

Wicata Wi - FEBRUARY 2014



WaPaHaSka Dakota Wotanin
will be posted to the website
on the first business day
of the month
www.whitecapdakota.com

Forward Submissions to:
BOReception@whitecapdakota.com
 or call 306-477-0908
 Thank you.

REMINDER:
THE NEXT
DAKOTA WOTANIN
SUBMISSION DEADLINE
IS
February 28th, 2014 @ NOON

WHITECAP DAKOTA FIRST NATION
 182 CHIEF WHITECAP TRAIL
 WHITECAP SK S7K 2L2
TELEPHONE: 306-477-0908
FAX: 306-374-5899
www.whitecapdakota.com

DAKOTA WOTANIN

Wicata Wi —February 2014

Inside this issue:

Whitecap Weekly Table of Contents	2
Emergency Numbers/Upcoming Meetings	3
WDFN Committee Members	4
Whitecap Dakota Elementary School	5-6
Whitecap Academic Coach	7
Whitecap Student Advisory Councilor	8
Whitecap Adult Education	9-11
Whitecap Children's Centre	12-14
Whitecap Recreation Program	15-17
Whitecap IRA	18
Whitecap Business Centre	19
Whitecap Health & Social Development	20-26
Whitecap Dakota United Church	27
Whitecap Housing & Public Works	28-32
Whitecap Self-Government	33-38
Whitecap Memorandum	39
Advertisement Announcements & Notices	40-48

NEXT ISSUE:
MONDAY,
MARCH 3, 2014

Upcoming Committee Meetings

Chief & Council Meeting

Monday, March 3rd, 2014 at 8 A.M. - Noon

Executive Boardroom

Elders Luncheon Meeting

Monday, March 3rd, 2014 at Noon

Sports Centre Lunch Provided

Please contact Whitecap Dakota Band Office

If in need of Transportation

WHITECAP EMERGENCY DIRECTORY

Fire Emergency	Medical Emergency
Major Fire: 911	Contact MD Ambulance Dispatch: 911
Contact Saskatoon Fire Dept. Dispatch: 911	
Arnold Stone: 306-290-2760	
Policing Services	Child Protection Services
Emergency: 911	
Complaints & Inquiries: RCMP Only 306-310-7267 or 306-975-5173	STC CFS: 1-866-871-4237
Crime Stoppers 1-800-222-8477	
Self Help & Other	
Health Line: 1-877-800-0002 The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.	Suicide Crisis Line: 306-933-6200 Poison Control Centre: 1-866-454-1212 Problem Gambling: 1-800-306-6789
	Medical Taxi Transportation: 373-4600 Monday to Friday – 8 a.m. to 4:30 p.m. For afterhours call MD Ambulance Service: 911
SaskEnergy Natural Gas Emergency & Safety 1-888-700-0427	SaskPower Outage Reporting Call No Charge: 306-310-2220



Whitecap Dakota First Nation COMMUNITY ADVISORY COMMITTEES

EFFECTIVE JUNE 3, 2013

Education, Culture & Recreation Advisory Committee

Justice Advisory Committee

Membership Committee

Members:

Debra Moccasin
Gord Ouellette
Kevin Littlecrow
Roberta A. Bear
Willis Royal

Councillor Frank Royal, Ex-officio

Lands Advisory Committee

Self Government Advisory Committee

Members:

Colette Eagle
Elmer Eagle
Heather Buffalo
Melvin Littlecrow
Verna Buffalo
Vivian Anderson

Chief Darcy Bear, Ex-officio

Housing & Public Works Advisory Committee

Health & Social Advisory Committee

CFS Advisory Committee

Members:

Arnold Stone
Crystal Buffalo
Janice Daniels
Loretta Whitecap Brown
Melvin Littlecrow
Nancy Linklater
Sandra Daniels

Councillor Dwayne Eagle, Ex-officio

WHITECAP DAKOTA ELEMENTARY SCHOOL**Jeff Shepherd—Principal**

Dear Whitecap Community Parents/Guardians,

I would like to welcome 2 new staff members to Whitecap Dakota Elementary School. Camay Coghlan-Cameron started Tuesday, January 28th and is our Student Advisory Counselor. She will be covering for Candace Gerow who is on a maternity leave. Amanda Boulet will be at Whitecap Dakota Elementary School Tuesday and Friday afternoons and all day Wednesday. She will be teaching gym to classrooms along with providing some resource support. Both are very excited for the opportunity to get to know the students and become a part of the school community.

