

WAZU STECA SA WI - JUNE 2014



Strengthening Community
Building Opportunity

WAPAHASKA



DAKOTA WOTANIN



**WaPaHaSka
Dakota Wotanin**
will be posted to the
website on the first
business day of the month
www.whitecapdakota.com

REMINDER:
THE NEXT DAKOTA WOTANIN
SUBMISSION DEADLINE IS
June 30th, 2014 @ NOON

Forward Submissions to:
BOReception@whitecapdakota.com
or call 306-477-0908
Thank you.

WHITECAP DAKOTA FIRST NATION
182 CHIEF WHITECAP TRAIL
WHITECAP SK S7K 2L2
TELEPHONE: 306-477-0908
FAX: 306-374-5899
www.whitecapdakota.com

DAKOTA WOTANIN

Wazu Steca Sa Wi - June 2014

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**NEXT ISSUE:
TUESDAY,**

Upcoming Meetings

Chief & Council Meeting

Monday, September 8th, 2014 at 8 A.M. - Noon
Executive Boardroom

Elders Luncheon Meeting

Monday, July 7th, 2014 at Noon
Sports Centre Lunch Provided
Please contact Whitecap Dakota Band Office
If in need of Transportation

WHITECAP EMERGENCY DIRECTORY

Fire Emergency	Medical Emergency
Major Fire: 911	Contact MD Ambulance Dispatch: 911
Contact Saskatoon Fire Dept. Dispatch: 911	
Arnold Stone: 306-290-2760	
Policing Services	Child Protection Services
Emergency: 911	
Complaints & Inquiries: RCMP Only 306-310-7267 or 306-975-5173	STC CFS: 1-866-871-4237
Crime Stoppers 1-800-222-8477	
Self Help & Other	
Health Line: 1-877-800-0002 The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.	Suicide Crisis Line: 306-933-6200 Poison Control Centre: 1-866-454-1212 Problem Gambling: 1-800-306-6789
	Medical Taxi Transportation: 373-4600 Monday to Friday – 8 a.m. to 4:30 p.m. For afterhours call MD Ambulance Service: 911
SaskEnergy Natural Gas Emergency & Safety 1-888-700-0427	SaskPower Outage Reporting Call No Charge: 306-310-2220



Whitecap Dakota First Nation COMMUNITY ADVISORY COMMITTEES

EFFECTIVE JUNE 3, 2013

Education, Culture & Recreation Advisory Committee

Justice Advisory Committee

Membership Committee

Members:

Debra Moccasin
Gord Ouellette
Kevin Littlecrow
Roberta A. Bear
Willis Royal

Chairperson: Roberta A. Bear
Councillor Frank Royal, Ex-officio

Lands Advisory Committee

Self Government Advisory Committee

Members:

Colette Eagle
Elmer Eagle
Heather Buffalo
Melvin Littlecrow
Verna Buffalo
Vivian Anderson

Chairperson: Heather Buffalo
Chief Darcy Bear, Ex-officio

Housing & Public Works Advisory Committee

Health & Social Advisory Committee

CFS Advisory Committee

Members:

Arnold Stone
Crystal Buffalo
Janice Daniels
Loretta Whitecap Brown
Melvin Littlecrow
Nancy Linklater
Sandra Daniels

Chairperson: Janice Daniels
Councillor Dwayne Eagle, Ex-officio

WHITECAP DAKOTA ELEMENTARY SCHOOL**Jeff Shepherd—Principal**

Dear Parents/Guardians

Wow, there is only 4 weeks of school left. During this time there are a variety of classroom/school based trips planned. For the majority of these trips a reminder will be sent home from the teacher. If there is a trip planned that includes water based activities there may be a separate permission form that would need to be signed in order for your child(ren) to participate. If you are unsure of any events coming up please call your child's teacher to make sure you're aware of up and coming trips.

I had a wonderful opportunity to attend the "World Indigenous Conference on Education" in Hawaii. People from all over the world (Australia, New Zealand, United States, Canada and a variety of Polynesian Countries) attended and presented. The Saskatoon Tribal Council in conjunction with Saskatoon Public Schools, Greater Saskatoon Catholic Schools and CUMFI delivered a presentation on the importance of developing partnerships. I had the opportunity to learn from a variety of elders and presenters from all over the world.

Pre/K-Kindergarten grad is booked for Thursday, June 19th. We are still deciding whether it will be morning or afternoon. A more formal invite will go home to parents with details closer to the date. Our Whitecap grad will occur on Wednesday, June 25 with a start time around 2:00 p.m. A formal invite will go out closer to the date. We will be celebrating all our Whitecap Elementary School grade 4-6 students, along with grade 8, grade 12, Post Secondary and Great Plains Graduates. Following the ceremony a buffet supper will be held.

On Wednesday June 4th the Kindergarten to grade 3 students will be attending the Childrens Festival. Hopefully the weather will cooperate and students will have a wonderful time.

The Kindergarten to grade 3 students will be attending Pike Lake pool on June 11 and will leave a little before 11:00 am. They are required to pack their own lunch.

On Monday, June 16th Caswell Community School is celebrating Aboriginal Day and is hosting Whitecap Students. Our kindergarten to grade 3 students will attend in the morning and our gr.4-6 students will attend in the afternoon. Caswell will provide lunch for our students.

On Friday, June 20th the grade 4-6 students will attend Pike Lake pool. They will leave before 11:00 am and will be responsible for bringing their own lunch.

The last day for students is Thursday, June 26th. Students will have a normal early dismissal and receive their report cards in the afternoon.

There is still lots of learning occurring and we have 2 more award assemblies to honor our May award winners and June award winners.

Special thanks to all the students for participating in our Science Fair. Congratulations to those students who were chosen to represent Whitecap at the STC Science Fair. It was great to see parents attending the fair and special thanks to staff for shopping for supplies and to STC for judging and organizing their Science Fair. It was great to see kids excited about science and conducting research and carrying out experiments.

Even though we only have 4 weeks left if your contact information has changed please let your teacher and Susan know.

If you have any questions or concerns, please call the school.

Pidamaya

Jeff Shepherd
Principal
Whitecap Elementary School
477-2063

WHITECAP ACADEMIC COACH**Verna Buffalo—Academic Coach**

Han, Tuwe owas tanyan ya unpi kta hecen wacin cici yuza pi:

We are into our last month of school; the year has seemed to go by so fast!!!

Tutoring is available to all Grade 4 to 12 students on **Tuesday and Thursday evenings, 6:30 – 8:30 PM** in the Whitecap Elementary School Library; last session will be on Thursday, June 19, 2014.

In Career Education, students will begin learning about Life and Work; exploring various job, employment and career opportunities available; students will also be updating their resumes. We will also continue work on character education and life skills for the older students.

Wishing all a great last month of learning!!!

For any questions or concerns, please contact me at the Whitecap Elementary School, 306-477-2063.

Pidamaya,
Verna Buffalo
Academic Coach

WHITECAP STUDENT ADVISORY COUNSELOR**Camay Coghlan-Cameron - Student Advisory Counselor**

Greetings Whitecap Parents and Guardians,

There are only four more weeks left of school, and year-end events and final exams are going to make June a very busy month for students. I will be available in the High Schools for students requiring any additional supports to be successful in their studies. I will also be assisting with year-end events and transition support for students that will be entering new schools for the next school year.

I have set up two tours of Aden Bowman and Walter Murray for the High School students wanting to see and compare the schools to find the best match for their social and academic needs. I am available to transport students during the day so that they have the opportunity to not only visit, but also see what the schools offer in programming, as each school is unique.

Our next student Pizza Meeting will be held **Thursday, June 12th at the Whitecap Elementary school at 4pm**. We will meet to finalize a year-end event, students that have joined the youth group need to attend so that we can plan the event together. I encourage all Whitecap youth in grades 7 to 12 to attend.

I am anticipating an upcoming date(s) to connect with the youth from Prairie Island Indian Community (PIIC) in Minnesota between the dates of June 9th to the 20th. We have the opportunity to meet their youth through the use of Skype. I will keep everyone informed of this event as I receive more information.

It is my hope that the students have a very successful and exciting month and that I may be a support to them in their final month of school. Please do not hesitate to contact me if you have any questions or concerns, I look forward to hearing from you. Meegwetch.

Pidamaya!

Camay Coghlan-Cameron
Student Advisory Counselor
(306)370-2228

ccoghlan-cameron@whitecapdakota.com

WHITECAP ADULT EDUCATION**Monica Kreiter, Program Coordinator****ADULT BASIC EDUCATION**

Great Plains College is now accepting applications for its Adult Basic Education programs. Application forms are available at greatplainscollege.ca/apply, the band office or from Jackie Pilon. For more information contact Program Coordinator Monica Kreiter at 306-378-7835.

The ABE students on Whitecap Dakota First Nation weren't the only ones celebrating their last days at Great Plains College. Our hardworking instructor, Kevin Golding received a gift and fond farewell from the band council as a thank you for his dedication to the students.

EDUCATIONAL ASSISTANT

Please see attached ad.



EDUCATIONAL ASSISTANT PROGRAM

.....

