

MAGA OKADA WI - APRIL 2014



WAPAHASKA



DAKOTA WOTANIN



**WaPaHaSka
Dakota Wotanin**
will be posted to the
website on the first
business day of the month
www.whitecapdakota.com

REMINDER:
THE NEXT DAKOTA WOTANIN
SUBMISSION DEADLINE IS
April 30th, 2014 @ NOON

Forward Submissions to:
BOReception@whitecapdakota.com
or call 306-477-0908
Thank you.

WHITECAP DAKOTA FIRST NATION
182 CHIEF WHITECAP TRAIL
WHITECAP SK S7K 2L2
TELEPHONE: 306-477-0908
FAX: 306-374-5899
www.whitecapdakota.com

DAKOTA WOTANIN

Maga okada wi —April 2014

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**NEXT ISSUE:
THURSDAY,
MAY 1, 2014**

Upcoming Committee Meetings

Chief & Council Meeting

Monday, April 7th, 2014 at 8 A.M. - Noon
Executive Boardroom

Elders Luncheon Meeting

Monday, April 7th, 2014 at Noon
Sports Centre Lunch Provided
Please contact Whitecap Dakota Band Office
If in need of Transportation

WHITECAP EMERGENCY DIRECTORY

Fire Emergency	Medical Emergency
Major Fire: 911	Contact MD Ambulance Dispatch: 911
Contact Saskatoon Fire Dept. Dispatch: 911	
Arnold Stone: 306-290-2760	
Policing Services	Child Protection Services
Emergency: 911	
Complaints & Inquiries: RCMP Only 306-310-7267 or 306-975-5173	STC CFS: 1-866-871-4237
Crime Stoppers 1-800-222-8477	
Self Help & Other	
Health Line: 1-877-800-0002 The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.	Suicide Crisis Line: 306-933-6200 Poison Control Centre: 1-866-454-1212 Problem Gambling: 1-800-306-6789
	Medical Taxi Transportation: 373-4600 Monday to Friday – 8 a.m. to 4:30 p.m. For afterhours call MD Ambulance Service: 911
SaskEnergy Natural Gas Emergency & Safety 1-888-700-0427	SaskPower Outage Reporting Call No Charge: 306-310-2220



Whitecap Dakota First Nation COMMUNITY ADVISORY COMMITTEES

EFFECTIVE JUNE 3, 2013

Education, Culture & Recreation Advisory Committee

Justice Advisory Committee

Membership Committee

Members:

Debra Moccasin
Gord Ouellette
Kevin Littlecrow
Roberta A. Bear
Willis Royal

Chairperson: Roberta A. Bear
Councillor Frank Royal, Ex-officio

Lands Advisory Committee

Self Government Advisory Committee

Members:

Colette Eagle
Elmer Eagle
Heather Buffalo
Melvin Littlecrow
Verna Buffalo
Vivian Anderson

Chairperson: Heather Buffalo
Chief Darcy Bear, Ex-officio

Housing & Public Works Advisory Committee

Health & Social Advisory Committee

CFS Advisory Committee

Members:

Arnold Stone
Crystal Buffalo
Janice Daniels
Loretta Whitecap Brown
Melvin Littlecrow
Nancy Linklater
Sandra Daniels

Chairperson: Janice Daniels
Councillor Dwayne Eagle, Ex-officio





NOTICE

**Please be advised that the Band Office,
Business Centre, Housing & Public Works,
Health Centre and Children's Center will be**

Closed

From 3:00 PM, Thursday, April 17th, 2014

THROUGH TO

Friday, April 18th, 2014

(Good Friday Stat Holiday)