Miss Neilands, our Pre-K instructor had the opportunity to meet with parents/guardians to discuss their child's progress. If you did not manage to find a time that worked, please call the school and book a time.

We have made it through some pretty cold weather these last few weeks. Please make sure your child leaves each morning with proper winter gear. When the temperature with wind chill is -27 degrees or colder, we will have an indoor recess.

Thanks to all the students and parents who attended our information night on Tuesday, January 28th. There were a variety of speakers who passed on some wonderful information. We look forward to hearing from our students and their thoughts regarding a possible change in schools for the 2014-2015 school year.

We are looking at having our Traditional Song & Dance begin shortly. Dancing, drumming and beadwork are a few of the activities planned with our students.

The new after-school Club Schedule is attached below. We are happy to have Russ Regeir who is offering Ukulele classes to the grade 4-6 students. We have had close to 16 students attending and are learning songs already. We have Move N Soar also providing a fitness class to the grade K-3 students. We will continue to have ST Math offered four times a week after school for all students. Afterschool clubs start at 3:15 and go to 3:50. In order for students to attend they must have completed their work that day and have displayed a positive behavior throughout the day. There is no afterschool Clubs on Thursday due to Staff Meeting and early dismissal.

We will be commencing with our swimming lessons on Friday, February 7th. The grade 4-6 students will have their lessons first and go until early April. The grade 1-3 students will begin with their lessons after the grade 4-6 students are done. A permission form has gone home for grade 4-6 parents/guardians to sign. Students will travel by bus to the YMCA leaving the school around 9:45am. The lessons are one hour long from 10:30 am – 11:30 am. Students will return to Whitecap and eat lunch with their class.

Congratulations to those students who have been chosen as the Dakota Eagle Award Winner. We will continue to take the monthly award winners to the city for lunch and to purchase \$20.00 worth of books from McNally bookstore. The students who are chosen to be the Jiji math award winners will have a pizza lunch at the school. Congratulations to all the other award recipients. Your hard work and caring natures are paying off.

Serene Smyth, a College of Kinesiology graduate will be conducting some research at our school seeing if short physical activity breaks (5 mins) will help keep students on task. She will be working with our K/1 class and the grade 4/5 class. We hope to have her begin after the February break. Be on the lookout for a permission form to be signed off allowing your child to participate.

Our two Social Work Practicum students have joined us for the next three months. Ryan Bilanski and Tyrone Graham will work alongside Lisa Chapman and provide some extra social skills programming to our students. They will be providing a boys club that will be offered during lunch. Ryan will work with the kindergarten to grade 2 boys, Tyrone will work with the grade 3 boys and they will together work with the grade 4-6 boys.

On January 17th we had a presentation at the school. "Kobo Power of Stories Speaking Tour" presented to our grades 3-6 classes. The grade 4-6 students took part in a workshop for the day which helped educate our youth on the value of literature and literacy skills with a focus on Aboriginal content. We received 100 Kobo Reader Devices which have 150 books downloaded. We hope to have these devices in each classroom allowing students a unique opportunity to read.

Whitecap provides transportation to our students. Please remind your child if something happens on the bus that they let Elmer know immediately. If students' behavior on the bus is inappropriate they may be required to lose that privilege for a period of time.

As we value the time teachers spend with students, if you call during class time please leave a message with Susan and she will pass it on to your child or teacher. If it is an emergency your call will be transferred through.