DEFINE YOURSELF - APPLY TODAY

ASSISTANT • | ə-ˈsist-tənt | • *noun*

- 1. The always-critical part of the team, without whom the job couldn't get done quite as well (e.g. Luigi to Mario, Robin to Batman, Keith Richards to Mick Jagger).
-

- 8-month certificate
 - Learn to assist the classroom teacher with elementary and secondary aged students in the K-12 school system
 - Full-time and part-time options available
-

great plains
college



greatplainscollege.ca

Warman Campus

Phone: (306) 242-5377

1 (866) 296-2472

WHITECAP CHILDREN'S CENTRE**Myrtle Vandall—Manager****Han! Parents, Grandparents, and Guardians,**

The Children's Centre is currently accepting applications for Child Care for the pre-school aged children. The Infant –Toddler Room has **one available** spot. The Pre-K Room has **three spots available**; your child must be 28 months old. Please register your child ASAP to ensure a reserved spot on the waiting list for upcoming months. To avoid being disappointed, get those applications in. Remember it is first come, first serve.

We would like to extend a warm welcome to **Kamilia**, WCC newest addition. We are delighted to have her in our Infant - Toddler Room.

The Pre-K Grad will commencing June 9th, 2014, we have 5 children that attend WCC who will graduate from Pre-K: **Ava, Brie-Anna, Cena, Cole** and **Kash**. We are so proud of you. You will all do amazing in school. YAY!!!

WCC would like to say farewell to **Brie-Ann Sanderson, Cena Whitehead and Marcus Gladue** the end of June. Thank you to the parents: Janet Villeneuve, Maryline & Charles Gladue, Byron & Dianna Head, for allowing us to care, love, and teach your children, it was an honor. **Wayne** we will see you soon in 2 months.

We like to say farewell to **Cathy Eagle** as she is done her term with WCC. Thank you for all the wonderful work you have done at the Whitecap Children Centre. The children and staff will miss you.

Thank you for supporting our Bar-B-Q Fundraiser; it was a great turn out! We hope to make our annual Family Day extra special this year. We will raffle tickets this month; the prizes consist of Exhibition Super Passes and few other items. WCC will host another **Bar-B-Q Fundraiser on June 20th, 2014 at 12:00pm to 2pm**. Please come out and purchase a Burger or Hotdog served with chips and a choice of drink.

Our **Family Day event is set for June 27, 2014**. With plenty of fun activities: A clown (hopefully), bouncy house, cotton candy, popcorn, Barbeque, games, music, bubbles etc. Parent/s, we will send out invitations and the agenda attached.

We are having our staff meeting next week. If there are any concerns or issues you feel we need to discuss please feel free to give us a call so we can address it at our meeting.

ATTENTION!! Peanut Allergy Warning, we currently have a child who is allergic to PEANUTS attending the daycare, we need parents to be extra cautious when sending food/snacks with your child to the daycare. Please ensure there are no peanuts in any food sent.

Please be advised the Wood Ticks are in full force. Parent/s please be sure to check your children for wood ticks after daycare.

Please take note of the bulletin board at the Centre. Management is so proud to display all the staff's qualifications, achievements, biography along with their interest and desire to teach children. We have a wonderful team here working together to provide quality child care services.

Staff attended a workshop with Lisa Murphy the "OOey Googy Lady". The workshop was geared towards identifying and creating child centered environments, working with art and outside play. We are looking forward to incorporating the concepts into the Whitecap Children Centre program!

The children had a great time planting the Garden and Flowers. The children get to view variety of birds feeding from the bird feeders. It only took a year for the birds to find the feeders ☺!

Summer time is here and we are requesting parents to send your child with a extra pair of clothing, hats, shoes and swim suits would be great! We like to set out plenty of invitations of water and messy play activities for the children on a daily basis. Rubber boots are a must on rainy days.

We accept donations here at the daycare ☺ . We are always looking for dress up clothing, hats and jewelry! We are also in need of plants and craft supplies.

DO YOU LOVE CHILDREN??? The Whitecap Children's Centre is currently looking for sub/casual workers. Interested applicants require a Criminal Record Check. First Aid/CPR would also be an asset. If you are interested please call Myrtle Vandall at 477-2086 or drop by the Whitecap Children's Centre.

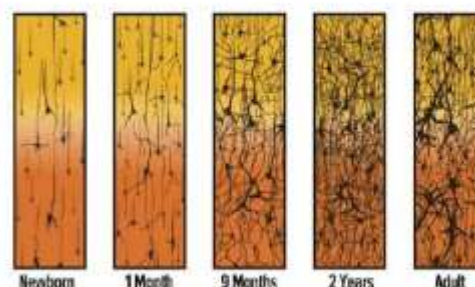
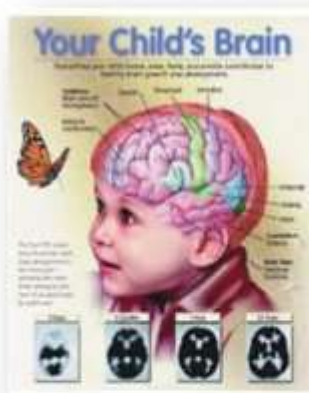
Submitted by Myrtle Vandall Manager, Whitecap Children's Centre

Programs Provided at the Whitecap Children Centre:

- **Aboriginal Headstart on Reserve:** 6 components –Culture and Language, Education, Health, Nutrition, Social Support, Parental and Family Involvement.
- **Moe the Mouse** is an early language and literacy program. Teaches the importance of imaginary play, literacy, and teaching Dakota words.
- **Kinder Music:** The children channel their creative side through music, and help develop gross and fine motor skills. The program consists of a facilitator and materials where the children learn to appreciate music, dance and play.
- **Nutrition:** We follow the Aboriginal Canada's Food Guide; a 4 week planned Nutritious Menu. Healthy eating, healthy snacks/food, food security, traditional foods; dietician support.
- **Native Culture:** Dakota Language, Moe The Mouse, Music, Drum, Talking Circle, more to come: Pow-Wow dance. Elders & staff speak Dakota with children
- **Field Trips:** Pumpkin Patch Maze, Splash Park, Fun Factory, Forestry Farm, Museum of Natural Science, Pooh Corner, Children Museum. (Parents are always welcome to join)
- **Celebration:** Thanksgiving dinner, Parent's Christmas Party, Halloween Party and Summer activities (Informal parent/family activities)
- **Health promotion:** physical activity, self-care, oral health, immunization, safety and screening for: development, behavior, speech, hearing & vision.
- **Social skills:** Teaching children positive interaction with their playmates, building positive relationships with peers and ECE, manners, taking turns, empathy, caring, loving, etc..
- **Play and Exploration programming:** Activities, Environment and Routines.
- **In And Outdoor Activities:**

And others ...

Did you know? 90% of your child's brain is developed by age 5... Make the first 5 years count.



Synapse Density Over Time



WHITECAP RECREATION PROGRAM

Margaret Bear - Recreation Worker

Recreational News Letter

I hope everyone is getting a chance to get out and enjoy the beautiful weather we have been having.

Gym nights are 4 nights a week, split between age groups.

Monday/Wednesday nights are slotted for ages 10-18 years old. Tuesday and Thursday nights are slotted for 5-9 years old.

Once again just a reminder to walk your child into the gym before you leave, as sometimes there are unforeseen circumstances where gym nights are cancelled and we are unable to get a notice on the doors stating such.

Thanks

**Margaret Bear
Recreational Supervisor**

June

2014

Can't wait for Summer 2014 Recreational Gym Nights

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 5-9 years of age 6:00-8:00pm	6 No GYM	7
8	9 10-18 years of age 6:00-8:00pm	10 5-9 years of age 6:00-8:00pm	11 10-18 years of age 6:00-8:00pm	12 5-9 years of age 6:00-8:00pm	13 No GYM	14
15	16 10-18 years of age 6:00-8:00pm	17 5-9 years of age 6:00-8:00pm	18 10-18 years of age 6:00-8:00pm	19 5-9 years of age 6:00-8:00pm	20 No GYM	21
22	23 10-18 years of age 6:00-8:00pm	24 5-9 years of age 6:00-8:00pm	25 10-18 years of age 6:00-8:00pm	26 5-9 years of age 6:00-8:00pm	27 No GYM	28
29	30 10-18 years of age 6:00-8:00pm				No GYM	

WHITECAP IRA NEWS

Sheila Caisse - IRA

 **May 30, 2014**

**Read on for important updates and reminders regarding Membership
Information from your Indian Registry Administrator (IRA) – Sheila: 477-0908.**

NEW PARENTS

Expecting a child soon or already have a newborn?

- ☐ Please call or come and see me as soon as possible after your child is born so we can discuss the eligibility for registration and prepare to fill out forms.
- ☐ Step 1: you will need your child's birth document:
 - a) As your IRA, I may request a "birth extract" from the AANDC on behalf of Members for registration purposes. Therefore, please allow me to put forth this request before you spend the fee to order a birth certificate. [These are usually only available in their system for newborns.]
 - b) If a birth extract is not available as in a) above, you will need to order your child's original birth certificate from *eHealth Saskatchewan* (Vital Stats). See below for more information about eHealth.
- ☐ Step 2: complete an application for registration form and submit the original form (signed by both parents) along with original birth document to me for processing.
- ☐ Step 3: wait for correspondence from AANDC regarding application status. Once the registration is complete, AANDC will send you a letter confirming your child's registration.

