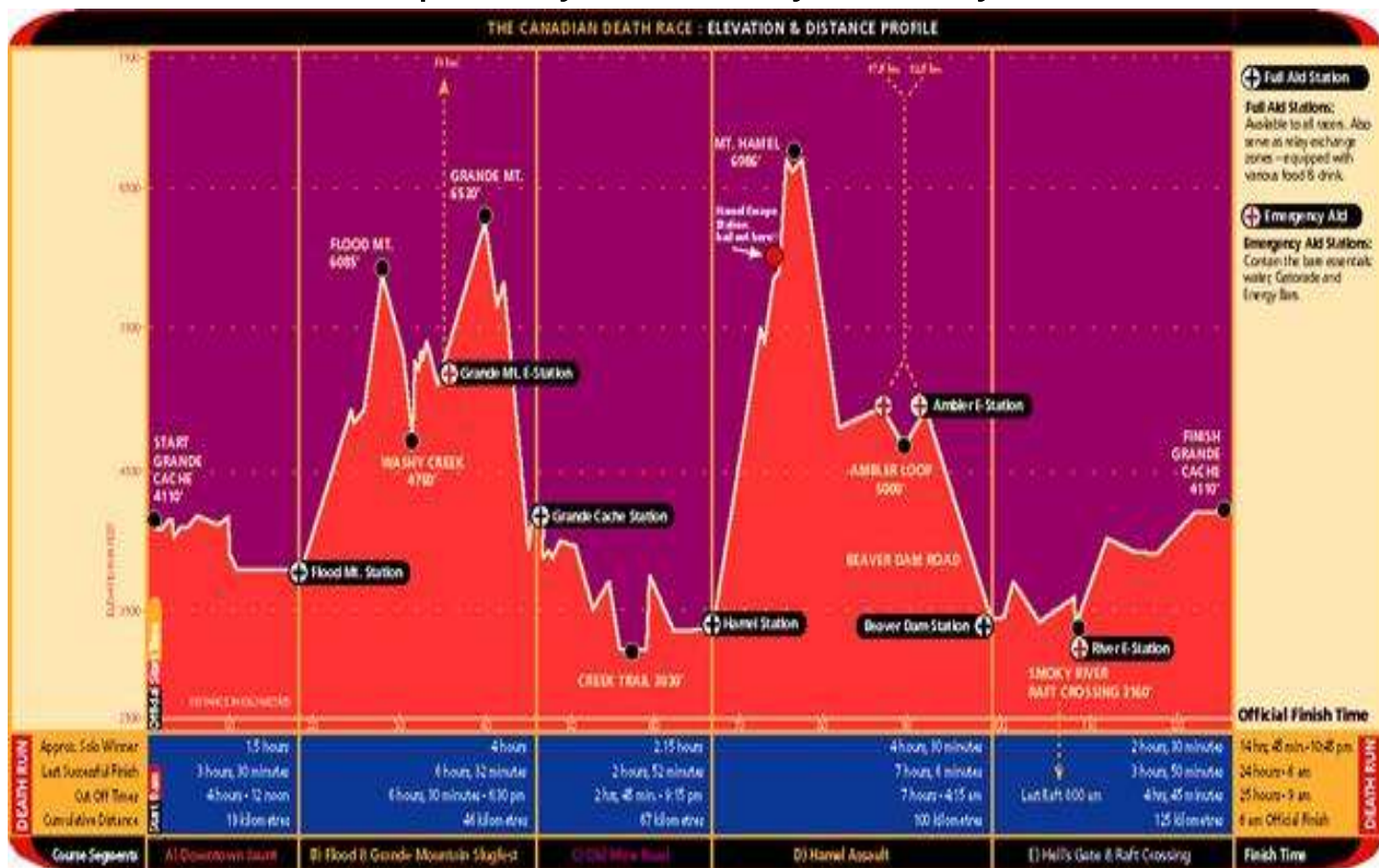
In Hall C Saskatoon Exhibition

Come and Cheer Her On!

Congratulations to Ian Worme for finishing the
Canadian Death Race in Alberta.

All the hard work is worth the stellar bragging rights!

We're proud of you & we love you: Cortney & Milo





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Civic Holiday	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 Happy Birthday Dustin Deb&Childs	22	23
24/31	25	26	27	28	29 Happy Birthday Me!	30

Rose's Diner & Catering



For your catering needs:

- *Receptions*
- *Lunches*
- *Dinners/BBQ'S*
- *Fundraisers*
- *Birthdays*
- *Special Events*
- *Group Meetings & More*

Call Rose to book your next order

Whitecap Sports Centre

Phone: 306-477-7762

Fax: 306-374-5899

Cell: 306-281-4839

United
the united group *Cabs*



The United Group Cabs
are happy to provide a flat rate
of \$44.00 one way,

- from Whitecap Dakota First Nation
to Saskatoon
- or from Saskatoon
to Whitecap Dakota First Nation.

Would you like to have your Grass Raked?

Or Grass Perfectly Trimmed?

ONLY
\$20.00

Nick Bear: 306-244-0287