If you have had a change in your contact information (home/cell/work phone numbers) please call the school and allow us to update our records.

If your child is absent please call the school and either let Susan know or leave a message.

Friday, February 14th is our last day before the February break. Students will be off until Monday, February 24th. Hopefully the weather will warm up and students will be able to enjoy some outside activities.

Pidamaya,

Jeff Shepherd
Principal
Whitecap Elementary School
477 - 2063

WHITECAP ACADEMIC COACH**Verna Buffalo—Academic Coach**

Han, Tuwe owas tanyan ya unpi kta hecen wacin cici yuza pi:

Tutoring is available to all Grade 4 to 12 students on Tuesday and Thursday evenings, usually from 6 – 8 PM in the Whitecap Elementary School Library; adult learners are also welcome to utilize this time to complete assignments, research papers or study for exams.

In Career Education, students are learning about making community connections; Grades 2 – 6 classes will be compiling a mini booklet about Whitecap Dakota First Nation. There will also be some presentations from Band Staff on their jobs and what they do in the community. We will also continue work on character education and life skills for the older students. All classes from Kindergarten to Grade 6 have started their career portfolios; they continue to add information and work that they do in Career Ed.

'The Future is Yours' Career Expo will be held March 3, 2014 at Prairieland Exhibition Park; we will be selecting high school students to attend; attendance, academics and attitude will be considered when doing student selection.

For those Whitecap members looking for extra skill development, please check out the information from Radius Community Centre in this edition of the newsletter, they are offering training opportunities for First Aid & CPR-C/AED, Food Safe Level 1, Service Best Certificate, Skill Enhancement Program and other trainings; you may also call Radius at 306-665-0362 for further information.

For any questions or concerns, please contact me at the Whitecap Elementary School, 306-477-2063.

HAPPY LEARNING!!

Pidamaya,
Verna Buffalo
Academic Coach

WHITECAP STUDENT ADVISOR**Camay Coghlan-Cameron - Student Advisory Counselor**

Dear Whitecap Community Parents and Guardians,

I would like to introduce myself to you all, my name is Camay Coghlan-Cameron. I am the new Student Advisory Counselor for the youth. I am a member of the Algonquin Nation, my reserve is called Kitigan Zibi Anishinabek located in Maniwaki Quebec which is two hours north of Ottawa. We have a very interesting website if you have time to look at it. I am a teacher and graduate of the Indian Teacher Education Program (ITEP) from the University of Saskatchewan, as well as a background B.A in Native Studies and current student of the M.Ed program (Social and Ecological Justice Program). I have lived in Saskatoon for over 19 years and my children are members of the Beardy's & Okemasis Reserve. I have also taught in the Whitecap Elementary School over the past three years as a Substitute teacher.

I have had the opportunity to attend a Parent meeting, and student meeting. I look forward to meeting and working with all the families and students of the community to ensure school is a priority and to support with their transitions to new schools. I encourage you to email, text or call my cell if you have any questions or concerns. I will provide all my contact information for you.

As an update, exams have just wrapped up for the High Schools and I will be collecting all the report cards over the next week as they are issued from the schools. I will submit a request for cheques for students who have successfully passed their classes. The date for pick up of the cheques will be on Thursday, February 13th at the Whitecap School, where we will be having a pizza meeting for all the High School youth. The pizza/meeting will take place after classes when students are dropped off at the school. (I will communicate this to the bus driver as well).

In addition, I will be visiting the students during the next week at all the Saskatoon school locations so that the schools and staff are aware of my role and responsibilities so that I can offer any additional supports to ensure success for all students. Please do not hesitate to call or text me if any academic or school issue comes up.

I sincerely look forward to meeting everyone, thank you, Meegwetch!

Pidamaya

Camay Coghlan-Cameron
Cell (306)370-2228

ccoghlan-cameron@whitecapdakota.com

WHITECAP ADULT EDUCATION

Monica Kreiter, Program Coordinator
Great Plains College, Outlook

GREAT PLAINS COLLEGE WHITECAP ABE

The second semester starts on Thursday, January 27th but we still have to get through final exams for the grade 12's. We are confident they will earn the credits so it is just a matter of how good the marks will be. We wish them great success!