AND

Monday, April 21st, 2014

(Easter Monday Holiday)

~~~~~

**Normal business hours will resume at  
8:00 a.m. on Tuesday, April 22<sup>nd</sup>, 2014**

**WHITECAP DAKOTA ELEMENTARY SCHOOL****Jeff Shepherd—Principal**

Dear Parents/Guardians:

It was nice to see all the parents/guardians and students attend three-way conferences. Students have shown lots of growth over the year and I look forward to the June report cards and all the progress that students will show. If you were unable to meet with your child's teacher please call the school and re-schedule a time that works. Setting some goals between now and June will help in your child's academic growth.

On Thursday, April 3<sup>rd</sup>, we are having a progressive supper and tour of three Saskatoon Public Elementary schools. As we prepare to transition 2013-14 grades 4-7 students for next year, both parents and students can take part in a tour of three different Elementary Schools. Representatives from the School staff and School Community Council will be on hand to welcome our parents and students. If you require transportation, Elmer will be driving the bus, leaving the school at 4:30 and returning to Whitecap after 8:00.

The majority of our classes have partnered up with Caswell school and either gone to Regina to visit the Royal History Museum or gone to Moose Jaw and toured the Tunnels. Lots of learning and fun has been had and our students have done a good job of representing our school and community.

On Thursday, March 20<sup>th</sup>, the school hosted the Spring Pipe Ceremony and Feast. Thanks to our Elders and Chief & Council for leading the ceremony. Three of our students had the opportunity to be a part of Wahpeton's drum group. A great meal was had by all. Thanks to all the family and community members who attended the Ceremony and feast.

This past week was the last week for our two Social Work students. Tyronne Graham and Ryan Bilanski had spent two days a week for 10 weeks working with our students and being a part of the school community. During their time they had the opportunity to work alongside Lisa Chapman, Health Center staff, individual students and create 3 boys clubs. These boys' clubs met at lunch and talked about respect, friendship, fair play, sportsmanship along with participating in fun activities. A big thank you to Ryan Bilanski who thru a donation by a nonprofit company called "Right to Skate" and Nine Times Skateboard shop, donated 5 brand new skateboards with a retail value of \$175.00 each. The following students' names were drawn and each won a skateboard: Bryton Disain, Antonio Bird, Colby Bear, Levi Thomas, and Donovan Pelly. We hope the boys enjoy skateboarding along with wearing proper safety gear.

Unfortunately, due to a very low response we will not be having our "Cyber Bullying Presentation." Constable Ashley Baker will present to our grade 3-6 students on Friday, April 4<sup>th</sup> at 1:00. She will talk about "Cyber Bullying," and Social Media and let kids know how to be safe while searching the web. Attached to this newsletter is a pamphlet for parents/guardians to look through. Please take some time to review the booklet with your child. If you have any questions please call the school.

We are continuing to show great results with our ST Math program. Please remember that students can log in at home and work on the program. Congratulations to those ST Math/ Dakota Eagle monthly award winners. Your hard work is paying off.

Our Traditional song and dance has come to an end. Thank you to Sheldon Buffalo, Kenny Eagle Jr., Lawrence Roy, Debra Moccasin and Patti Yuzicappi-Buffalo for helping out. We are having a celebration on Wednesday, April 9<sup>th</sup> to showcase our students dancing from 11:00-12:00.

The grade 4-6 students have only 3 more swimming lessons left. The grade 1-3 students will begin swimming on Friday, May 9<sup>th</sup>.

Staff will be conducting a variety of assessments soon. Individual DRA will be completed on each student. We look forward to seeing the growth within individuals reading levels. Traditionally the grade 3 & 5 students completed a fall and spring CAT testing. This spring kindergartens to grade 6 students will be completing CAT testing.

Our afterschool clubs will be changing soon. Thanks to Russ Regier who shared his passion for Ukuleles and taught some of our students how to play. Thanks to Move N Soar for coming out and delivering a Zumba Fitness class for our kindergarten to grade 3 students. We continue to offer ST Math four days a week after school.

The last day of classes before the break is Thursday, April 17<sup>th</sup>. Classes resume Monday, April 28<sup>th</sup>. Have a safe and relaxing Easter break. Hopefully the warm weather will be here to stay.

Pidamaya,

Jeff Shepherd  
Principal

[The following story won an STC Contest to name and provide a story for the STC Mascot]

## Story of Max “The Rez Dog”

By Tallyn Eagle (Grade 5, Whitecap Elementary School)

This is the story of Max “The Rez Dog.” He is a young, energetic dog and is determined to change his family’s story.

He wants to do this by staying in school and getting good grades. He wants to finish high school and graduate. After graduating he wants a higher education. His dream is to be a teacher in his local school. He wants to reach as many kids with his message: “Stay in school to achieve your goals.” He wants to help students realize they can make positive choices in life.

Max “The Rez Dog” was born on a cold winter night, behind the fence of an old abandoned building on the outskirts of his reserve. He remembers the cold and his mother struggling to keep him warm. He had six other siblings born that same night, but only three of them survived.

The following days and weeks were very difficult. Food was scarce and the cold was almost unbearable without his mother to keep them warm.

On one particular night in March he could hear his mother barking on her way back home. He then heard a noise that was very loud, a noise he had never heard before. It only lasted a second: Bang, then nothing. His mother never barked back and she never returned home again.

It was now the middle of April; it had been a tough month without his mother. Max’s other siblings were gone, he didn’t know where they were or if he’d ever see them again. Max was all alone.

One warm, sunny day that all changed. A little girl named Elizabeth was walking by the building where Max was living. Elizabeth found Max and fell in love with him. She took him home. Elizabeth’s mom said she could keep him but first a trip to the vet.

In the next few months Max gains weight and is healthy. Elizabeth loves to play with him, walk him, give him baths and brush him. One day Elizabeth and her mom decide to put him in school.

Max loved school. He learned how to be respectful to others, kindness, to always try his best and the value of hard work.

Max overcame his circumstances and became a stronger dog because of it. He wants others to learn that it doesn’t matter where or what you come from. You have the power to change it.

Believe in yourself, stay in school and make your dreams come true.





**WHITECAP ACADEMIC COACH****Verna Buffalo—Academic Coach**

**Han, Tuwe owas tanyan ya unpi kta hecen wacin cici yuza pi:**

Tutoring is available to all Grade 4 to 12 students on Tuesday and Thursday evenings, **new time 6:30 – 8:30 PM** in the Whitecap Elementary School Library; adult learners are also welcome to utilize this time to complete assignments, research papers or study for exams.

In Career Education, students will begin learning about the various occupations, jobs and careers; also the importance of education and the inter-relatedness of life roles. We will also continue work on character education and life skills for the older students. For any questions or concerns, please contact me at the Whitecap Elementary School, 306-477-2063.

Pidamaya,  
Verna Buffalo  
Academic Coach



**WHITECAP STUDENT ADVISORY COUNSELOR****Camay Coghlan-Cameron - Student Advisory Counselor**

Greetings Parents and Guardians,

I hope you are enjoying the long awaited spring weather! It is a very busy time of year for most students and Mid term report cards should be issued mid month for the High School students.

This week there is a Progressive Supper and School Tour booked for Whitecap families on **Thursday April 3<sup>rd</sup>, 2014**. Whitecap families have been invited by the John Lake, Queen Elizabeth, and Buena Vista Saskatoon Public Schools to tour the three schools. Grades 4 to 7 are invited to see the schools firsthand. There is free transportation available for this tour, a bus will be available at the Whitecap School at 4:30. The tour starts at 5pm at the John Lake School, this tour will include appetizers and a main course. Please join us to preview these schools and to see the schools firsthand. Please feel free to contact myself with any questions or concerns.

The next Student meeting is scheduled for **Thursday April 10<sup>th</sup> at 4pm** at the Whitecap Health Center in the Community kitchen. We are cooking Bannock dogs and meeting to plan year-end events. I encourage grades 6 to 12 to attend. Please come join us for supper, games and a short meeting. Kim Buffalo and Verna Buffalo will be assisting and participating in this meeting with us.

I have truly been enjoying meeting students and speaking with parents. This position has been a challenging and demanding position and I feel I have grown personally and professionally because of the unique demands of this position. I am always interested in better meeting the academic needs of students and I encourage families and students to contact me if there are any supports or concerns that I can address. Thank you again for your support! I look forward to seeing families and students at the Progressive supper tour and student meeting!  
Kitchi Meegweech!

Pidamaya!

Camay Coghlan-Cameron  
Student Advisory Counselor  
(306)370-2228

**WHITECAP ADULT EDUCATION**

**Monica Kreiter, Program Coordinator**  
**Great Plains College, Outlook**

**GREAT PLAINS COLLEGE WHITECAP ABE**

What a great job to have here at Whitecap! To be a part of the learning the adult students are doing, and the success they are experiencing, is very rewarding. The second round of GED exams will be in Rosetown on April 9<sup>th</sup>. Three students have the opportunity to earn their full GED 12 at that time. That would be remarkable as they started on September 16<sup>th</sup>! Other students will hope to pass one or two more and leave the dreaded math test for later on.