NEW FORM AND ADDRESS TO ORDER BIRTH CERTIFICATES from eHealth Saskatchewan

- You may pick up a form at the Band Office or print one online from: *[note new website address]*
<http://www.ehealthsask.ca/vitalstats/Pages/default.aspx>
- You now have the option to order online; you must have a valid credit card to process your order online. If you do not, you will need to submit your order using the manual forms-based process.
- **Note:** please ensure you order the **long form** birth certificate as it states the parent's names and this is an absolute requirement for the 'registration as an Indian' process and it will be too for the new SCIS cards
- The forecasted turnaround time is **5 business days** (fee is \$25)
- **Priority Service** is **5 business days** (costs an extra \$30 for this service)

REQUESTS FOR STATUS NUMBERS

- IRA's may not release a member's status number over the telephone; however, the member may come into the office to see the IRA in person, show identification, then the IRA can release the member's or their child(s) status number.

STATUS CARDS

- 🌟 Just a friendly reminder that I do not accommodate walk-in requests for status cards as I have other responsibilities besides IRA duties. Please call me ahead of time if you wish to make an appointment for a status card. Thanks for your cooperation.

UPDATE ON SCIS (Secured Certificate of Indian Status) card

- AANDC still does not know when the new SCIS status cards will be rolled-out at the Community level.
- Applications for the new SCIS cards are being processed at the AANDC offices in Prince Albert and Regina.
- AANDC is now accepting applications for the new SCIS by mail; please refer to their website for the application form(s) and process: www.aadnc-aandc.gc.ca (search SCIS)
- Registered Indians 16 years of age and older need to provide the following: Completed SCIS Adult Application; Original long-form birth certificate; (2) passport style photos; valid I.D.; Guarantor declaration

WHITECAP TOTAL POPULATION: 618

WHITECAP BUSINESS CENTRE

Whitecap Business Centre

189 Chief Whitecap Trail

Monday to Friday

8 A.M. – 4:30 P.M.

Phone: 306-477-0908

Fax: 306-373-6359



Whitecap Business Centre	Department
Darrell Balkwill	Director, Economic, Development
Dalyn Bear	Lands Manager
Jackie Pilon	Business Development Manager

The Job Board is now at the Whitecap Business Centre

Come by to see if there are opportunities for you!

The public computer that was in the copy room at the Band Office is now available for Band Members to use at the Whitecap Business Centre. We have added another work station to use as well for exploring your education and career opportunities. Please read the Computer Usage Policy and sign in to use the computers!

Monday and Friday
Hours are 8:30 A.M. – 11:30 A.M.
and 1:30 P.M. – 4:00 P.M.



WHITECAP HEALTH & SOCIAL DEVELOPMENT



Whitecap Health Centre

316 Moose Woods Drive

Whitecap SK S7K 2L2

Phone: 306-373-4600

Fax: 306-343-8855

Whitecap Health Centre	Department	Extension
Victorine Royal vroyal@whitecapdakotahealth.com	Administration/Medical Transportation	#221
Sheryl Buffalo sbuffalo@whitecapdakotahealth.com	Maternal Child Health	#223
Jeannie Coe	Nurse Practitioner	#224
Maryline Gladue mgladue@whitecapdakotahealth.com	Home Health Aide	#225
Amber Clark aclark@whitecapdakotahealth.com	Family Prevention Support Worker	#226
Tony Roulette troulette@whitecapdakotahealth.com	Wellness Worker	#227
Marijayne Deschambeault	Community Justice Summer Student	#229
Vacant	Recreation Coordinator	#230
Gary Beaudin	Manager, Health Services	#231
Arlene Peeteetuce apeeteetuce@whitecapdakotahealth.com	Community Health Nurse	#254
Whitecap Dakota Elementary	Counselling	#256

NOTICE

NEW INFO

Changes to Health Canada Medical Transportation

Effective **January 1, 2013**, **all** requests for Medical Taxi Transportation including Private Vehicle **must** be pre-approved by the newly created Health Canada (Non-Insured Health Benefits) Call Centre **before** a medical taxi can be booked.

The WDFN is not responsible for approving Medical Transportation requests. All the WDFN is responsible for is to make the transportation arrangements after the transportation request is approved by Health Canada.

Reminder to All Medical Taxi Transportation Users:

Two-Day Notice

- Please be reminded that a **two business day notice is required** if you need to utilize the Medical Taxi Transportation. **Please keep in mind that this does not include Saturday & Sunday.**

Cancellations

- If you need to cancel your medical taxi, please call the Health Centre as soon as possible but no later than two hours before your scheduled pick up.

Medical Emergencies

- If your condition is of an urgent nature (medical emergency), call 911;
- Notify the Health Centre so that the Health Canada Call Centre can arrange for medical transportation upon discharge if there are no other means of travel (someone to drive you home) back to Whitecap.

*Cab Sharing & Coordination

- Keep in mind that you may be sharing a cab with others who have the same appointment time(s) and you should expect to return together. All appointments will be coordinated accordingly and approved by NIHB (Health Canada).

Signatures

- Doctors/health care providers and clients need to sign and date the appointment slip issued.



Get
Appointment



Make the call
306-373-4600
Two-day Notice
For Medical Taxi



Ready for
Medical
Taxi

Clinic After Hours Schedule

SERVICES AVAILABLE

WHAT IS A NURSE PRACTITIONER?

A Nurse Practitioner is a registered nurse who works in a Primary Health setting, has additional education and training, writes a national qualifying exam and is licensed by the Saskatchewan Registered Nurses Association as an independent practitioner.

WHAT CAN A NURSE PRACTITIONER DO?

- Can diagnose and treat common medical illnesses, chronic medical conditions such as diabetes or COPD.
- Can order tests such as laboratory tests, x-rays, and ultrasounds
- Perform common procedures such as removal of moles, excision and drainage of abscesses and suturing of simple wounds (cuts).
- After assessment, prescribe medications (except narcotics)
- Provides education, injury prevention & health promotion.



AFTER HOURS NURSE PRACTITIONER SCHEDULE

Monday Hours : 12:00 PM—7:00 PM

Closed on Weekends & Statutory Holidays
(Jeannie will also be available to take appointments during regular clinic hours Tuesday—Friday 9:30 a.m.—4:15 p.m.)

- To secure an appointment for the after hour service call the Health Centre.
- If unable to keep this appointment, kindly give 24 hours notice.

***PLEASE BRING YOUR SASKATCHEWAN
HEALTH CARD**

**Call the Health Centre to book
appointments.**



Whitecap Health Centre
Jeannie Coe
Nurse Practitioner



Protect the young—Parents are partners in preventing the flu

Did you know that even in early fall, influenza (also known as flu) viruses are circulating at low levels? In fact, flu outbreaks can happen as early as October. Flu is so highly contagious that it leads to thousands of hospitalizations each year and can even cause death. More than 600 children have died from the flu over the past four years.

Kids most at risk are those with underlying conditions such as respiratory, cardiac, endocrine, gastrointestinal, metabolic conditions, genetic syndromes and those with neurologic or neurodevelopmental disorders.

The flu spreads mainly in the fall and winter months and it's hard to predict how severe the disease will be. During the 2012-2013 season, doctor visits for flu-like illness, hospitalizations, and deaths were higher than in previous years.

Child deaths from flu can be prevented through vaccination. Up to two-thirds of children receive their annual vaccination from their doctor's office. Unfortunately, only 55 percent of children were vaccinated last season.

Protect infants: get your flu vaccine!

In the United States, approximately 4 million children are born each year. Infants less than six months old cannot receive the vaccine. That's why it's important for pregnant women to get the flu vaccine because when they are vaccinated, they pass the protection to their infants during the first six months of life. Protecting the young and vulnerable by vaccinating everyone around them is known as "cocooning." This means everyone who comes in contact with them, including family members, household contacts, siblings and healthcare workers should be vaccinated.

Most parents know that children can easily spread viruses. The highest rates of transmission during outbreaks occur in school-aged children. During the 2009-2010 flu pandemic, 64 percent of children who died of the flu had a neurologic condition. Many may not realize that intellectual disability is also a high risk condition for having ill effects from the flu.

Influenza can be a deadly disease for healthy children, especially in the very young and those with the underlying health conditions listed above. According to the CDC:

- **Everyone** six months and older needs flu vaccine **every year**.
 - Remember, when a child is receiving the flu vaccination for the first time, two doses are needed for protection against the virus to be effective. Wait four weeks between the first and second dose.
- Two to three flu strains have changed from last season.
- Vaccines that protect against four (Quadrivalent) strains of flu viruses are now available.
- Both the injection and the nose spray are effective and there is no recommendation for one or the other. Just get vaccinated.
- Children with egg allergies **SHOULD** be vaccinated.
- Families are an essential member of the vaccination team!

National Immunization Awareness Week (April 26 to May 3, 2014)

Are You Up-To-Date?

Getting immunized helps to protect you, your family and your community against an ever increasing number of diseases. We encourage you to check whether you and your family are up-to-date with the vaccines you need.