We welcome Philip Stone, Alysha Vandevord, Amanda Littlecrow and Justin Buffalo to the Great Plains adult ed program for semester two. They will soon be a part of the "fire hall family" where, as we say, "education is hot"! We also say good bye to Erika as she has successfully completed her upgrading ELA B30 and Bio 30 courses.

Those students involved in driver training will be attending the 6 hour in-class session on Sunday, February 2nd in Saskatoon. One of the biggest barriers to employment is not having a driver's license so this GPC program to help adults obtain their license is very important.

Recently, staff members from the Saskatoon Tribal Council Labour Force Development came to Whitecap to interview all adult students, assist with career planning and offer guidance for post-secondary funding. The students were very positive about the interviews and the process created a bit of a "buzz" as they began sorting out their personal education and career paths once they have earned their GED or grade 12.

On March 3rd, all students will travel to Saskatoon and take part in the Career Expo at Prairieland Park. This is a huge opportunity for young adults to make contacts, gather information and generally add to their knowledge about careers and jobs. They will all have put together and completed their Portfolios to show perspective employers. It should be a great day.

Kevin Golding
GPC Whitecap Instructor

Robin Severson
Educational Assistant

Monica Kreiter
Student Advisor



FEBRUARY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 NO CLASS GPC PD Day	4 ABE Class 9 am - 3 pm ECE 100 5:30 - 8 pm	5 ABE Class 9 am - 3 pm	6 ABE Class 9 am - 3 pm ECE 100 5:30 - 8 pm	7 ABE Class 9 am - 3 pm	8
9	10 ABE Class 9 am - 3 pm	11 ABE Class 9 am - 3 pm ECE 100 5:30 - 8 pm	12 ABE Class 9 am - 3 pm	13 ABE Class 9 am - 3 pm ECE 100 5:30 - 8 pm	14 ABE Class 9 am - 3 pm	15
16	17 FAMILY DAY	18 FIRST NATIONS GOVERNMENT DAY	19 No Classes - Reading Week	20 ECE 100 5:30 - 8 pm	21	22
23	24 ABE Class 9 am - 3 pm	25 ABE Class 9 am - 3 pm ECE 100 5:30 - 8 pm	26 ABE Class 9 am - 3 pm	27 ABE Class 9 am - 3 pm ECE 100 5:30 - 8 pm	28	
NOTES: New semester for ABE and GED classes has just begun. Welcome to our new students! Please note that we are recognizing Statutory Holidays on the 17th and 18th. There are no classes for any students that day.						



One on one help is our specialty



Grade 12 cramming??



Daughter helping mother



Des came in for a STC interview

WHITECAP CHILDREN'S CENTRE**Myrtle Vandall—Manager**

Han! Parents, Grandparents, and Guardians,

Happy Birthday Phoenix, Ava and Carley!! We will be celebrating their birthdays through out the month with angel food cake, berries and ice cream! And their very own Birthday hats.

We are happy to announce that we have another addition to our W.C.C. family. We welcome Emily Vitkauskas to the Pre-K room!! And welcome back Niya Bird to the Infant toddler room ☺ .

The Children's Centre is currently accepting applications for Child Care for the pre-school aged children. We have two spots available for the pre-k room, your child must be 28 months old. The Infant -Toddler room is currently at full capacity however please register your child ASAP to ensure a reserved spot on the waiting list.

February 27th, 2014 the daycare preschool children will join the Pre-k class for a field trip to the Museum of Natural Sciences Biology department to look at some dinosaur fossils, aquariums, etc. It will be a morning trip. We will leave at 9:30 and return by 11:30. Permission forms will be sent out and we ask that they be returned by Monday, February 24, 2013. If you would like to join us we would love to have you! Parents/family members are always welcome! Please call the Centre if you have any questions. 477-2086.