One grade 12 student is continuing her Adult 12 courses and is doing very well. In this second semester her Foundations 30 mark is over 90% and the ELA 30 mark is around 85%. Awesome! Two other grade12's are carrying on with courses or upgrading.

The Career Expo we all went to was very informative, even enjoyable. Students were able to connect with post-secondary institutions and companies looking for future employees. SaskPower had a booth and we are arranging for the SaskPower Aboriginal Liaison Coordinator to come to our classroom Tuesday, April 2 . He will provide information about careers with SaskPower. If a member of the community would like to attend, call Kevin at 227-9590 to confirm the time on April 2<sup>nd</sup>. We hope it would be at 11 am.

While the courses studied here are sometimes challenging, students who attend and work hard are having success not only with their GPC studies but with opportunities after graduating. So, what's happening and where are they now?

**Desmond Joyea-** came back to class to sharpen some math and English skills and now has passed his entrance test for Business Administration. Great news!

**David Stone-** graduated last year with his Adult 12 and has now been accepted to the welding program at SIIT. Awesome!

**Shawn Eagle-** graduated last year with his Grade 12 and successfully completed the first year of the electrician course at SIAST Kelsey. Sean just has been hired as an apprentice by Shaughnessy Electric. Perfect!

**Ken Eagle-** will soon graduate from the GED 12 program and has already applied to the electrician's course at Kelsey. Ken also was just offered a position at the golf course. Excellent!

**Sandra Buffalo-** a GED-12 grad last fall, has been hired by Dakota Dunes casino. Congratulations!

Kevin Golding  
GPC Whitecap Instructor

Robin Severson  
Educational Assistant

Monica Kreiter  
Student Advisor



Happy St. Paddy's Day!



Taking a break on the deck.



Just smiling and learning!



With the Career Expo mascot!



## **WHITECAP NEWSLETTER SUBMISSIONS**

### **March 28, 2014**

### **CONGRATULATIONS GRADUATES!**

ABE Graduation is May 14, 2014 and the community graduation will follow in June.

Students who are returning next year to school at the Fire Hall: please get your applications in by April 30.

New students should apply early for admission if they wish to get a place in the program. Applications for admission to ABE next year are available from:

- the Fire Hall
- the Band Office
- Jackie Pilon at the Business office

### **EARLY CHILDHOOD EDUCATION**

Great Plains College is pleased to offer the following part-time ECE class this spring.

#### **HUMD 100: Child and Adolescent Development**

Saturday 9-3:30, Wednesday evenings 6-9 pm

May 3, 14, 17, 28, Jun 7, 18

For more information or to register, please contact Warman Campus at 242-5377.

### **EDUCATIONAL ASSISTANT: 8-month certificate**

Learn to assist the classroom teacher with elementary and secondary-aged students in the K-12 school system. Full-time and part-time options are available. Call 242-5377 or drop into the Warman Campus (201 Central St) or visit our website at [greatplainscollege.ca](http://greatplainscollege.ca) for more information.

### **HEAVY EQUIPMENT OPERATOR TRAINING**

Great Plains College will create a mobile simulation lab for its Heavy Equipment Operator (HEO) training program to help meet increased demand for skilled graduates thanks to federal funding of \$230,000.

With this investment, Great Plains College will purchase the simulator equipment for mobile labs including grader, excavator, loader, dozer and scraper simulators. The equipment will be used

for year-round training and will be housed in customized trailers that can travel to the college's satellite campuses, employer job sites and anywhere there is a need in the province. Through a partnership, Kramer Ltd. will fund the installation, training and construction costs for the program.

**HEO is a six-week program that combines practical experience and classroom theory. Programs will run in:**

- **Swift Current from May 5-June 13, 2014, and;**
- **Biggar from June 16-July 25, 2014.**

## **WARMAN CAMPUS OPEN HOUSE – APRIL 9**

Drop by Warman Campus and meet with a student advisor or staff member to find out more about what the college has to offer.

Refreshments, campus tours, information on scholarships, financial aid and the application process will be available.

Location: Warman Campus – 201 Central Street

Date: Wednesday, April 9

Time: Drop in between 6-8 PM

## **OUT AND ABOUT**

We will be hosting or participating in a number of recruitment, community and fundraising events in early 2014, with many more to come.

- Apr. 4-5 - Sun West School Division Student Leadership Conference (Loreburn)
- Apr. 8-9 Contact 2014 -Careers what's trending! (Saskatoon)
- Apr. 9 - Great Plains College Warman Open House (Warman)
- Apr. 11 - Skills Canada Saskatchewan Provincial Skills Competition (Prince Albert)
- Apr. 30 – Rest & Rejuvenate Employee Appreciation Luncheon (Rosetown)
- May 2-3 - Martensville Business Expo (Martensville)
- May 2 – SunDogs Auction Extravaganza (Swift Current)
- May 6 - Sunwest School Division Roads to Success Career Fair (Rosetown)

## **YOUTH CARE WORKER PROGRAM**

Seats are still available for the Youth Care Worker program at Warman Campus. Learn about the various aspects of children's growth and development and how to develop therapeutic relationships with children, youth, their families and other informal helpers. Enter the workforce or apply your certificate toward a diploma or degree in social work. Apply today for September entry!

# APRIL 2014



| SUNDAY              | MONDAY                         | TUESDAY                                                   | WEDNESDAY                      | THURSDAY                                                  | FRIDAY            | SATURDAY |
|---------------------|--------------------------------|-----------------------------------------------------------|--------------------------------|-----------------------------------------------------------|-------------------|----------|
|                     |                                |                                                           |                                |                                                           |                   |          |
| 6                   | 7<br>ABE Class<br>9 am - 3 pm  | 8<br>ABE Class<br>9 am - 3 pm<br>HUMD 100<br>5:30 - 8 pm  | 9<br>ABE Class<br>9 am - 3 pm  | 10<br>ABE Class<br>9 am - 3 pm<br>HUMD 100<br>5:30 - 8 pm | 11                | 12       |
| 13                  | 14<br>ABE Class<br>9 am - 3 pm | 15<br>ABE Class<br>9 am - 3 pm<br>HUMD 100<br>5:30 - 8 pm | 16<br>ABE Class<br>9 am - 3 pm | 17<br>ABE Class<br>9 am - 3 pm<br>HUMD 100<br>5:30 - 8 pm | 18<br>Good Friday | 19       |
| 20<br>Happy Easter! | 21<br>NO SCHOOL                | 22<br>ABE Class<br>9 am - 3 pm<br>HUMD 100<br>5:30 - 8 pm | 23<br>ABE Class<br>9 am - 3 pm | 24<br>ABE Class<br>9 am - 3 pm<br>HUMD 100<br>5:30 - 8 pm | 25                | 26       |
| 27                  | 28<br>ABE Class<br>9 am - 3 pm | 29<br>ABE Class<br>9 am - 3 pm<br>HUMD 100<br>5:30 - 8 pm | 30<br>ABE Class<br>9 am - 3 pm |                                                           |                   |          |

NOTES:



## WHITECAP CHILDREN'S CENTRE

### Myrtle Vandall—Manager



**Han! Parents, Grandparents, and Guardians,**

Happy Birthday to **Mai, Marcus** and **Kenzie**!! We will be celebrating their birthdays though out the month with angel food cake, berries and ice cream! And their very own birthday hats.

The Whitecap Children's Centre would like to say a tearful goodbye to **Mia** and **Dani** at the end of this month. You will be missed dearly!

The Children's Centre is currently accepting applications for Child Care for the pre-school aged children. We have **three** spots available for the pre-k room, your child must be 28 months old. The Infant –Toddler room has **one available** spot. Please register your child ASAP to ensure a reserved spot on the waiting list for upcoming months.

The ECE staff have been practicing brushing their teeth with children and now have incorporated into our daily routines. Please help us encourage your children to continue to brush their teeth. Ask your children to see their shiny and sugar bug free teeth. Let them know how great they are doing at brushing their teeth😊.

We will also be providing some informational Vision Care pamphlets to parents regarding: the importance of eye exams, a child's visual milestones, common vision problems and what is involved in an eye exam. "Vision is one of the most important senses for a Child's development. Roughly 80% of what children learn is gained through vision, so it's important to start early to ensure that children have healthy eyes." Children and Their Vision.

This month we are teaching the children Dakota words:

**Moose – Ta**  , **Fish –Hoga**  , **Family –Ti wa he** 

We would also like to give a special thank you to **Vivian Anderson** for providing the Children Center with the translations of the following words into Dakota.

Thank you Public Works for fixing our Infant and Toddler room's sand table and Tippi!!! Now the Children can enjoy playing with them safely.

Thank you parents for attending the informational Aboriginal HIPPY program session last month. Thank You STC & Janine Ahenakew for presenting it.

We will be teaching the word thank you in Dakota – Pidamaya. Three of the children graduated to child size table from the infant table. We love hugs in our room !!! We will also be organizing a Bus Field Trip sometime this month.

Last month Charmaine Stone, Cathy Eagle and Myrtle Vandall attended a Preschool Play and Exploration phase 1 workshop. We gained a greater understanding of creating a holistic responsive environment. The pre-k room will be incorporating this concept "holistic responsive environment" by revamping the Pre-K room. You may have noticed some changes we have already made! For instances the pole trees, the children are helping the staff make out of paper mache and tree branches.