In the midst of serious measles and pertussis outbreaks throughout Canada, we are seeing an alarming decrease in immunization rates among children. Here in Saskatchewan, our community immunization rates are considerable, but as the recent measles outbreak has shown, we can certainly improve.

Vaccines are among the most successful public health tools available for preventing disease and death. They not only help protect vaccinated individuals, but also help protect entire communities by preventing and reducing the spread of infectious diseases.

You can make a difference in preventing disease in your community. Thank you for your support and encouragement of the efforts of parents to make the choice to immunize their children and keep them healthy.

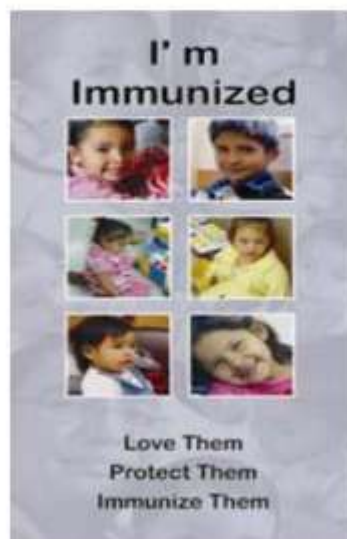
You can learn more about vaccines by visiting the following websites:

<http://www.phac-aspc.gc.ca/im/iyc-vve/fiction-eng.php>

<http://www.saskatchewan.ca/government/news-and-media/2014/april/25/immunizations-up-to-date>

<http://globalnews.ca/news/1260577/vaccination-myths-debunked/>

http://www.health.gov.on.ca/en/public/programs/immunization/docs/myths_info.pdf



National Immunization Awareness Week (April 26 to May 3, 2014)

ImmunizeCA App

Help us spread the word about regular immunization by downloading the **ImmunizeCA** App for your phone which can help you keep track of your family's immunization records. The **ImmunizeCA** app makes getting immunized easier by:

- providing customized schedules based on date of birth, gender and place of residence;
- reminding you of your appointments;
- providing you with your vaccination status, including any that are overdue, flu vaccine status and the date of your last tetanus shot ; and,
- providing a credible source of expert-reviewed information on vaccinations.

The mobile app also provides local outbreak alert notifications, vaccination resources and tools regarding children, adults and travellers.

You can download the ImmunizeCA App free at the iTunes app store and Google Play. If you don't have a smartphone, you can still access the app on the web at **immunize.ca**.





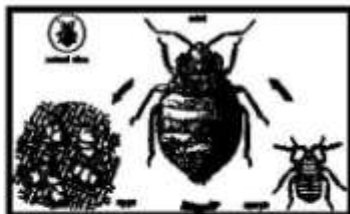
Infection Prevention & Control

Fact Sheet

Cimex lectularius BED BUGS

What are Bed bugs?

Cimex lectularius (bed bugs) are blood feeding insects that have oval shaped flat bodies and short broad heads. Adults are around 6 to 10 mm long and are brown and wingless. After a feeding, they swell slightly in size and darken to a blood-red color. The female bed bug lays at least 200 eggs in her lifetime and can deposit these eggs into cracks and crevices. Eggs hatch in 6 to 17 days. Bed bugs bite at night, and usually bite exposed areas such as the face, neck, arms, hand and upper torso but can bite over the whole body. Bed bugs do not fly so they either crawl or are carried from place to place by individuals. Bed bugs are not associated with the transmission of human disease.



What are the signs and symptoms of Bed Bugs?

The indications of bed bugs are:

1. Itchy welts on the skin – when bed bugs bite, they inject their saliva into the biting area, causing the skin to become irritated and inflamed. The classical bed bug bites could be presented in a linear fashion in a group of three bites (breakfast, lunch and dinner). Small raised red swelling lesions are also common.
2. There may be small reddish brown (blood) spots or fecal matter on the bed linen or the mattress and they may have a distinctive smell.
3. There may be clusters of 10-50 eggs found in cracks or crevices on the mattress or bed frame.

How do Bed Bugs get into my home?

Anyone can get bedbugs no matter how clean or careful they are. Bed bugs are often carried into a home on objects such as furniture, luggage, second hand mattresses and clothing of infested individuals. Bed bugs can travel from one apartment to another along pipes, electrical wiring and other openings. Bedbugs can also be transported on buses, trains, and planes. Once they are in the home, bed bugs can be found in areas such as:

- Seams, creases, tufts, and folds of mattresses and box springs
- Cracks in the bed frame and head board
- Under chairs, couches, beds, dust covers
- Between the cushions of couches and chairs
- Under area rugs and edges of the carpets
- Between the folds of curtains
- In drawers
- Behind baseboards, and around window and door casings
- Behind electrical plates and under loose wallpaper, paintings and posters
- In cracks in plaster
- In telephones, radios, and clocks.

How are Bed Bugs treated?

Bed bugs can be difficult to diagnose, control and contain. There are several things you can do to eliminate bed bugs from your home. These include the following:

1. Complete a thorough cleaning of the premises. Remove all unnecessary clutter. Clean and disinfect items before removing from the room. If you are throwing things away, place into a plastic garbage bag, tie closed and remove to your outside garbage.
2. For information contact a licensed pest control officer who can also assist with the eradication of bedbugs.
3. Strip all beds of bedding, sheets, blankets, pillow cases are to be washed in hot soapy water and dried in a hot drier until they are dry. Soft or stuffed toys can also be washed in hot soapy water and dried in a hot drier.
4. Open up your clock radio, telephone, or wall clocks and tap the open end into a open plastic bag. Use small end of the vacuum cleaner to vacuum inside these items.
5. Vacuum every surface in your bedroom including the inside of the dresser drawers, dresser cavities, baseboards, closets, rugs, electrical outlets, mattresses, box springs, etc. If the infestation is severe the bed and box spring may have to be removed and disposed of by taking it to the landfill site.
6. Once the vacuuming has been completed remove the bag, place into a garbage bag and remove to the outside garbage.
7. Once the cleaning and vacuuming have been completed you can either steam clean or use a non-chemical pesticide such as diatomaceous earth. If you are not able to do this, contact a pest control company to do this for you.

How are Bed Bugs prevented?

Maintaining a clean and uncluttered environment may help to prevent infestations. Special mattress covers which enclose the entire mattress may also help prevent an infestation. Always check your suitcases and clothing when you return from your holidays to ensure you are not bringing bed bugs into your home.

For more information on bedbugs you may access these websites:

http://www.saskatoonhealthregion.ca/your_health/ps_public_health_inspection_hpa_bedbugs.htm

or

www.pmr-arla.gc.ca

**PLEASE NOTE DATE AND
LOCATION CHANGE**



With instructors from

Saskatoon Community Youth Arts Programming!

Every Tuesday (MAY 20th - June 24th for 6 weeks)

**Starting at 4:30 p.m. – 6 p.m. @ the
WHITECAP HEALTH CENTRE for Ages 5-13**

For more information please contact Amber Clark

@ 306-373-4600

*Art projects will be based on traditional Aboriginal art forms
designed to make connections between culture and
contemporary context.*

Classes for ages 14 & up start July 8th-August 12th



Additional resources:

[Flu prevention and vaccination—Flu.gov](#)

[Who's at risk?—Flu.gov](#)

[How the flu virus changes—Flu.gov](#)

[How the flu spreads—CDC](#)

[Prevent Childhood Influenza - NFID](#)



WHITECAP DAKOTA UNITED CHURCH

Greetings! My name is Michele Rowe and I am honoured to serve the community of Whitecap Dakota on behalf of the United Church. I am of Métis (Cree & European) ancestry from Northern Alberta who has called Saskatchewan home for over 23 years. I am the parent of 4 children and grandmother (kokum) of 3.

Everyone is invited to attend our upcoming services which will take place on Sunday, June 1st, 15th and 29th at 2:00 pm in the Cultural Room at the Health Centre. Children are welcome and noise is expected!

We are also planning an old-fashioned Sunday School picnic for Sunday, June 15th with food, games and fellowship. Please watch for posters on the location.

Please note that I am available to do baptisms in a service or at home as families wish, at a time that works for you. Please contact me to set up an initial visit as I would love to meet you!

I am also available to visit members at home, in hospital or other facilities. If you know someone who would like a visit, please let me know.

Should you require pastoral care or wish to speak to me on any matter, please call me at [306.491.2602](tel:3064912602) or email me at rowebem62@gmail.com.

Blessings & peace like a river,
Michele



Whitecap Dakota United Church

June Worship Services Dates:

Sunday, June 1st

Sunday, June 15th

Sunday, June 29th

2:00 p.m. at the Whitecap Health Centre - 316 Moose Woods Drive, Whitecap, SK



*Everyone is invited to a
Sunday Church Picnic on
June 15th, 2014*

*Whitecap School Grounds
2:00 p.m.*

Bring your family for some food, fun & games!

For more information about Whitecap Dakota United Church or for pastoral care, please contact:

Rev. Michele Rowe
Cell: 306.491.2602
Email: rowebem62@gmail.com

WHITECAP HOUSING & PUBLIC WORKS

Whitecap Housing & Public Works

111 Sports Centre Road

Whitecap SK S7K 2L2

Phone: 306-477-2013

Fax: 306-477-2034

Monday to Friday
8 A.M. to 4:30 P.M.