Dental Therapist Vanessa Morin will be visiting our Centre, she will be volunteering her time to talk about and demonstrate proper dental health care with pre-k children and toddlers.

Valentine's Day (Friday, February 14) will be eventful! Children and Staff will be wearing Red and Pink. Cathy will prepare a red theme-fruit / food tray for snacks. We will spend the day making Valentine crafts, playing games and handing out Valentines for our homemade Valentine boxes. As always, parents or family members are welcome to celebrate this special day with us.

This month we are teaching the children Dakota numbers: 1- Wanji 2- Nonpa 3-Yamni and so forth.

We would like to remind families that the Whitecap Children's Centre will be closed Monday, February 17, 2014 (Family Day), and Tuesday, February 18, 2014 (First Nations Government Day). We will reopen as usual on Wednesday, February 19, 2014.

A friendly reminder ☺ please do not send your children's toys with them to the centre. Staff is not responsible for lost toys.

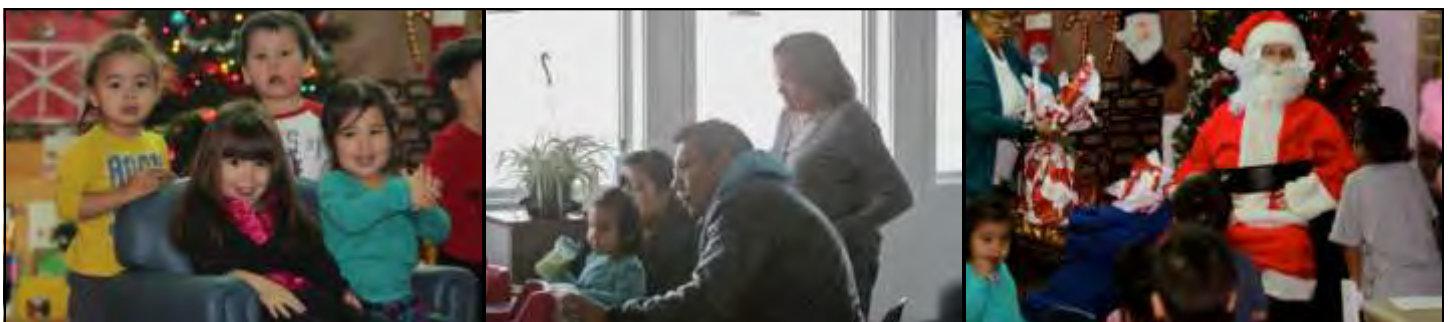
DO YOU LOVE CHILDREN??? The Whitecap Children's Centre is currently looking for sub/casual workers. Interested applicants require a Criminal Records Check. First Aid/CPR would also be an asset. If you are interested please call Myrtle Vandall at 477-2086 or drop by the Whitecap Children's Centre.

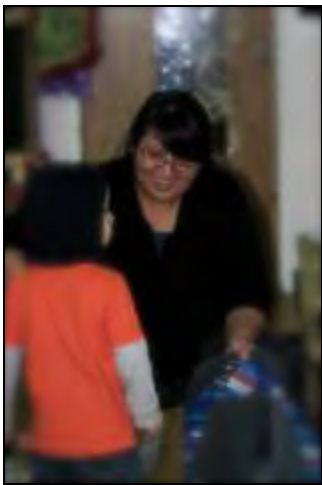
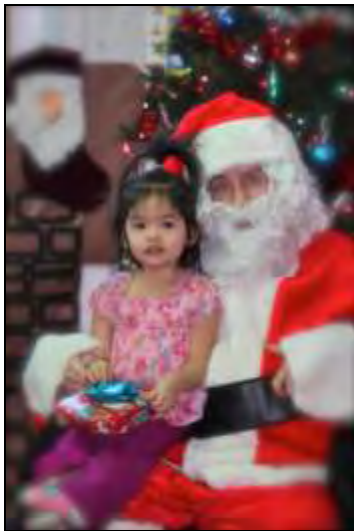
The preschool staff will be attending an on-site visit to the Aboriginal Headstart Demonstration Centre at Mistawasis to observe "Play and Exploration" from a First Nation Cultural perspective.