**Friendly reminder:** Please send your child with an extra pair of clothing, we tend to get messy with some of our planned activities, melting snow /mud and accidents. Rubber boots are a must 😊 .

**DO YOU LOVE CHILDREN???** The Whitecap Children's Centre is currently looking for sub/casual workers. Interested applicants require a Criminal Record Check. First Aid/CPR would also be an asset. If you are interested please call Myrtle Vandall at 477-2086 or drop by the Whitecap Children's Centre.

We would like to remind families that the **Whitecap Children's Centre will be closed** Thursday, April 17, 2014 At 3:00p, Friday, April 18, 2014 ( Good Friday Stat Holiday ) Monday, April 21, 2014 (Easter Monday Stat Holiday). We will reopen as usual on Tuesday, April 22<sup>nd</sup>, 2014.

Here are some pictures from the Field trip Museum of Natural Science!!!

**Submitted by Myrtle Vandall Manager, Whitecap Children's Centre**

## **Programs Provided at the W.C.C**

**Aboriginal Headstart on Reserve:** 6 components –Culture and Language, Education, Health, Nutrition, Social Support, Parental and Family Involvement.

**Moe the Mouse** is an early language and literacy program. Teaches the importance of imaginary play, literacy, and teaching Dakota words.

**Kinder Music:** The children channel their creative side through music, and help develop gross and fine motor skills. The program consist of a facilitator and materials where the children learn to appreciate music, dance and play.

**Nutrition:** We follow the Aboriginal Canada's Food Guide; a 4 week planned Nutritious Menu. Healthy eating, healthy snacks/food, food security, traditional foods; dietician support.

**Culture:** Dakota Language, Moe The Mouse, Music, Drum, Talking Circle, more to come: pow-wow dance. Elders & staff who speak Dakota with children

**Field Trips:** Pumpkin Patch Maze, Splash Park, Fun Factory , forestry farm, Museum of Natural Science, Pooh Corner, Children Museum. (Parents are always welcome to join)

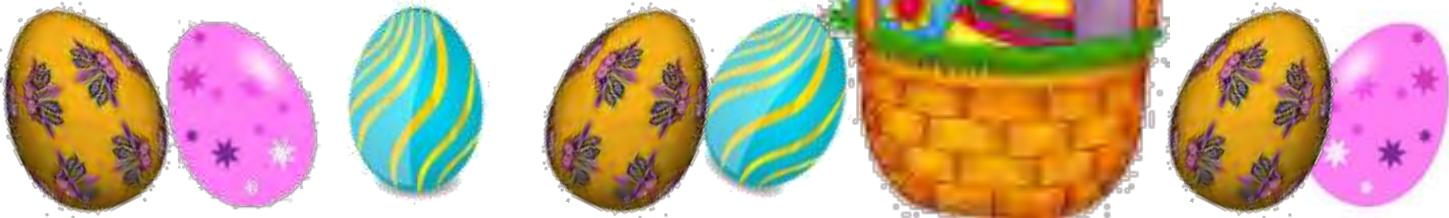
**Celebration:** Thanksgiving dinner, Parent's Christmas Party, Halloween Party, Summer activities (Informal parent/family activities)

**Health promotion** : physical activity, self-care, oral health, immunization, safety and screening for: development, behavior, speech, hearing & vision.

**Social skills:** teaching children positive interaction with their playmates, building positive relationships with peers and ECE, manners, taking turns, empathy, caring, loving, etc..

**In And Outdoor Activities:**

And others ...



## WHITECAP IRA NEWS

### Sheila Caisse - IRA

 **March 31, 2014**

Read on for important updates and reminders regarding Membership  
Information from your Indian Registry Administrator (IRA) – Sheila: 477-0908.

#### NEW PARENTS

Expecting a child soon or already have a newborn?

- ❑ Please call or come and see me as soon as possible after your child is born so we can discuss the eligibility for registration and prepare to fill out forms.
- ❑ Step 1: you will need your child's birth document:
  - a) As your IRA, I may request a "birth extract" from the AANDC on behalf of Members for registration purposes. Therefore, please allow me to put forth this request before you spend the fee to order a birth certificate. [These are usually only available in their system for newborns.]
  - b) If a birth extract is not available as in a) above, you will need to order your child's original birth certificate from eHealth Saskatchewan (Vital Stats). See below for more information about eHealth.
- ❑ Step 2: complete an application for registration form and submit the original form (signed by both parents) along with original birth document to me for processing.
- ❑ Step 3: wait for correspondence from AANDC regarding application status. Once the registration is complete, AANDC will send you a letter confirming your child's registration.

#### NEW FORM AND ADDRESS TO ORDER BIRTH CERTIFICATES from eHealth Saskatchewan

- You may pick up a form at the Band Office or print one online from: *(note new website address)*  
<http://www.ehealthsask.ca/vitalstats/Pages/default.aspx>
- You now have the option to order online; you must have a valid credit card to process your order online. If you do not, you will need to submit your order using the manual forms-based process.
- **Note:** please ensure you order the **long form** birth certificate as it states the parent's names and this is an absolute requirement for the 'registration as an Indian' process and it will be too for the new SCIS cards
- The forecasted turnaround time is **12 business days** (fee is \$25)
- **Priority Service** is **5 business days** (costs an extra \$30 for this service)

#### REQUESTS FOR STATUS NUMBERS

- IRA's may not release a member's status number over the telephone; however, the member may come into the office to see the IRA in person, show identification, then the IRA can release the member's or their child(s) status number.

#### STATUS CARDS

- Just a friendly reminder that I do not accommodate walk-in requests for status cards as I have other responsibilities besides IRA duties. Please call me ahead of time if you wish to make an appointment for a status card. Thanks for your cooperation.

#### UPDATE ON SCIS (Secured Certificate of Indian Status) card

- I recently attended an IRA workshop and was informed that AANDC still does not know when the new SCIS status cards will be rolled-out at the Community level.
- Applications for the new SCIS cards are being processed at the AANDC offices in Prince Albert or Regina.
- AANDC is now accepting applications for SCIS by mail; please refer to website for the application form(s) and process: [www.aadnc-aandc.gc.ca](http://www.aadnc-aandc.gc.ca) (search SCIS)
- Registered Indians 16 years of age and older need to provide the following: Completed SCIS Adult Application; Original long-form birth certificate; (2) passport style photos; valid I.D.; Guarantor declaration

**WHITECAP TOTAL POPULATION: 617** 

## WHITECAP BUSINESS CENTRE

### Whitecap Business Centre

189 Chief Whitecap Trail

Monday to Friday

8 A.M. – 4:30 P.M.

Phone: 306-477-0908

Fax: 306-373-6359



### Whitecap Business Centre

Darrell Balkwill

Dalyn Bear

Jackie Pilon

### Department

Director, Economic, Development

Lands Manager

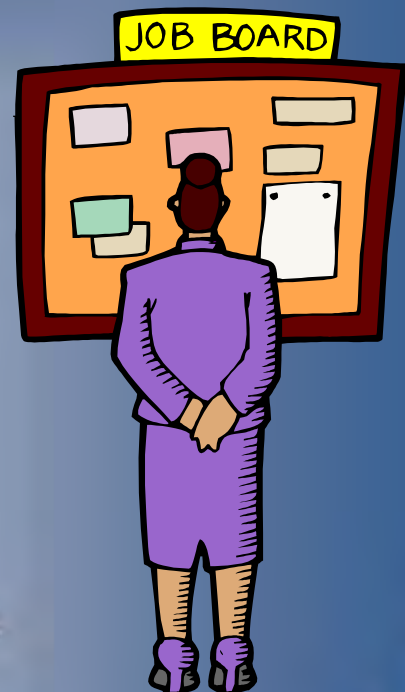
Business Development Manager

### The Job Board is now at the Whitecap Business Centre

*Come by to see if there are opportunities for you!*

The public computer that was in the copy room at the Band Office is now available for Band Members to use at the Whitecap Business Centre. We have added another work station to use as well for exploring your education and career opportunities. Please read the Computer Usage Policy and sign in to use the computers!

**Monday and Friday**  
Hours are 8:30 A.M. – 11:30 A.M.  
and 1:30 P.M. – 4:00 P.M.



# WHITECAP HEALTH & SOCIAL DEVELOPMENT



## Whitecap Health Centre

316 Moose Woods Drive

Whitecap SK S7K 2L2

Phone: 306-373-4600

Fax: 306-343-8855

| Whitecap Health Centre                                                                                              | Department                                         | Extension |
|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|-----------|
| Victorine Royal<br><a href="mailto:vroyal@whitecapdakotahealth.com">vroyal@whitecapdakotahealth.com</a>             | Administration/Medical Transportation              | #221      |
| Sheryl Buffalo<br><a href="mailto:sbuffalo@whitecapdakotahealth.com">sbuffalo@whitecapdakotahealth.com</a>          | Maternal Child Health                              | #223      |
| Jeannie Coe                                                                                                         | Nurse Practitioner                                 | #224      |
| Maryline Gladue<br><a href="mailto:mgladue@whitecapdakotahealth.com">mgladue@whitecapdakotahealth.com</a>           | Home Health Aide                                   | #225      |
| Amber Clark<br><a href="mailto:aclark@whitecapdakotahealth.com">aclark@whitecapdakotahealth.com</a>                 | Family Prevention Support Worker                   | #226      |
| Tony Roulette<br><a href="mailto:troulette@whitecapdakotahealth.com">troulette@whitecapdakotahealth.com</a>         | Wellness Worker                                    | #227      |
| Roberta Fiddler<br><a href="mailto:rfiddler@whitecapdakotahealth.com">rfiddler@whitecapdakotahealth.com</a>         | Community Justice Worker/<br>Acting Health Manager | #229      |
| Vacant                                                                                                              | Recreation Coordinator                             | #230      |
| Vacant                                                                                                              | Manager, Health & Social Development               | #231      |
| Maternity Leave                                                                                                     | ICFS STC                                           | #233      |
| Arlene Peeteetuce<br><a href="mailto:apeeteetuce@whitecapdakotahealth.com">apeeteetuce@whitecapdakotahealth.com</a> | Community Health Nurse                             | #254      |
| Whitecap Dakota Elementary                                                                                          | Counselling                                        | #256      |

# NOTICE

NEW INFO

## Changes to Health Canada Medical Transportation

Effective **January 1, 2013**, **all** requests for Medical Taxi Transportation including Private Vehicle **must** be pre-approved by the newly created Health Canada (Non-Insured Health Benefits) Call Centre **before** a medical taxi can be booked.

***The WDFN is not responsible for approving Medical Transportation requests. All the WDFN is responsible for is to make the transportation arrangements after the transportation request is approved by Health Canada.***

## Reminder to All Medical Taxi Transportation Users:

### Two-Day Notice

- Please be reminded that a **two business day notice is required** if you need to utilize the Medical Taxi Transportation. **Please keep in mind that this does not include Saturday & Sunday.**

### Cancellations

- If you need to cancel your medical taxi, please call the Health Centre as soon as possible but no later than two hours before your scheduled pick up.