Whitecap Housing & Public Works	Department
Ron Erikson	Director, Housing & Public Works
Lynn Dumont	Housing Tenant Relations Clerk

On-Call Plumber	Contact Number	Availability
Byron Head	306-371-5605	
Bradon Eagle	306-380-0848	

Water Treatment Plant	Contact Number	Department
Deborah Paul	306-202-7089	WTP#1
Brian Trainberg	306-371-2101	WTP#2

After Hours & Weekend Call Outs

Please be advised of the call out list for any Housing & Public Works Emergencies or Major Problems that cannot wait until regular business hours.

Transfer Station	Garbage Disposal	Weekdays: 4:30P.M. – 10P.M.
		Weekends: 8A.M. – 10P.M.
Elementary School	Events Entry	After Hours & Weekends
Fire Hall	Events Entry	After Hours & Weekends

Arnold Stone: 306-290-2760

Rent Payments & General Inquiries

All inquiries and personal contacts regarding rents, rent payments, housing applications, notices, repairs, utilities and general housing inquiries can be made through Lynn Dumont. Please call Housing & Public Works department for all minor repairs and service call requests. All work orders must be issued through the office. Thank You!



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

November 27, 2013

Dear, Whitecap Tenants:

This letter is a friendly reminder that your furnace filter may need to be changed. There has been a high level of calls regarding furnace repairs which is the result of a dirty and clogged furnace filter. It is your housing responsibility for the general upkeep and maintenance for the house. Please inspect and replace the furnace filter and clean the HRV (Heat Recovery Ventilator) filters, if required.

As per your Rental Tenancy Agreement in section 8(b) of your contract states: "Inspect and replace (if necessary) furnace filter on a monthly basis." We have included helpful information for you to help keep costs low for both energy bills and any repair costs that may arise due to a lack of maintenance to the furnace.

Thank you for your help.

Sincerely

Ron Erikson
Director of Housing & Public Works

RE:ld

****Importance of Furnace Filters****

Have you ever notice:

1. You turn your thermostat high to heat your home.
2. You turn on the De-humidistat (Ventilation fan), but still have humidity
3. Your exterior doors and door knobs are freezing up.
4. You notice stale air and poor circulation in your home.

These are some of the results of neglecting to keep your Furnace Filter clean. A dirty filter can affect people with allergies or hypersensitivities, and can lead to higher heating bills, and can also lead to overall furnace failures. When you do not replace or clean your furnace filter regularly then dirt, dust and other debris can build up inside the furnace unit causing serious problems in the long run. Your furnace has to struggle harder to heat your home; you will be paying more in heating bills caused by a dirty furnace filter. When a furnace becomes clogged with dirt and debris, this creates dirty air that will circulate throughout your home, rather than the clean fresh air that you once enjoyed. You and your family will be breathing in all these toxins that could have been sucked out of the air by a clean or new filter. Now may be time to replace furnace filters to restore the clear air in your home.

Neglecting your furnace will cause a number of serious problems to arise.

1. Your furnace may simply break down, typically when you least expect it and no one is around to fix or repair it.
2. Water lines may freeze up causing excessive damage to your home.
3. Furnace heat exchanger may become warped or crack from unbearable heat build-up within your furnace, and causing noxious carbon monoxide fumes to leak into your home.
4. Faulty furnaces have also been known to start fires caused by a dirty filter by not allowing air to circulate properly throughout the furnace and home.

Reasons to keep up with your furnace filter maintenance.

1. You can save yourself a lot of stress, health problems and financial burden simply by buying a \$6.00 furnace filter.
2. This will ensure that air is circulating properly throughout your home and increase the longevity of the furnace.
3. You will be pleased that your family and home is receiving the best air quality possible and
4. You will have lower heating bills.

How often should a furnace filter be replaced?

It is suggested by furnace manufacturing companies and furnace technicians that filters should be inspected or changed at least once a month during the heating season. This also varies from house to house and filter to filter. The less expensive conventional filters do not require changing as often and can last longer, however they are not the best at blocking small dust particles and other allergens. Also to consider is the living conditions such as, if you have more pets or anyone smokes regularly inside, then the filters need to be changed almost every month. Based on all this, the recommendation is to buy a higher quality filter, look at it monthly and plan to change it every one to three months.

****Note from Whitecap Dakota Housing Department****

We recommend changing the furnace filter a minimum of every three months, especially if you live in a home constructed in 1997 or newer. Your home may have a central ventilation fan coupled to your furnace system. When you turn on the ventilation fans in your home, the fan exhausts air from the kitchen and bathrooms while bringing in fresh air to be circulated throughout the house via the furnace fan. This means that air is constantly going through the furnace filter year round requiring the filter to be replaced on a regular basis. Also due to the amount of sand in the community, air that is drawn into the house will tend to plug up the filters a lot faster because of the sand content in the air. If you want to provide your family with clean air and lower humidity in your home, we encourage you to purchase a 4-6 pack of filters each year varying from \$6 to \$50. This will ensure that there are enough filters to last the entire year and also ensure proper furnace operation and endurance, provide clean air, and lower humidity in the home.

How to choose the right furnace filter for you home?

There are presently hundreds of models to choose from. Do not worry; you only need to understand a few features of a furnace filters that are essential. These features you should look for while making the purchase.

Types of Furnace Filters

1. **Washable/Reusable Filters** – These are meant for extended use, and with regular cleaning and maintenance serve a very long life. The downside could be nearly impossible to get completely cleaned and adds resistance to the airflow. These are also not very effective in trapping very small particles.
2. **Pleated Filters** – These are modified kind of panel filters that have pleats or fold to increase its surface area. The design change makes it more efficient at trapping dust particles due to increased surface area. However, once the furnace filter starts resisting airflow it begins collecting dust particles and thus should be replaced regularly.
3. **High Efficiency Pleated Filters** – These filters have an additional component of electrostatic charge that is designed to capture extremely small particles and various allergens, which make up 99% of the particulate composition of the air. These should be changed at regular intervals to maintain the air quality, and flow. Refillable furnace filters are also available in this type.

How to Size your furnace filter?

Locate the size of air filter you need to remove the old filter from the furnace and look at the sides of the filter. A label should be affixed that indicates the actual size for the filter. After you have located the label or printing with the size on it, put back the old filter until you get a clean one to replace it. If you cannot find a size on the filter than just measure the filter incase. If there is no old filter to measure, find the track that the air filter would normally fit into. Measure the inside of the track and check it with the filter size chart to pick the air filter size that will fit your furnace. Choose the actual size filter and pick one that is 1/2" smaller than the both sides you calculated, so the air filter fits in the track. Most standard sized filters are **16"x 25"x 1"**. Ensure the arrows on the filter point towards the furnace unit.

Have you changed your Furnace Filter Lately??

Example of Furnace Filters & Prices at the local Canadian Tire:



Duststop Permanent Furnace Filter

\$8.89

Product #64-3376-6

- Permanent filter
- Washable/reusable
- Traps dirt, dust and pollen



Endust Allergen Furnace Filters, 6 Pack

\$29.97

Product #0990640

- Pleated air filter
- Each filter lasts 30 to 90 days
- Allergen filtration – captures pet dander, dust, pollen and mold spores

WHITECAP SELF-GOVERNMENT



Q: What is wapahaskawotanin.com?

A: It's your brand new community website!

Register for the website and get access to:

- Public notices and news announcements as soon as they're released.
- Up to the minute information about community programs and services.
- A community event calendar.
- A jobs board featuring local job opportunities.
- A Whitecap Classifieds page.

To register please visit www.wapahaskawotanin.com
or click on the member site tab at whitecapdakota.com