Here are some pictures from Christmas!!!

Tyler Moosehunter, Traffic Safety Coordinator from Saskatoon Tribal Council Inc will attend the Children Centre, he will be offering proper car seats demonstrations and handing out pamphlets. All Whitecap community members are will come to attend this February 20th, 2014. From 3:30 to 5:00 pm .

Submitted by Myrtle Vandall Manager, Whitecap Children's Centre





WHITECAP RECREATION PROGRAM**Margaret Bear - Recreation Worker**

Recreation Program

Gym Nights are 4 nights a week, split between two age groups, Tuesday and Thursday for 5-9 year olds and Monday and Wednesday for 10-18 years olds. Please if you are dropping off your kids; see them into the school before you leave. Sometimes there are unforeseen circumstances where gym night is cancelled and we are unable to get a notice on the doors stating such.

Try outs for the First Nation Winter Games are under way and a good portion of our kids have made team STC. If you are a certified coach and wish to coach at the games contact me for an application.

- **February 9-Badminton tryouts in Rosthern @ 10am-4pm**
- **February 15-Basketball tryouts at the School Gym @ 10am-4pm**
- **February 15- Curling tryouts at Granite Curling Club @ 12-2pm**
- **February 16-Basketball Tryouts at the School Gym @ 10am-4pm**

I WILL KEEP YOU ALL UPDATED AS THE DATES GET CLOSER.

Thanks

**Margaret Bear
Recreation Worker**

Team STC Tryout Dates

Badminton Tryouts : February 9, 2014

Rosthern High School from 10am – 6pm

All Age groups from U12 B/G to U18 B/G

Basketball Tryouts: Sunday February 16, 2014

Whitecap Dakota Elementary School from -10:00 a.m. to 6:00 p.m.

98, 99, 2000 (Midgets)

Curling Tryouts: Saturday February 16, 2014

Granite Curling Club, Saskatoon, SK. From 12:00 noon to 2:00 p.m.

All Age groups from U12 B/G to U18 B/G

Team STC Practice Dates

Volleyball - All Age Groups

Sunday February 2, 2014 – Whitecap Dakota Elementary School from 10:00 a.m. to 4:00 p.m.

Saturday February 15, 2014 – White Buffalo Youth Lodge

Wednesday February 19, 2014 – 10:00 a.m. to 4:00 p.m.

Sat Saturday March 1, 2014 – White Buffalo Youth Lodge

Saturday March 8, 2014 – White Buffalo Youth Lodge

Saturday March 15, 2014 – White Buffalo Youth Lodge

Saturday March 22, 2014 – White Buffalo Youth Lodge

Saturday March 29, 2014 – White Buffalo Youth Lodge

Basketball - All Age Groups

Sunday February 16, 2014 – Whitecap Dakota Elementary School from 10:00 a.m. to 4:00 p.m.

Hockey - All Age Groups

TBA

Please check out the STC Youth Sport Culture Recreation Facebook page for more information or contact Marc Okihcihtaw at 653-2563 or Dillon Desjardin at 306-466-6900.

WHITECAP IRA

Sheila Caisse - IRA



February, 2014

Read on for important updates and reminders regarding Membership
Information from your Indian Registry Administrator (IRA) – Sheila: 477-0908.

NEW PARENTS

Expecting a child soon or already have a newborn?

- ☐ Please call or come and see me as soon as possible after your child is born so we can discuss the eligibility for registration and prepare to fill out forms.
- ☐ Step 1: you will need your child's birth document:
 - a) As your IRA, I may request a "birth extract" on behalf of Members for registration purposes. Therefore, please allow me to put forth this request before you spend the fee to order a birth certificate.
 - b) If a birth extract is not available as in a) above, you will need to order your child's original birth certificate from *eHealth Saskatchewan* (Vital Stats). See below for more information about eHealth.
- ☐ Step 2: complete an application for registration form and submit the original form (signed by both parents) along with original birth document to me for processing.
- ☐ Step 3: wait for correspondence from AANDC regarding application status. Once the registration is complete, AANDC will send you a letter confirming your child's registration.