### Medical Emergencies

- If your condition is of an urgent nature (medical emergency), call 911;
- Notify the Health Centre so that the Health Canada Call Centre can arrange for medical transportation upon discharge if there are no other means of travel (someone to drive you home) back to Whitecap.

### \*Cab Sharing & Coordination

- Keep in mind that you may be sharing a cab with others who have the same appointment time(s) and you should expect to return together. All appointments will be coordinated accordingly and approved by NIHB (Health Canada).

### Signatures

- Doctors/health care providers and clients need to sign and date the appointment slip issued.



Get  
Appointment



Make the call  
306-373-4600  
Two-day Notice  
For Medical Taxi



Ready for  
Medical  
Taxi

# Clinic After Hours Schedule

## SERVICES AVAILABLE

### WHAT IS A NURSE PRACTITIONER?

A Nurse Practitioner is a registered nurse who works in a Primary Health setting, has additional education and training, writes a national qualifying exam and is licensed by the Saskatchewan Registered Nurses Association as an independent practitioner.

### WHAT CAN A NURSE PRACTITIONER DO?

- Can diagnose and treat common medical illnesses, chronic medical conditions such as diabetes or COPD.
- Can order tests such as laboratory tests, x-rays, and ultrasounds
- Perform common procedures such as removal of moles, excision and drainage of abscesses and suturing of simple wounds (cuts).
- After assessment, prescribe medications (except narcotics)
- Provides education, injury prevention & health promotion.



## AFTER HOURS NURSE PRACTITIONER SCHEDULE

**Monday Hours : 12:00 PM—7:00 PM**

***Closed on Weekends & Statutory Holidays***  
*(Jeannie will also be available to take appointments during regular clinic hours Tuesday—Friday 9:30 a.m.—4:15 p.m.)*

- To secure an appointment for the after hour service call the Health Centre.
- If unable to keep this appointment, kindly give 24 hours notice.

**\*PLEASE BRING YOUR SASKATCHEWAN  
HEALTH CARD**

**Call the Health Centre to book  
appointments.**



**Whitecap Health Centre**  
Jeannie Coe  
Nurse Practitioner

316 Moose Woods Drive, Whitecap SK

Tel 306.373.4600

Fax 306.343.8855

## Home Health Aide – Maryline Gladue

My name is Maryline Gladue and I will be working in the community as the Home Health Aide on a term position until the end of June 2014 when Katlynn Henderson returns from her maternity leave.

I am very excited and looking forward to meeting and introducing myself. I am a Certified Nurses' Aide with approximately 10 years' experience. My plan is to be working Tuesday & Thursday. I will do my best to support the needs of the community. I will be working only two days a week.

Thank you.





## Privacy and your Electronic Medical Record

Whitecap Dakota First Nation and Saskatoon Health Region are working together to deliver your health services at the Whitecap Dakota First Nation Health Centre. To improve the quality of your health care, an Electronic Medical Record (EMR) secure computer program now stores your personal health information. The EMR system has been in place at the Whitecap Dakota First Nation Health Centre since July 31, 2013 but similar systems have been successfully used in Saskatchewan since 2009.

### **Why use EMR?**

The EMR system provides better security of your health information than paper charts and files. EMR also makes health records easy to read and improves efficiency in the delivery of your health services.

### **What personal health information is collected?**

The same information routinely entered in a medical chart is now stored in your EMR. This includes things like:

- Name, address, date of birth
- Health services number
- Status number
- Medical history, treatment notes, prescriptions, lab test results

### **Who has access to EMR?**

Only health care providers directly involved in your care have access to your health information.

Each provider is permitted access only to the portions of your health information appropriate to the level of care they are providing. For example, nurses see medical information while receptionists do not. Receptionists that book appointments have permission to access only information such as your name, address, date of birth, status and health services number.

### **Is EMR information secure and confidential?**

Yes. All Whitecap Dakota First Nation Health Centre employees sign legally-binding confidentiality agreements and take great care to protect your personal health information. Your health information is only shared with another health care provider if they are granted permission to access this information and if they are directly involved in your care.

Each health care provider is given a unique password so that access to your EMR is permanently tracked in the system with the time, date and the name of the person who looked at your information. Random audits are conducted on the EMR system to further ensure its appropriate use, and to deter any "snooping around". Your EMR is not stored on any local computers at Whitecap Dakota First Nation Health Centre.

### **If you have questions, contact:**

Roberta Fiddler  
A/Health Manager  
Whitecap Dakota First Nation Health Centre  
316 Moose Woods Drive  
Phone: 306-373-4600



## Protect the young—Parents are partners in preventing the flu

Did you know that even in early fall, influenza (also known as flu) viruses are circulating at low levels? In fact, flu outbreaks can happen as early as October. Flu is so highly contagious that it leads to thousands of hospitalizations each year and can even cause death. More than 600 children have died from the flu over the past four years.

Kids most at risk are those with underlying conditions such as respiratory, cardiac, endocrine, gastrointestinal, metabolic conditions, genetic syndromes and those with neurologic or neurodevelopmental disorders.

The flu spreads mainly in the fall and winter months and it's hard to predict how severe the disease will be. During the 2012-2013 season, doctor visits for flu-like illness, hospitalizations, and deaths were higher than in previous years.

Child deaths from flu can be prevented through vaccination. Up to two-thirds of children receive their annual vaccination from their doctor's office. Unfortunately, only 55 percent of children were vaccinated last season.

### Protect infants: get your flu vaccine!

In the United States, approximately 4 million children are born each year. Infants less than six months old cannot receive the vaccine. That's why it's important for pregnant women to get the flu vaccine because when they are vaccinated, they pass the protection to their infants during the first six months of life. Protecting the young and vulnerable by vaccinating everyone around them is known as "cocooning." This means everyone who comes in contact with them, including family members, household contacts, siblings and healthcare workers should be vaccinated.

Most parents know that children can easily spread viruses. The highest rates of transmission during outbreaks occur in school-aged children. During the 2009-2010 flu pandemic, 64 percent of children who died of the flu had a neurologic condition. Many may not realize that intellectual disability is also a high risk condition for having ill effects from the flu.

Influenza can be a deadly disease for healthy children, especially in the very young and those with the underlying health conditions listed above. According to the CDC:

- **Everyone** six months and older needs flu vaccine **every year**
  - Remember, when a child is receiving the flu vaccination for the first time, two doses are needed for protection against the virus to be effective. Wait four weeks between the first and second dose.
- Two to three flu strains have changed from last season.
- Vaccines that protect against four (Quadrivalent) strains of flu viruses are now available.
- Both the injection and the nose spray are effective and there is no recommendation for one or the other. Just get vaccinated.
- Children with egg allergies SHOULD be vaccinated.
- Families are an essential member of the vaccination team!



Open to all Whitecap residents

## COMMUNITY KITCHEN

TUESDAY, APRIL 15, 2014

WHITECAP HEALTH  
CENTRE KITCHEN

BRING YOUR CONTAINERS

As a safety precaution-the  
Community Kitchen will  
be a child-free zone

**CALL THE HEALTH CENTRE 306-373-4600 FOR  
MORE INFORMATION**

## Residents of Whitecap

You are invited to...

# PARENTING 101

It's a 6 week program, held every Monday evening. Supper and childcare provided.

Call the Whitecap Health Centre for more information, or if you need a ride.

|                   |                                 |
|-------------------|---------------------------------|
| WHEN:             | Monday, April 7, 2014,          |
| WHERE:            | Whitecap Health Centre          |
| MEAL:             | 5:00 pm                         |
| PROGRAM TO START: | 5:30 pm                         |
| CONTACT INFO:     | Amber or Sheryl at 306 373-4600 |



## **Safe Food Handling**

**Wednesday, April 9., 2014**

**Whitecap Health Centre - Cultural room**

**\*Lunch provided**

**12 spots available**

**Call the Health Centre to sign up**

**306-373-4600**

**Open to all residents of Whitecap**



## Additional resources:

[Flu prevention and vaccination—Flu.gov](#)

[Who's at risk?—Flu.gov](#)

[How the flu virus changes—Flu.gov](#)

[How the flu spreads—CDC](#)

[Prevent Childhood Influenza - NFID](#)



## Good Food Box

| Order day                                                                                                  | Delivery day                 |
|------------------------------------------------------------------------------------------------------------|------------------------------|
| Monday, January 6, 2014                                                                                    | Wednesday, January 15, 2014  |
| Monday, January 20, 2014                                                                                   | Wednesday, January 29, 2014  |
| Monday, February 3, 2014                                                                                   | Wednesday, February 12, 2014 |
| Tuesday, February 18, 2014                                                                                 | Wednesday, February 26, 2014 |