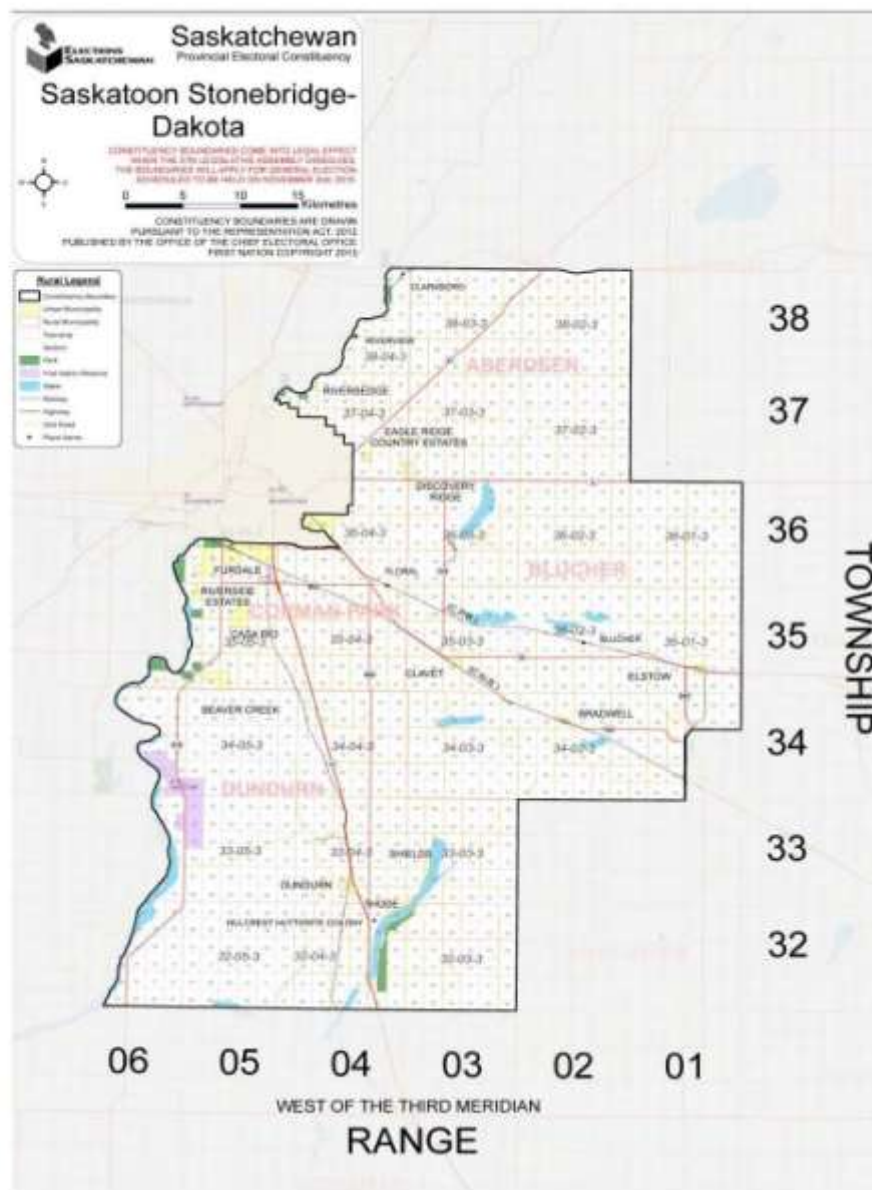
New Provincial Constituency Named SASKATOON STONEBRIDGE-DAKOTA

Following a review of Saskatchewan's provincial constituencies in July, 2012, the Saskatchewan Boundary Commission recommended that five new constituencies be created in Saskatoon.

Whitecap Dakota First Nation is a part of one of these new constituencies, which is named **Saskatoon Stonebridge-Dakota** (see map below).

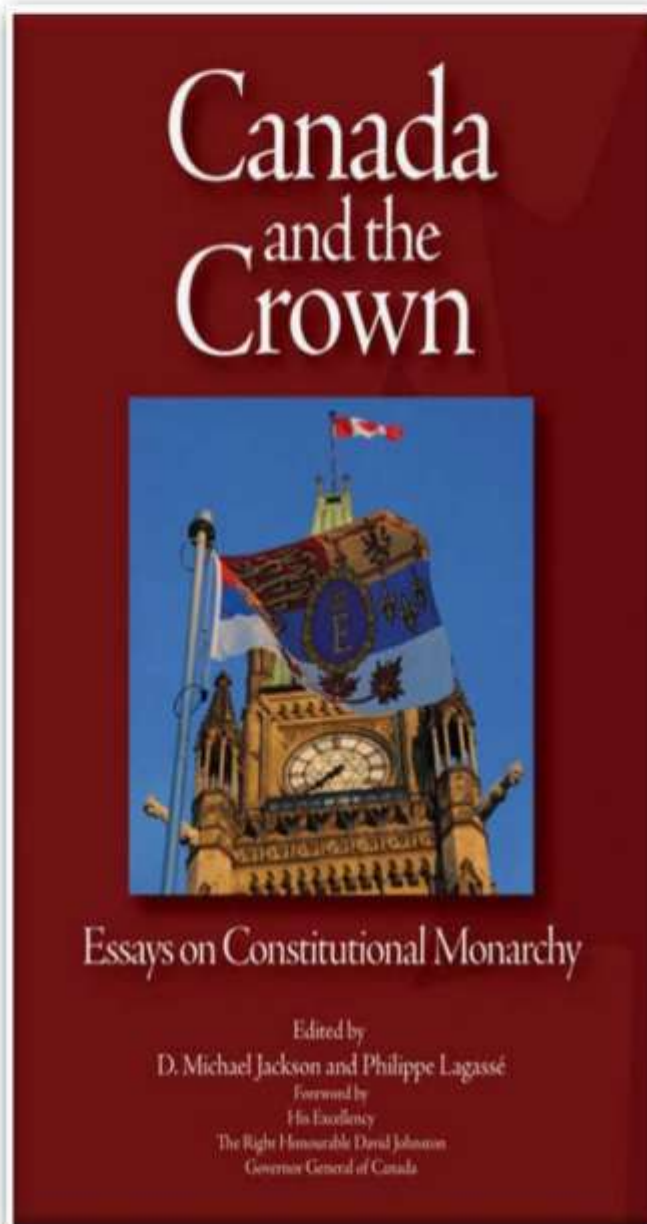
This new name formally recognizes the Whitecap Dakota First Nation's presence in the region. Since 1882, when Chief Whitecap counseled John Lake on the location for a new temperance colony that would become the City of Saskatoon, the Whitecap community has co-existed as good neighbors with those in Saskatoon and area. This new constituency recognizes that this alliance continues today.

Saskatchewan's 61 new constituencies come into effect in the next provincial election, scheduled for Nov. 2, 2015. Until then, the current constituencies and boundaries remain in effect for any by-elections that may occur.



Whitecap Staff Member's Research Proves First Nations' Sovereignty:

Stephanie Danyluk's article explores alliances during the War of 1812.



On April 3, 2014, the Lieutenant Governor of Saskatchewan, Vaughn Solomon Schofield, hosted the launch of "Canada and the Crown: Essays on Constitutional Monarchy", a book featuring historical and contemporary perspectives on the role of the monarchy in Canada.

One of the authors present at this book launch was our very own Research Analyst Stephanie Danyluk. Her research article titled "Recollecting Sovereignty: First Nations-Crown Alliance and the Legacy of the War of 1812" explores how sovereignty was exerted by Western Nations during the War of 1812, demonstrating that these alliances are proof of First Nations sovereignty. It concludes with a study of the continuing legacy of Crown's promises and looks to this alliance as precedent for establishing a third order of government flowing from the shared sovereignty between First Nations and the Crown. The majority of the article is informed by research conducted by Stephanie and others on the role of the Dakota in the War of 1812, as well as by WDFN's efforts to move out from under the Indian Act. Stephanie has previously contributed to the Canadian Journal of Native Studies and she spent time working with the Stó:lō Nations in BC as part of her Master's Thesis.

It is great to have an established researcher in-house helping us to tell our stories. Stephanie has been working for Whitecap Dakota First Nation for three years. We congratulate her to her recent publication and thank her for the ongoing work for our community!

WHITECAP TRAIL CONVENIENCE

Chief Whitecap Trail
Whitecap SK S7K 2L2
Phone: 306-477-3238
Fax: 306-477-0397

WHITECAP
Trail Convenience

Regular Store Hours

Monday - Saturday: 7:00 a.m. - 11:00 p.m.
Sunday & Holidays: 8:00 a.m. - 10:00 p.m.

Whitecap Trail is looking for a Full Time work experience person.

Must meet STC Labor Force Development requirements

- Eligible person must unemployed and have limited to no work experience
- Duration of employment is 26 weeks
- Must possess a Status Number and Social Insurance Number
- Must register with Labor Force Development prior to start date
- Must be available for shift work

Drop off resume at Whitecap Trail or e-mail resume to whitecaptrail@sasktel.net by June 15, 2014

**Lotto Max
\$23 Million**

**Don't Forget
To Buy Your
Lotto Max!**

WHITECAP MEMORANDUM



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: Whitecap Dakota First Nation Band Members
cc: WDFN Council
From: Warren Buffalo, General Manager
Date: June 3, 2013
Re: United Cab Flat Rate

This notice is to clarify the \$44.00 flat rate offered by United Cab, to and from Whitecap Dakota First Nation.

The flat rate is for Community Members only. Transportation must be non-stop from point of pick-up to destination to qualify for the flat rate. Please understand, you may be charged extra for stops along the way.

If there is an issue with drivers charging other than the flat rate, please contact Warren Buffalo at Whitecap Dakota First Nation Band Office 306-477-0908.

Thank you

WB:sc



EMPLOYMENT OPPORTUNITY

SUMMER STUDENTS

The Whitecap Dakota First Nation is seeking students to fill various positions within the Community during the summer.

Students will be placed in positions based on their skills and abilities.
Employment term is June 23, 2014 – August 29, 2014.

APPLICATION GUIDELINES:

- Applicants **must** be members of the Whitecap Dakota First Nation.
- Students **must** be returning to school in the fall.
- Priority will be given to those students who have demonstrated academic proficiency throughout the last school year.
- High School and Post Secondary students may apply.

APPLICATION DEADLINE: Friday June 13th, 2014 at 4:30 p.m.