NEW FORM AND ADDRESS TO ORDER BIRTH CERTIFICATES from eHealth Saskatchewan

- You may pick up a form at the Band Office or print one online from: *[note new website address]*
<http://www.ehealthsask.ca/vitalstats/Pages/default.aspx>
- You now have the option to order online; you must have a valid credit card to process your order online. If you do not, you will need to submit your order using the manual forms-based process.
- **Note:** please ensure you order the *long form* birth certificate as it states the parent's names and this is an absolute requirement for the 'registration as an Indian' process and it will be too for the new SCIS cards.
- The forecasted turnaround time is **12 business days** (fee is \$25)
- **Priority Service** is **5 business days** (costs an extra \$30 for this service)

REQUESTS FOR STATUS NUMBERS

- IRA's may not release a member's status number over the telephone; however, the member may come into the office to see the IRA in person, show identification, then the IRA can release the member's or their child(s) status number.

STATUS CARDS

- ✚ Just a friendly reminder that I do not accommodate walk-in requests for status cards as I have other responsibilities besides IRA duties. Please call me ahead of time if you wish to make an appointment for a status card. Thanks for your cooperation.

Backlog at AANDC

- Please be advised that Event reporting (i.e. birth registrations, etc.) was quite far behind for the last several months at AANDC due to their clerical staff being extremely short-staffed. They are almost fully staffed again and are catching up with any backlog. Thank you for your patience.

WHITECAP TOTAL MEMBERSHIP: 616



WHITECAP BUSINESS CENTRE

Whitecap Business Centre

189 Chief Whitecap Trail

Monday to Friday

8 A.M. – 4:30 P.M.

Phone: 306-477-0908

Fax: 306-373-6359



Whitecap Business Centre

Darrell Balkwill

Dalyn Bear

Jackie Pilon

Department

Director, Economic, Development

Lands Manager

Business Development Manager

The Job Board is now at the Whitecap Business Centre

Come by to see if there are opportunities for you!

The public computer that was in the copy room at the Band Office is now available for Band Members to use at the Whitecap Business Centre. We have added another work station to use as well for exploring your education and career opportunities. Please read the Computer Usage Policy and sign in to use the computers!



Monday and Friday
Hours are 8:30 A.M. – 11:30 A.M.
and 1:30 P.M. – 4:00 P.M.

WHITECAP HEALTH & SOCIAL DEVELOPMENT



Whitecap Health Centre

316 Moose Woods Drive

Whitecap SK S7K 2L2

Phone: (306) 373-4600

Fax: (306) 343-8855

Whitecap Health Centre	Department	Extension
Victorine Royal vroyal@whitecapdakotahealth.com	Administration/Medical Transportation	#221
Sheryl Buffalo sbuffalo@whitecapdakotahealth.com	Maternal Child Health	#223
Jeannie Coe	Nurse Practitioner	#224
Vacant	Home Health Aide	#225
Amber Clark aclark@whitecapdakotahealth.com	Family Prevention Support Worker	#226
Tony Roulette troulette@whitecapdakotahealth.com	Wellness Worker	#227
Roberta Fiddler rfiddler@whitecapdakotahealth.com	Community Justice Worker/ Acting Health Manager	#229
Vacant	Recreation Coordinator	#230
Vacant	Manager, Health & Social Development	#231
Maternity Leave	ICFS STC	#233
Arlene Peeteetuce apeeteetuce@whitecapdakotahealth.com	Community Health Nurse	#254
Whitecap Dakota Elementary	Counselling	#256

NOTICE

NEW INFO

Changes to Health Canada Medical Transportation

Effective **January 1, 2013**, **all** requests for Medical Taxi Transportation including Private Vehicle **must** be pre-approved by the newly created Health Canada (Non-Insured Health Benefits) Call Centre **before** a medical taxi can be booked.