| Monday, March 3, 2014                                                                                      | Wednesday, March 12, 2014    |
| Monday, March 17, 2014                                                                                     | Wednesday, March 26, 2014    |
| Monday, March 31, 2014                                                                                     | Wednesday, April 9, 2014     |
| Monday, April 14, 2014                                                                                     | Wednesday, April 23, 2014    |
| Monday, April 28, 2014                                                                                     | Wednesday, May 7, 2014       |
| Monday, May 12, 2014                                                                                       | Wednesday, May 21, 2014      |
| <b>**Please note</b><br>All payments must be received before placing an order, to avoid any cancellations. |                              |

## WHITECAP DAKOTA UNITED CHURCH

Greetings!

My name is Rev. Michele Rowe and I am honoured to serve the community of Whitecap Dakota on behalf of the United Church while Rev. Alan Jacques is on medical leave. I am a Métis woman (Cree & European) ancestry from Northern Alberta who has called Saskatchewan home for over 23 years. I am the parent of 4 children and grandmother (kokum) of 3.

**Everyone is invited to attend our upcoming services which will take place on Sunday, April 6th and Easter Sunday on the 20th at 2:00 pm in the Cultural Room at the Health Centre. Children are welcome & noise is expected!**

Parents interested in baptism of their children should contact me to explore this process together. I am also available to do hospital or other visiting. If you know of someone who would like a visit, please call me.

Cell: [306.491.2602](tel:3064912602)

or email me at [rowebem62@gmail.com](mailto:rowebem62@gmail.com).

Blessings & peace like a river,  
Michele



## Hand Drum Making – Elder/Veteran Willis Royal

Elder/Veteran Willis Royal has been making drums and hand drums for many years. Due to health reasons, he had decided to pass the knowledge and skills of drum making to the younger generations.

Elder Royal had asked Dez Joyea to gather interested men and young boys from the community to learn how to make a drum.

The people who came to learn about drum making were: Dez Joyea, Kieran Joyea, Thomas Brown, Kente Brown, Peter Buffalo, Lynden Redbear, Leland Redbear and Lincoln Redbear; a special 'thank you' to these individuals for taking the time to learn how to make a hand drum.

Each of these individuals made their own hand drum. Willis hopes the boys will use their drum and carry on the tradition of making hand drums.



# WHITECAP HOUSING & PUBLIC WORKS

## Whitecap Housing & Public Works

111 Sports Centre Road  
 Whitecap SK S7K 2L2  
 Phone: 306-477-2013  
 Fax: 306-477-2034

Monday to Friday  
 8 A.M. to 4:30 P.M.



| Whitecap Housing & Public Works | Department                       |
|---------------------------------|----------------------------------|
| Ron Erikson                     | Director, Housing & Public Works |
| Lynn Dumont                     | Housing Tenant Relations Clerk   |

| On-Call Plumber | Contact Number | Availability |
|-----------------|----------------|--------------|
| Byron Head      | 306-371-5605   |              |
| Bradon Eagle    | 306-380-0848   |              |

| Water Treatment Plant | Contact Number | Department |
|-----------------------|----------------|------------|
| Deborah Paul          | 306-202-7089   | WTP#1      |
| Brian Trainberg       | 306-371-2101   | WTP#2      |

### After Hours & Weekend Call Outs

Please be advised of the call out list for any Housing & Public Works Emergencies or Major Problems that cannot wait until regular business hours.

|                   |                  |                             |
|-------------------|------------------|-----------------------------|
| Transfer Station  | Garbage Disposal | Weekdays: 4:30P.M. – 10P.M. |
|                   |                  | Weekends: 8A.M. – 10P.M.    |
| Elementary School | Events Entry     | After Hours & Weekends      |
| Fire Hall         | Events Entry     | After Hours & Weekends      |

Arnold Stone: 306-290-2760

### Rent Payments & General Inquiries

All inquiries and personal contacts regarding rents, rent payments, housing applications, notices, repairs, utilities and general housing inquiries can be made through Lynn Dumont. Please call Housing & Public Works department for all minor repairs and service call requests. All work orders must be issued through the office. Thank You!



## Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

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November 27, 2013

Dear, Whitecap Tenants:

This letter is a friendly reminder that your furnace filter may need to be changed. There has been a high level of calls regarding furnace repairs which is the result of a dirty and clogged furnace filter. It is your housing responsibility for the general upkeep and maintenance for the house. Please inspect and replace the furnace filter and clean the HRV (Heat Recovery Ventilator) filters, if required.

As per your Rental Tenancy Agreement in section 8(b) of your contract states: "Inspect and replace (if necessary) furnace filter on a monthly basis." We have included helpful information for you to help keep costs low for both energy bills and any repair costs that may arise due to a lack of maintenance to the furnace.

Thank you for your help.

Sincerely

A handwritten signature in black ink, appearing to be 'Ron Erikson', with a long horizontal flourish extending to the right.

Ron Erikson  
Director of Housing & Public Works

RE:ld

## **\*\*Importance of Furnace Filters\*\***

### **Have you ever notice:**

1. You turn your thermostat high to heat your home.
2. You turn on the De-humidistat (Ventilation fan), but still have humidity
3. Your exterior doors and door knobs are freezing up.
4. You notice stale air and poor circulation in your home.

These are some of the results of neglecting to keep your Furnace Filter clean. A dirty filter can affect people with allergies or hypersensitivities, and can lead to higher heating bills, and can also lead to overall furnace failures. When you do not replace or clean your furnace filter regularly then dirt, dust and other debris can build up inside the furnace unit causing serious problems in the long run. Your furnace has to struggle harder to heat your home; you will be paying more in heating bills caused by a dirty furnace filter. When a furnace becomes clogged with dirt and debris, this creates dirty air that will circulate throughout your home, rather than the clean fresh air that you once enjoyed. You and your family will be breathing in all these toxins that could have been sucked out of the air by a clean or new filter. Now may be time to replace furnace filters to restore the clear air in your home.

### **Neglecting your furnace will cause a number of serious problems to arise.**

1. Your furnace may simply break down, typically when you least expect it and no one is around to fix or repair it.
2. Water lines may freeze up causing excessive damage to your home.
3. Furnace heat exchanger may become warped or crack from unbearable heat build-up within your furnace, and causing noxious carbon monoxide fumes to leak into your home.
4. Faulty furnaces have also been known to start fires caused by a dirty filter by not allowing air to circulate properly throughout the furnace and home.

### **Reasons to keep up with your furnace filter maintenance.**

1. You can save yourself a lot of stress, health problems and financial burden simply by buying a \$6.00 furnace filter.
2. This will ensure that air is circulating properly throughout your home and increase the longevity of the furnace.
3. You will be pleased that your family and home is receiving the best air quality possible and
4. You will have lower heating bills.

## How often should a furnace filter be replaced?

It is suggested by furnace manufacturing companies and furnace technicians that filters should be inspected or changed at least once a month during the heating season. This also varies from house to house and filter to filter. The less expensive conventional filters do not require changing as often and can last longer, however they are not the best at blocking small dust particles and other allergens. Also to consider is the living conditions such as, if you have more pets or anyone smokes regularly inside, then the filters need to be changed almost every month. Based on all this, the recommendation is to buy a higher quality filter, look at it monthly and plan to change it every one to three months.

### **\*\*Note from Whitecap Dakota Housing Department\*\***

We recommend changing the furnace filter a minimum of every three months, especially if you live in a home constructed in 1997 or newer. Your home may have a central ventilation fan coupled to your furnace system. When you turn on the ventilation fans in your home, the fan exhausts air from the kitchen and bathrooms while bringing in fresh air to be circulated throughout the house via the furnace fan. This means that air is constantly going through the furnace filter year round requiring the filter to be replaced on a regular basis. Also due to the amount of sand in the community, air that is drawn into the house will tend to plug up the filters a lot faster because of the sand content in the air. If you want to provide your family with clean air and lower humidity in your home, we encourage you to purchase a 4-6 pack of filters each year varying from \$6 to \$50. This will ensure that there are enough filters to last the entire year and also ensure proper furnace operation and endurance, provide clean air, and lower humidity in the home.

## How to choose the right furnace filter for you home?

There are presently hundreds of models to choose from. Do not worry; you only need to understand a few features of a furnace filters that are essential. These features you should look for while making the purchase.

### Types of Furnace Filters

1. **Washable/Reusable Filters** – These are meant for extended use, and with regular cleaning and maintenance serve a very long life. The downside could be nearly impossible to get completely cleaned and adds resistance to the airflow. These are also not very effective in trapping very small particles.