SUBMIT COVER LETTER (INCLUDING REFERENCES) AND RESUME TO:

Selection Committee

c/o S. Caisse

Whitecap Dakota First Nation

182 Chief Whitecap Trail

Whitecap SK S7K 2L2

Fax: (306) 374-5899

scaisse@whitecapdakota.com

WHITECAP NOTICE**NOTICE**

Please be advised that the Band Office,
Business Centre, Housing & Public Works,
Health Centre and Children's Centre will be

Closed

Monday, June 30th, 2014
(in lieu of National Aboriginal Day Holiday)

AND

Tuesday, July 1st, 2014
(Canada Day Stat Holiday)

**Normal business hours will resume at
8:00 a.m. on Wednesday, July 2, 2014**

2014 SASKATOON EXHIBITION PARADE, AUGUST 5, 2014 – UPDATE

Call for volunteers for this year's Whitecap parade float entries. The Saskatoon Exhibition Parade will be held **Tuesday, August 5, 2014 starting at 10 AM.**

If you would like to participate as a decorator, walker, dancer or Elder, there is a sign-up sheet for all volunteers/participants at the Whitecap Dakota First Nation Band Office. You may also contact Anna Buffalo or Verna Buffalo to sign-up. **Deadline to volunteer is Monday, June 30, 2014!!!**

The first planning meeting will be on Monday, June 9, 2014 at the Whitecap Sports Center starting at 5:00 PM. **It is encouraged that all volunteers and participants attend planning meetings to provide input in the design of our entries.**

Thank you,

Anna Buffalo/306-291-3068

Verna Buffalo/306-381-6619

2014 DAKOTA DUNES CASINO POW-WOW – AUGUST 5, 6 & 7, 2014

The Dakota Dunes Casino Pow-wow will be held August 5, 6 & 7, 2014 at the Whitecap Dakota First Nation Sports Grounds.

Volunteers are required to assist with registration, clean-up/maintenance, help serve Elders/Veterans in feed tent; if you would like to help out this year, please sign-up at the Band Office.

There will be a feast on Monday, August 4, 2014 under the dancing arbour; time will be confirmed for next newsletter.

DDC Pow-wow Committee representatives from Whitecap are: Senator Melvin Littlecrow, Elder/Veteran Willis Royal, Councillor Frank Royal, Roseanna Royal, Sheldon Sinclair and Verna Buffalo.

Thank you.

Family Reunion



**You are invited to attend a Whitecap Dakota First Nation
and Fort Peck, USA reunion for the Littlecrow,
Redbear, and Redeagle families.**

Date: Wednesday August 6, 2014
Where: Whitecap Elementary School
Time: TBA

**For more information please contact the WDFN Band Office at 306-477-0908
OR
Wayne C. Two Bulls of Fort Peck, USA at 406-768-6312**

DAKOTA DUNES
CASINO



PRESENT



SHeldon
CANADIAN

WHITECAP DAKOTA DAYS

AUGUST 16 & 17 AT WHITECAP SPORTS GROUNDS

\$10 DAILY ADMISSION COMES WITH A \$10 FREE PLAY FOR DAKOTA DUNES CASINO!

CO-ED SLO PITCH

- *\$300 team entry
- *3 games guaranteed
- *certified umpires
- *7 & 3 ratio
- *mvp awards

A SIDE	B SIDE	C SIDE
1ST-\$2500	1ST-\$750	1ST-\$450
2ND-\$1000	2ND-\$500	2ND-\$300

Entry Deadline August 10

Contact: Band Office 306-477-0908
Sheldon Sinclair 306-292-1508
or Sheldon_Sinclair@hotmail.com



**Homerun
Derby!
\$20 entry
Prizes!**

CHUCKWAGON & CHARIOT RACES

Chuckwagons
sat 6pm
sun 4pm
\$1000 Dash
for cash!

Chariots
Sat 2pm
sun 12pm

\$600 dash for cash!

Contact: Melvin Littlecrow 306-955-5438
(cell) 306-291-8106

**Beer Gardens!
Entertainment!
Free Camping!**



ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Notice

Community Safety Reminder

Please keep an eye out on your neighborhood and report any suspicious activity.

If you see strange vehicles or suspicious persons in the Community, write down the license plate number and description of the vehicle/persons and call the RCMP as soon as possible with this information.

Remind your children not to talk to strangers or get in a vehicle with strangers.

**Whitecap Dakota First Nation
Community Curfew**

All young persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All young persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.

Reminder

This is to remind the members & parents about the proper use of pellet/BB guns in the Community.

It is important to note that any individual under the age of 18 years is required to be supervised by an adult over 18 years of age when using a pellet/BB gun. Pellet and BB guns are not allowed to be used within 200 yards of the subdivisions or public buildings.

Unemployed?

Develop your skills with Certificate Training

Minimum CLB Level 5 English Language Requirement



Radius Community Centre

611 First Avenue North, Saskatoon, SK

www.radiuscentre.com

Supporting creative actions to improve quality of life

Service Worker Prep

- Get in and out fast
 - Two certificates that prepare you to work
 - *Food Safe Level 1, Saskatchewan Service Best* and *Résumé, Cover Letter and Interview refresher*
- February 12 – 14, 2014 April 23 – 25, 2014
June 4 – 6, 2014**

Care Assistant Prep

- Casual and respite workers for Childcare Centres, Care Homes, and Group Homes are in high demand
 - Employers are looking for skills offered in this training
 - Saskatchewan Early Childhood Association supported
- February 7 – 20, 2014
June 2 – 14, 2014**

GED12 Preparation

- Take the fast track to work or further training
- Start anytime...work at your own pace
- Study up to 3 months with expert support
- Weekly intake assessments

Continuous Intake

First Aid & CPR-C /AED

- Red Cross Certified
 - Recognized on every worksite
- | | |
|------------------------|-------------------------|
| January 15 – 17 | February 18 – 20 |
| March 19 – 20 | April 15 – 17 |
| May 13 – 15 | June 10 – 12 |

One Stop Job Shop

- Intensive Job Search Preparation
 - *Résumé, Cover Letter, Interview Skills and Job Search Techniques that get results!*
- | | |
|----------------------|-------------------------|
| January 7 – 9 | February 18 – 20 |
| March 18 – 20 | April 15 – 17 |
| May 13 – 15 | June 10 – 12 |
| July 8 – 10 | August 26 – 28 |

Skill Enhancement Program

- Employee development workshops
- Workplace Essential Skills;
- Career exploration and planning
- *Résumé, Cover Letter, Interview Skills and Job Search Techniques*

Bi-weekly starts; Full time, 6 weeks

Call to Register

306 665 0362

Made possible through funding from:





Saskatoon Tribal Council Health & Family Services Inc.

Internal Posting

FNREEES Interviewer-Summer Employment

Applicants for internal postings* are required to state how they meet the eligibility requirements in their cover letter. To apply, please submit your resume and cover letter detailing your qualifications along with three (3) references to:

Administrative Finance Clerk
STC Health & Family Services Inc.
200-335 Packham Avenue
Saskatoon SK S7N 4S1
Fax: (306) 956-3268
Email: stchsdresumes@sktc.sk.ca

No telephone calls please, STC Health & Family Services Inc. appreciates the interest of all applicants; however only those selected for an interview will be contacted.

* Internal postings are open to qualified band members of Kinistin Saulteaux Nation, Mistawasis First Nation, Muskeg Lake Cree Nation, Muskoday First Nation, One Arrow First Nation, Whitecap Dakota First Nation, Yellow Quill First Nation, or current permanent employees of the Saskatoon Tribal Council.

THE ORGANIZATION

The Saskatoon Tribal Council's group of companies is dynamic, forward-looking and outcome based. The authority for operating comes from the Chiefs of the seven member First Nations whose leadership is both progressive and accountable. The Saskatoon Tribal Council is known for its sound fiscal and program management capacities and for the services and programs delivered to all members, resident in their community or in the urban centre of Saskatoon.

THE POSITION

First Nations Regional Early Childhood Development, Education and Employment Survey Interviewer expected work opportunity is approximately from May 1 to September, 2014 with training held after exams. The positions (7) will report to the REEES Coordinator. Interviewers will collect the data required for a comprehensive Regional Survey using laptop computers. Data will be primarily quantitative.

DUTIES:

Under the supervision of the STC FNREEES Coordinator, interviewers located and based at community will collect the data as required within seven (7) community First Nations of the Saskatoon Tribal Council.

Specific Duties will include:

- To conduct individual interviews with community members from the Kinistin, Mistawasis, Muskeg Lake, Muskoday, One Arrow, Whitecap and Yellow Quill First Nation communities.
- Record data from individual interviews using a laptop.
- Uploaded completed survey data to the Sask. First Nations server located at the FSIN.
- Required to maintain strict confidentiality and sign an oath of confidentiality
- Other duties as assigned by the Coordinator.

Interviewers will be required to use a computer for recording the results of interviews, and will also be required to participate in training to be conducted on a determined date

QUALIFICATIONS:

- Experience in working with First Nations
- Ability to travel throughout community as required
- Ability to engage individual's interest in the survey;
- Demonstrated computer skills, ability to understand software;
- Must have a valid Driver's license;
- Must own or have extensive access to a reliable car;
- Ability to gain the trust and respect of community members;
- Ability to work independently with minimum of supervision;
- Ability to speak a First Nations language would be an asset.
- Must have ability to meet deadlines and targeted number of surveys per week.