2. **Pleated Filters** – These are modified kind of panel filters that have pleats or fold to increase its surface area. The design change makes it more efficient at trapping dust particles due to increased surface area. However, once the furnace filter starts resisting airflow it begins collecting dust particles and thus should be replaced regularly.
3. **High Efficiency Pleated Filters** – These filters have an additional component of electrostatic charge that is designed to capture extremely small particles and various allergens, which make up 99% of the particulate composition of the air. These should be changed at regular intervals to maintain the air quality, and flow. Refillable furnace filters are also available in this type.

## How to Size your furnace filter?

Locate the size of air filter you need to remove the old filter from the furnace and look at the sides of the filter. A label should be affixed that indicates the actual size for the filter. After you have located the label or printing with the size on it, put back the old filter until you get a clean one to replace it. If you cannot find a size on the filter than just measure the filter incase. If there is no old filter to measure, find the track that the air filter would normally fit into. Measure the inside of the track and check it with the filter size chart to pick the air filter size that will fit your furnace. Choose the actual size filter and pick one that is 1/2" smaller than the both sides you calculated, so the air filter fits in the track. Most standard sized filters are **16"x 25"x 1"**. Ensure the arrows on the filter point towards the furnace unit.

**Have you changed your Furnace Filter Lately??**

### Example of Furnace Filters & Prices at the local Canadian Tire:



#### Duststop Permanent Furnace Filter

\$8.89

Product #64-3376-6

- Permanent filter
- Washable/reusable
- Traps dirt, dust and pollen



#### Endust Allergen Furnace Filters, 6 Pack

\$29.97

Product #0990640

- Pleated air filter
- Each filter lasts 30 to 90 days
- Allergen filtration – captures pet dander, dust, pollen and mold spores

## WHITECAP SELF-GOVERNMENT



**Q: What is wapahaskawotanin.com?**

**A: It's your brand new community website!**

**Register for the website and get access to:**

- Public notices and news announcements as soon as they're released.
- Up to the minute information about community programs and services.
- A community event calendar.
- A jobs board featuring local job opportunities.
- A Whitecap Classifieds page.

To register please visit [www.wapahaskawotanin.com](http://www.wapahaskawotanin.com)  
or click on the member site tab at [whitecapdakota.com](http://whitecapdakota.com)



## Whitecap Dakota First Nation Self-Government Negotiations

### Moving Governance Forward: Getting Out from Under the *Indian Act*

Since the establishment of Whitecap Dakota First Nation reserve in 1881, the people of Whitecap have been living under the *Indian Act*. This means that since this time, decisions on how the Dakota Nation organizes and governs itself have largely been made in Ottawa by the federal government.

### The Path to Self-Governance

Self-government assures that Whitecap Dakota First Nation maintains their power and authority over its own governance.

It is important to remember that becoming a self-governing nation will not affect the Aboriginal Rights of members. Certain parts of the *Indian Act* that protect First Nations status and rights will continue to apply. In retaining status, Whitecap members will continue to enjoy benefits relating to such things as taxation, health services, and PSE.



WDFN Chief and Council signed the Governance Framework Agreement in January 2012 with the Minister of Aboriginal Affairs. The next steps include the Agreement in Principle, the Final Agreement and a ratification vote by all members who have reached the age of majority (see timeline above).

### Current Status of Negotiations

Whitecap leadership has been negotiating the Governance Agreement in Principle (GAIP) since January 2012. Basically, the AIP outlines the details of what will be negotiated in the Final Agreement.

The GAIP is made up of 38 chapters including 24 chapters dealing with various law-making powers such as education, economic development and public order and peace. To date, WDFN has either started or completed draft language for 26 chapters. Some of the more significant jurisdictions under negotiation include lands, culture, language and administration of justice.

### Continued Accountability and Consultation

Currently, WDFN members are updated and consulted on details related to Self-Government at community meetings and through the community newsletter and news site, the Wapahaska Wotanin. Members and Elders also have the opportunity to provide feedback on specific issues by participating in the Lands and Self-Government Advisory Committee and Elder's meetings.

As WDFN moves further along in Self-Government negotiations, WDFN leadership will continue to engage Whitecap members in detailed information and consultation sessions.

January 28, 2014 Updated: January 28, 2014 | 7:52 pm



## War memorial to be added to Saskatoon's River Landing

By [Morgan Modjeski](#) Metro Saskatoon

Supplied/Whitecap Dakota First Nations. An artist's rendering of the proposed Spirit of Alliance – War of 1812 war memorial. Pending council approval, the memorial could find a new home at Saskatoon's River Landing. River Landing could soon be home to a new war memorial honouring the contributions of First Nations and ally soldiers in the War of 1812.

The memorial, titled the Spirit of Alliance – War of 1812, was donated to the City of Saskatoon by the Whitecap Dakota First Nation and will symbolize the important relationship between First Nations and British allies.

Depicting a series of bronze sculptures representing historical figures exchanging gifts and promises within the poles of a bronze teepee, city officials say the statue is expected to become a prominent part of downtown Saskatoon.

Chief of the Whitecap Dakota First Nation, Darcy Bear, said while the monument will honour the Dakota First Nation and other allies who fought in the war, he said the monument goes beyond the historical battle.

"The War of 1812 monument is less about war and more about commemorating the relationships—or the spirit of alliance—that brought people together to lay the foundation for our nation," he said in a statement.

"It is important to recognize these significant moments in our shared history."

The memorial, valued at \$320,000 will be constructed by a team of three local artists and will be placed in the centre of the second roundabout at Saskatoon's River Landing less than 200 metres away from a statue depicting the meeting of Saskatoon founders Chief Whitecap and John Lake.

Kevin Kitchen, the community initiatives manager with the City of Saskatoon said the addition of monument will help tell the complete story of Saskatoon's history.

"All of these monuments and pieces of art together talk about that important founding relationship between First Nations, Metis and white settlers," said Kitchen.

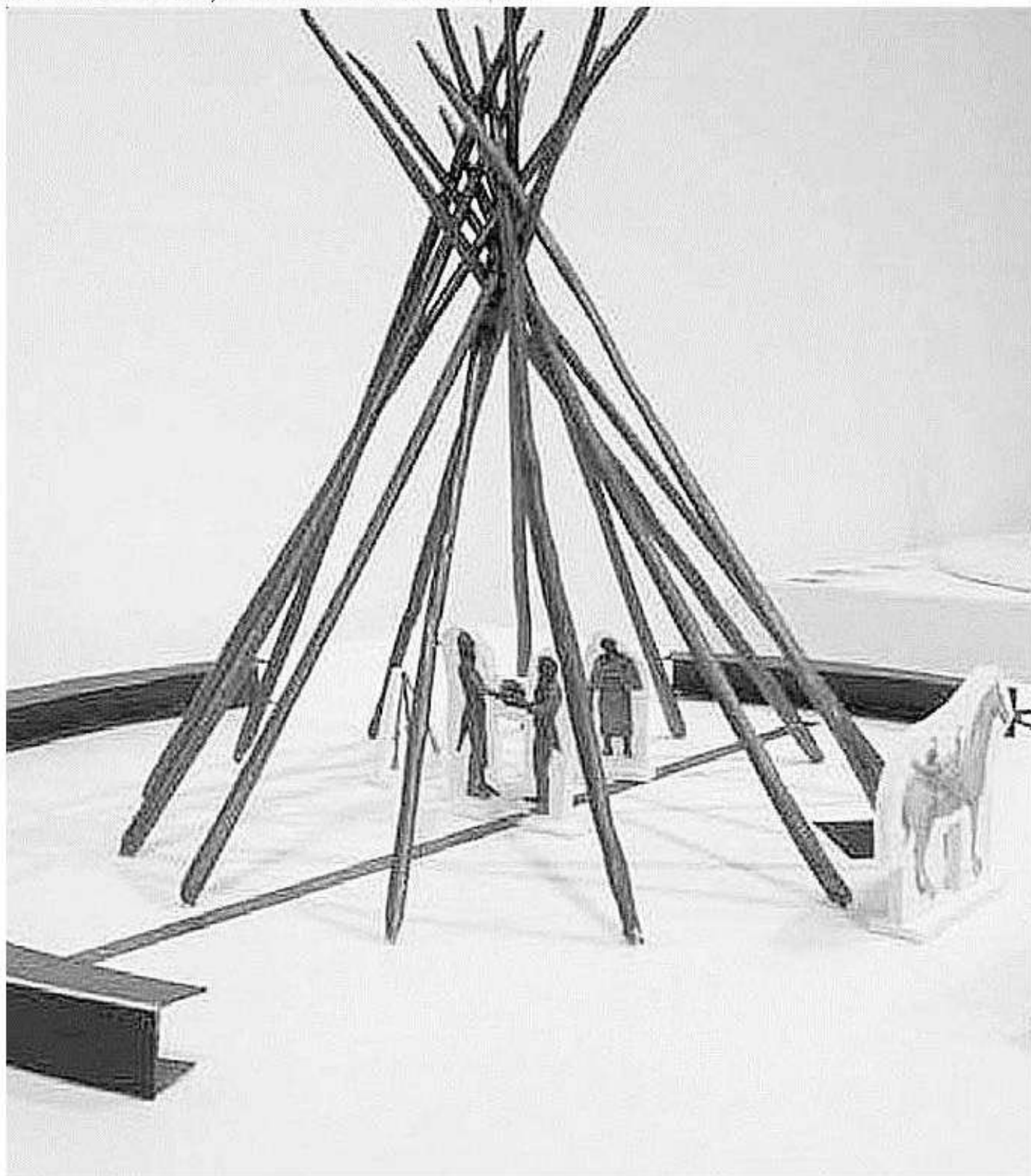
"I think it's something we need to a better job of and through this art, we're doing that and telling that story."

If the donation is accepted, the city will donate approximately \$18,000 for the installation and unveiling of the monument and will vote on \$1,000 annually for maintenance during the 2015 budget process.

Pending approval by council and the Meewasin Valley Authority officials expect the monument to be installed by fall of 2014.

# First Nations art installation created for River Landing

BY CHARLES HAMILTON, THE STARPHOENIX JANUARY 29, 2014



An art installation similar to this rendering will be erected at River Landing this fall, if city council gives final approval.

**Photograph by:** Jean-Sebastien Gauthier, Adrian Stimson And Ian Happy Grove, The Starphoenix

Visitors to River Landing will soon be greeted by a \$320,000 commemorative piece of art celebrating First Nations and British cooperation during the War of 1812.

The installation, donated to the city by the Whitecap Dakota First Nation, will be located at the second roundabout at River Landing, near the Farmer's Market.

It's meant to showcase the unprecedented alliance between First Nations and European settlers during the War of 1812, First Nations leaders say.

"If we lost the war, we wouldn't have a Canadian flag flying," said Whitecap Dakota Chief Darcy Bear.

"There would be an American flag flying. Obama would be our president; we would have their economy. Instead, because of that alliance, we have a free country."

The monument was revealed Tuesday to city council's planning and operations committee, where city councillors greeted it with enthusiasm.

"We have a growing young aboriginal population, and when you see these things on the streets around you, it helps you feel at home," Coun. Charlie Clark said.

Local artists Jean-Sebastien Gauthier, Adrian Stimson and Ian Happy Grove designed the piece, which includes a series of bronze sculptures of historical figures exchanging gifts and promises in the spirit of alliance with the British. The gift-giving scene takes place within the poles of a bronze teepee. The installation will be bordered by four interpretive panels that tell the story of the War of 1812.

Mayor Don Atchison said he's in favour of the project, but expressed concern about its location in the roundabout, arguing that drivers may inadvertently crash into the expensive piece of art.

He was assured that concrete benches surrounding the teepee will be sufficient to protect the art from errant vehicles.

While the First Nation donated the art to the city, the city will cover the cost of installing it - about \$15,000.

The monument still needs final approval from city council, but if all goes according to plan, it will be installed this fall.

## WHITECAP MEMORANDUM



### Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap, SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: [www.whitecapdakota.com](http://www.whitecapdakota.com)

## Memorandum

**To:** Whitecap Dakota First Nation Band Members  
**cc:** WDFN Council  
**From:** Warren Buffalo, General Manager  
**Date:** June 3, 2013  
**Re:** United Cab Flat Rate

This notice is to clarify the \$44.00 flat rate offered by United Cab, to and from Whitecap Dakota First Nation.

The flat rate is for Community Members only. Transportation must be non-stop from point of pick-up to destination to qualify for the flat rate. Please understand, you may be charged extra for stops along the way.

If there is an issue with drivers charging other than the flat rate, please contact Warren Buffalo at Whitecap Dakota First Nation Band Office 306-477-0908.

Thank you

WB:sc

## WHITECAP TRAIL CONVENIENCE



Whitecap Trail is seeking a Part-Time Cashier/Clerk.

- Must have good customer service skills
- Must be able to work evenings, weekends
- Must be available to do shift work and on-call support
- Must be able to lift up to 10kg, some heavy lifting involved
- Must be reliable, motivated & customer friendly
- Must be able to follow rules & procedures

Deadline: April 9, 2014

Please drop off resumes at Whitecap Trail or e-mail to [whitecaptrail@sasktel.net](mailto:whitecaptrail@sasktel.net)

Only those candidates selected for interview will be contacted.

**Don't Forget  
To Buy Your  
Lotto Max!**

**\$10 Million**

**Chief Whitecap Trail  
Whitecap SK S7K 2L2  
Phone: 306-477-3238  
Fax: 306-477-0397**

**Regular Store Hours**

**Monday - Saturday: 7:00 a.m. - 11:00 p.m.  
Sunday & Holidays: 8:00 a.m. - 10:00 p.m.**

**ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES**

# Notice

**Community Safety Reminder**

Please keep an eye out on your neighborhood and report any suspicious activity.

If you see strange vehicles or suspicious persons in the Community, write down the license plate number and description of the vehicle/persons and call the RCMP as soon as possible with this information.

Remind your children not to talk to strangers or get in a vehicle with strangers.

**Whitecap Dakota First Nation  
Community Curfew**

All young persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All young persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.

**Reminder**

This is to remind the members & parents about the proper use of pellet/BB guns in the Community.

It is important to note that any individual under the age of 18 years is required to be supervised by an adult over 18 years of age when using a pellet/BB gun. Pellet and BB guns are not allowed to be used within 200 yards of the subdivisions or public buildings.



The Chief and Council of the Whitecap Dakota First Nation and its and Members, would like to thank the Dakota Dunes Community Development Corporation (DDCDC) for their contributions to the following Community Events/ Projects during the 2013-14 fiscal year.

- Sports Centre Ball Diamonds Maintenance
- Raw Water Wells Certification
- Roadways Sand Spreader
- WDFN Health Centre Enhancement
- War of 1812 Monument
- WHITECAP: A NEW STORY – and economic analysis of Whitecap Dakota First Nation
- 2013 First Nation Summer Games
- 2013 Parade Float
- 2013 Whitecap School Nutrition Program
- ST Math
- Constellations in the Sky
- Whitecap Children's Centre
- 8<sup>th</sup> Annual "Honouring Our First Nations Veterans" Remembrance Day Ceremony
- Whitecap Dakota Elementary School Annual Christmas Concert
- "Foot Slide into the New Year 2014" Round Dance
- "Fiddler on the Rez"

We look forward to another successful year in the name of community investment and partnership.





# BEDFORD ROAD COLLEGIATE

Bedford Road Collegiate along with the First Nations, Inuit and Métis Education Unit are pleased to present

# ANNUAL SPRING CELEBRATION POW WOW



**Friday, April 4, 2014**

**BEDFORD ROAD COLLEGIATE**

722 Bedford Road

**Drum Roll and Dignitary Roll Call: 9:45 a.m.**

**GRAND ENTRY: 10:00 a.m.**

**Host Drum:** Young Thunder

**Announcer:** Howie Thomson

**Arena Director:** Bob Badger

**Drum Coordinator:** Brad Crain

**ADULT  
DANCE  
CONTEST**  
in all  
categories!



***EVERYONE WELCOME!!***

Saskatoon Public Schools and Bedford Road Collegiate are not responsible for any items that are lost or damaged, while attending the Pow Wow.

# Unemployed?

## Develop your skills with Certificate Training

Minimum CLB Level 5 English Language Requirement



**Radius Community Centre**

**611 First Avenue North, Saskatoon, SK**

[www.radiuscentre.com](http://www.radiuscentre.com)

*Supporting creative actions to improve quality of life*

### Care Assistant Preparation

Casual and respite workers for childcare centres and family homes, group homes and health care homes are in high demand. Employers are looking for the skills offered in this training.

**February 7 – 21, 2014**

**June 2 – 13, 2014**

**\*Must attend mandatory intake interview**

Ten day training includes:

- Pre-screening Interview; Criminal Record, Vulnerable Sector & Child Abuse Registry Searches
- Career Exploration – Personal Care Occupations
- Effective and Positive Communication with Children, Clients, Co-workers and Parents
- Resume, Cover Letter and Interview Workshop
- Respite Care Worker Training
- Food Safe Level 1 Certificate
- Healthy Living – Nutrition and Work/Life Balance
- First Aid/CPR C AED Certificate; WHMIS Certificate
- Hygiene and OHS Standards for Personal Care Occupations; Back care & Fall Prevention
- Recreation Therapy - Ideas for Play and Exercise



**Call to Register**

**306 665 0362**

Made possible through funding from:



Supported by:



Saskatchewan  
Early  
Childhood  
Association

# Unemployed?

## Develop your skills with Certificate Training

Minimum CLB Level 5 English Language Requirement



**Radius Community Centre**

**611 First Avenue North, Saskatoon, SK**

[www.radiuscentre.com](http://www.radiuscentre.com)

*Supporting creative actions to improve quality of life*

### Service Worker Prep

- Get in and out fast
  - Two certificates that prepare you to work
  - *Food Safe Level 1, Saskatchewan Service Best* and *Résumé, Cover Letter and Interview refresher*
- February 12 – 14, 2014   April 23 – 25, 2014  
June 4 – 6, 2014**

### Care Assistant Prep

- Casual and respite workers for Childcare Centres, Care Homes, and Group Homes are in high demand
  - Employers are looking for skills offered in this training
  - Saskatchewan Early Childhood Association supported
- February 7 – 20, 2014  
June 2 – 14, 2014**

### GED12 Preparation

- Take the fast track to work or further training
- Start anytime...work at your own pace
- Study up to 3 months with expert support
- Weekly intake assessments

**Continuous Intake**

### First Aid & CPR-C /AED

- Red Cross Certified
  - Recognized on every worksite
- January 15 – 17   February 18 – 20  
March 19 – 20   April 15 – 17  
May 13 – 15   June 10 – 12**

### One Stop Job Shop

- Intensive Job Search Preparation
  - *Résumé, Cover Letter, Interview Skills and Job Search Techniques that get results!*
- January 7 – 9   February 18 – 20  
March 18 – 20   April 15 – 17  
May 13 – 15   June 10 – 12  
July 8 – 10   August 26 – 28**

### Skill Enhancement Program

- Employee development workshops
- Workplace Essential Skills;
- Career exploration and planning
- *Résumé, Cover Letter, Interview Skills and Job Search Techniques*

**Bi-weekly starts; Full time, 6 weeks**

**Call to Register**

**306 665 0362**

Made possible through funding from:





## STC URBAN FIRST NATIONS SERVICES INC.

Owned by the Saskatoon Tribal Council

ASIMAKANISEKAN ASKIY RESERVE #102A

Administration: Suite 200 - 335 Packham Avenue, Saskatoon, SK S7N 4S1

**EMPLOYMENT & TRAINING: 2010 - 7<sup>TH</sup> STREET EAST**  
**Saskatoon, SK S7H 5K6**  
**Tel: (306) 659-2500 • Fax: (306) 659-2155**

### STC Urban First Nation Services Labour Force Development

# DRIVER EDUCATION PROGRAM

STC Urban Labour Force Development is sponsoring a Driver Education Program. If you need a license for work and/or to further your career goals you may be interested in this training at no cost to you.

To be eligible you must meet the criteria:

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>✓ <b><u>MUST</u> have a <u>valid Learner's</u> License for at least nine months.</b></li> <li>✓ <b>Must be 18 and out of high school for 1 year</b></li> <li>✓ <b>Need two pieces of identification:</b> <ul style="list-style-type: none"> <li>i) <b>First piece of ID can be a Birth Certificate or government issued ID;</b></li> <li>ii) <b>Second piece of ID can be a Saskatchewan Health Card or Canadian Indian Status Card.</b></li> </ul> </li> <li>✓ <b>Must be registered with STC Urban Employment &amp; Training and have seen an Employment &amp; Training Counsellor who will refer you to the program.</b></li> </ul> | <ul style="list-style-type: none"> <li>✓ <b>Must submit a written letter outlining:</b> <ul style="list-style-type: none"> <li>i) <b><u>How obtaining your Driver's License relates to your employment goals.</u></b></li> <li>ii) <b>Your career goals.</b></li> </ul> </li> <li>✓ <b>Must live and reside in Saskatoon.</b></li> <li>✓ <b>Must be First Nations with a Status Card.</b></li> <li>✓ <b>Must be committed to completing the training and attend all regularly scheduled classes and appointments that pertain to the Driver's Education Program.</b></li> </ul> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

STC will be offering the above program at various intervals between April, 2013 to March, 2014.

**Upcoming Class**  
**May 4, 2014**

**Please call 659-2500, to book an appointment.**

# 7TH ANNUAL LAKOTA•DAKOTA•NAKOTA LANGUAGE SUMMIT

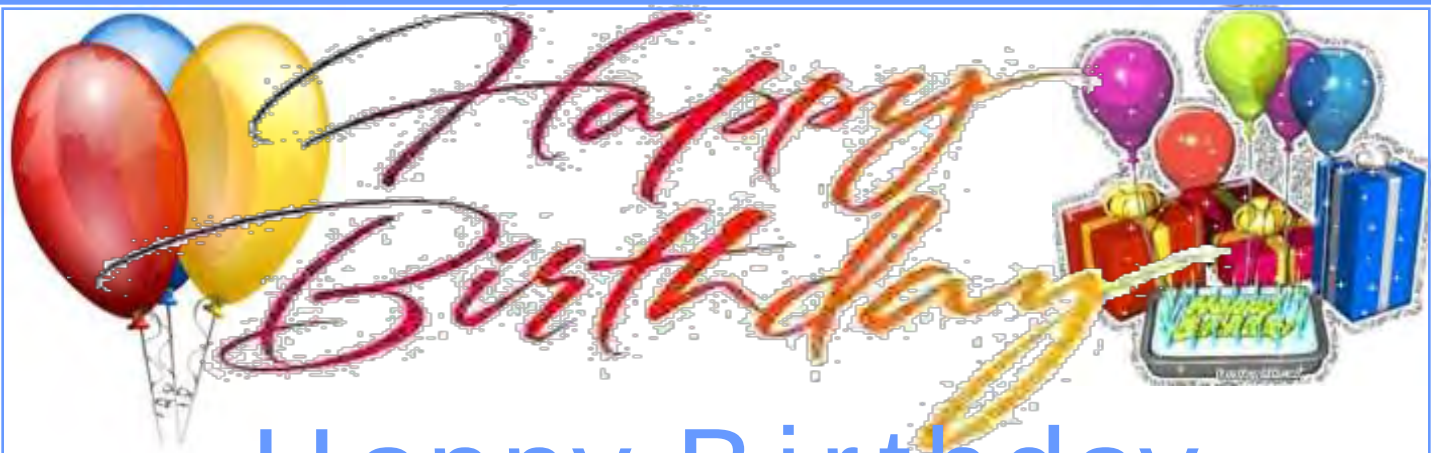
UNITING OUR  
FIRST NATIONS  
TO SAVE OUR  
LANGUAGES



**October 10-12th, 2014**

Rapid City, SD  
Rushmore Plaza Holiday Inn

[info@tuswecatiospaye.org](mailto:info@tuswecatiospaye.org) • [www.tuswecatiospaye.org](http://www.tuswecatiospaye.org)



Happy Birthday  
to all  
Celebrating a Birthday  
in April

**Have A Wonderful  
Happy Easter**



# For Your Info

**Canada Post  
1-800-267-1177**

**For new address change and  
mailbox keys inquiries.**



**United**  
the united group *Cabs*



**The United Group Cabs  
are happy to provide a flat rate  
of \$44.00 one way,**

- **from Whitecap Dakota First Nation  
to Saskatoon**
- **or from Saskatoon  
to Whitecap Dakota First Nation.**

## *Rose's Diner & Catering*



**For your catering needs:**

- *Receptions*
- *Lunches*
- *Dinners/BBQ'S*
- *Fundraisers*
- *Birthdays*
- *Special Events*
- *Group Meetings & More*

***Call Rose to book your next order***

**Whitecap Sports Centre**

**Phone: 306-477-7762**

**Fax: 306-374-5899**

**Cell: 306-281-4839**

Happy Easter