CONDITIONS OF WORK:

The successful candidate for each community must adhere to the policies and procedures as set out by the STC Health & Family Services Inc. and be willing to work flexible hours and to perform duties independently without close supervision.

The compensation will be based on per survey completed plus expenses for mileage based on detailed mileage log.

Please apply by 4:30 p.m., on Monday, April 28th, 2014.



Happy Father's Day *Father's of Whitecap*



Wishing our Dad Willis
Royal a Happy Father's
Day!

We love you very much &
we couldn't have asked for a
more loving, caring & gen-
tle Dad!

Please know that you are
very loved and appreciated
more & more each day.

Lots of love from your
daughters, grandchildren
& great-grandchildren.

HAPPY FATHER'S DAY

To the best dad

& Brothers

In my life

Dad , Ken, Dustin
& Koda

Happy Father's Day
To the Greatest Daddy

In the World

Love
Stephenie & Shelby

Congratulations
Terra!!!



From
Mike, Angie, Stephenie, Shelby
Karen & Kids

WAY TO GO KENNY!!!
YOU DID IT!!!



Deb
& Childs



Happy Birthday to all Celebrating a Birthday in June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11 Happy Birthday Conrad Love Mom & Family	12	13	14
15 Happy Father's Day	16	17	18 Happy Birthday Koda Deb & Childs Happy Birthday Kenneth Nana & Family	19	20	21
22	23	24	25	26 Happy Birthday Dad Stephenie	27	28
29	30					

New Graveyard Cleaning

Sunday, June 29th, 2014

10:00 a.m. – Grave Yard Clean Up

Feast (please bring container)

Everyone Welcome

Rose's Diner & Catering



For your catering needs:

- *Receptions*
- *Lunches*
- *Dinners/BBQ'S*
- *Fundraisers*
- *Birthdays*
- *Special Events*
- *Group Meetings & More*

Call Rose to book your next order

Whitecap Sports Centre

Phone: 306-477-7762

Fax: 306-374-5899

Cell: 306-281-4839

For Your Info

**Canada Post
1-800-267-1177**

**For new address change and
mailbox keys inquiries.**

Would you like to have your Grass Raked?

Or Grass Perfectly Trimmed?



Nick Bear 306-244-0287



PAINTED HAND CASINO 14TH ANNUAL PowWow JUNE 7TH & 8TH, 2014

"HONORING OUR YOUTH"

FARRELL AGENCIES ARENA - GALLAGHER CENTRE
YORKTON, SK

MCs: Howie Thomson & Vince Beyl

Arena Directors: Ron McNab & Terrance Littlelent

Singing Judge: Tim Eashappie

Casino Entertainment

Friday: Jerry Sereda

Saturday: CCR Tribute Band

Grand Entry: Saturday - 12PM & 7PM | Sunday - 12PM

Dance Category	1st	2nd	3rd	4th	5th
Junior (7-12)	\$200	\$100	\$75	\$50	\$50
Teen (13-17)	\$400	\$250	\$100	\$75	\$50
Junior Adult (18-34)	\$800	\$600	\$400	\$300	\$200
Senior Adult (35-54)	\$800	\$600	\$400	\$300	\$200
Golden Age (55+)	\$800	\$600	\$400	\$300	\$200

Competition Drum Singing Contest Over \$20,000 in Prize Payouts

1st	2nd	3rd	4th	5th	6th	7th
\$8000	\$5000	\$3000	\$2000	\$1000	\$900	\$800

SPECIALS

	1st	2nd	3rd	4th	5th
Men's Team Dance	\$2000	\$1200	\$1000	\$600	---
Women's Team Dance	\$2000	\$1200	\$1000	\$600	---
Teen Girls Traditional	\$400	\$300	\$200	\$100	---
Teen Boys Traditional	\$400	\$300	\$200	\$100	---
Men's Chicken Dance - Black Chip	15 chips	10 chips	8 chips	5 chips	3 chips
Ladies Fancy - PHCDC Black Chip	15 chips	10 chips	8 chips	5 chips	3 chips

Keanu Ewack - Noon Honor Dance - Teen Boys Fancy Special 17 & Under

Booths

Craft Booth: \$400 weekend

Contact: Loressa McLeod - 1.306.786.6777

Host Hotel

DAYS INN: 1.306.782.3112 **HOME INN & SUITES:** 1.306.782.7829

Onsite Camping Available - Spaces Are Limited

For More Pow-wow Information Contact:

Painted Hand Casino | paintedhand@sga.sk.ca

306.786.6777

Painted Hand Casino and the Pow Wow committee are not responsible for any injury to persons, damage to or theft of property and destitution. Absolutely no drugs or alcohol allowed.



Play Responsibly

Greater Saskatoon Catholic Schools 2014 SPRING POW WOW “I Belong”



E.D. Feehan Catholic High School
411 Avenue M North

June 11, 2014

8:00 Pipe Ceremony

9:00 a.m. to 11:00 a.m Registration

10:00 a.m Grand Entry

Dance Specials Honorariums

Giveaway

Craft Tables for Rent

Concession on Site

Contact Delvin Kanewiyakiho

(306)659-8700

*M.C's Waylon Badger and Randy Morin
Arena Director: Farron Cheamakese
Host Drum: Young Thunder*



LIVING SKY CASINO & NEKANEET FIRST NATION

PowWow

JUNE 14TH & 15TH, 2014

SIGA TENT AT KINETIC EXHIBITION PARK SWIFT CURRENT, SK

Dancer Categories:

Tiny Tots
Junior (7-12)
Teen (13-17)
Junior Adult (18-39)
Senior Adult (40-54)
Golden Age (55+)

Invited Host Drums:

Young Bear	Poundmaker	Southern Gunz
Young Spirit	Rock Hill	Whitefish Juniors
Wooden Face	Iron Swing	Buffalocalf Crossing

No Drum Contest or Day Drum Money

2014 Dance Specials:

\$3,750 Men's Grass Special
\$3,750 Ladies' Fancy Special
\$5,000 Teen Team Special

Emcees:

Jason Goodstriker
Donny Spidel

Arena Director:

Brad Goodwill
Bobby Badger

Drum Coordinator:

Ivan Lonechild

Veterans who are full members of SFNVA and in uniform will receive honorarium for each grand entry they participate in.



Camping and limited RV spaces available on site.

Tradeshow booths available.

For More Information Contact:

Trevor Marion | (306) 778-5759

trevor.marion@siga.sk.ca

Living Sky Casino



Muskeg Lake Cree Nation

22nd Annual Traditional Veterans Memorial Powwow

July 5 & 6, 2014

Host Dancers	Grand Entry	Arche Directors
CCR	Saturday July 5 th , 2014 – 1pm & 7pm	Brent Dillon
Cree Spirit	Sunday July 6 th , 2014 – 1pm & 7pm	Youth of MLCN
Yellow Horse	Dancers paid once daily	<u>MC's</u>
Big River Cree	\$10,000 in Specials	Sanford Strongarm
Singer's bring own chairs	Men's Traditional	Cal Arcand
Drums must be attended at all times	All Age-Children	<u>Sound</u>
	T.B.A	Vern Chocan
	Canoe & Canoeing Sunday	
	Widows will be paid once daily	
	24 hour security	

DRUGS AND ALCOHOL will not be tolerated
 Concessions on site – All vendors must register. Firewood, water, campfires on site.

Powwow Committee & Muskeg Lake Cree Nation are not responsible for injury, damage or theft.
 For more information, contact:
 Adren Dean Laford – 306-466-6536
 Alex Arcand – 306-466-7244
 Anna Laford – 306-344-5813

Princess/Little Warrior Pageant

Arche Family Memorial \$10,000.00
 Men's Entry Bonus Special



Private Joseph Olmstead
 1919-1943
 A.I.A. December 7th, 1943

**Celebrating the 16th Annual
Northern Lights Casino
Thanksgiving Pow Wow**

October 11th & 12th, 2014
Art Hauser Centre, Prince Albert Saskatchewan

Saturday	Sunday
Registration Opens - 9am Grand Entry - Noon Grand Entry - 7pm Dance Categories Tiny Tots Junior(7-12) Teen(13-17) Jr. Adult(18-39) Sr. Adult(40-54) Golden Age(55+) Singing Contest \$5500, \$3500, \$2000, \$1500, \$1000, \$800, \$500	Grand Entry - Noon Giveaway (after Intertribals) Princess Pageant Miss Tiny Tot (5 and under) Miss Junior (6 to 12) Miss Teen (13 to 17) • Tiny Tots paid daily • Veterans paid per Grand Entry • Non Competing drum receive day money • Daily Host Drum

Specials Over \$25,000 in prizes
Women's Jingle ~ Women's Fancy ~ Men's Grass
Men's Fancy Dance Spotlight Special

For more information contact:
Richard Ahenakew -
Powwow President
306-764-4777
www.northernlightspowwow.com

Alcohol & Drug Free Event
Security, First Aid
& City Police on site.