The WDFN is not responsible for approving Medical Transportation requests. All the WDFN is responsible for is to make the transportation arrangements after the transportation request is approved by Health Canada.

Reminder to All Medical Taxi Transportation Users:

Two-Day Notice

- Please be reminded that a **two business day notice is required** if you need to utilize the Medical Taxi Transportation. **Please keep in mind that this does not include Saturday & Sunday.**

Cancellations

- If you need to cancel your medical taxi, please call the Health Centre as soon as possible but no later than two hours before your scheduled pick up.

Medical Emergencies

- If your condition is of an urgent nature (medical emergency), call 911;
- Notify the Health Centre so that the Health Canada Call Centre can arrange for medical transportation upon discharge if there are no other means of travel (someone to drive you home) back to Whitecap.

*Cab Sharing & Coordination

- Keep in mind that you may be sharing a cab with others who have the same appointment time(s) and you should expect to return together. All appointments will be coordinated accordingly and approved by NIHB (Health Canada).

Signatures

- Doctors/health care providers and clients need to sign and date the appointment slip issued.



Get
Appointment



Make the call
306-373-4600
Two-day Notice
For Medical Taxi



Ready for
Medical
Taxi

Clinic After Hours Schedule

SERVICES AVAILABLE

WHAT IS A NURSE PRACTITIONER?

A Nurse Practitioner is a registered nurse who works in a Primary Health setting, has additional education and training, writes a national qualifying exam and is licensed by the Saskatchewan Registered Nurses Association as an independent practitioner.

WHAT CAN A NURSE PRACTITIONER DO?

- Can diagnose and treat common medical illnesses, chronic medical conditions such as diabetes or COPD.
- Can order tests such as laboratory tests, x-rays, and ultrasounds
- Perform common procedures such as removal of moles, excision and drainage of abscesses and suturing of simple wounds (cuts).
- After assessment, prescribe medications (except narcotics)
- Provides education, injury prevention & health promotion.



AFTER HOURS NURSE PRACTITIONER SCHEDULE

Monday Hours : 12:00 PM—7:00 PM

Closed on Weekends & Statutory Holidays
(Jeannie will also be available to take appointments during regular clinic hours Tuesday—Friday 9:30 a.m.—4:15 p.m.)

- To secure an appointment for the after hour service call the Health Centre.
- If unable to keep this appointment, kindly give 24 hours notice.

***PLEASE BRING YOUR SASKATCHEWAN
HEALTH CARD**

**Call the Health Centre to book
appointments.**



Whitecap Health Centre
Jeannie Coe
Nurse Practitioner

316 Moose Woods Drive, Whitecap SK

Tel 306.373.4600

Fax 306.343.8855



Privacy and your Electronic Medical Record

Whitecap Dakota First Nation and Saskatoon Health Region are working together to deliver your health services at the Whitecap Dakota First Nation Health Centre. To improve the quality of your health care, an Electronic Medical Record (EMR) secure computer program now stores your personal health information. The EMR system has been in place at the Whitecap Dakota First Nation Health Centre since July 31, 2013 but similar systems have been successfully used in Saskatchewan since 2009.

Why use EMR?

The EMR system provides better security of your health information than paper charts and files. EMR also makes health records easy to read and improves efficiency in the delivery of your health services.

What personal health information is collected?

The same information routinely entered in a medical chart is now stored in your EMR. This includes things like:

- Name, address, date of birth
- Health services number
- Status number
- Medical history, treatment notes, prescriptions, lab test results

Who has access to EMR?

Only health care providers directly involved in your care have access to your health information.

Each provider is permitted access only to the portions of your health information appropriate to the level of care they are providing. For example, nurses see medical information while receptionists do not. Receptionists that book appointments have permission to access only information such as your name, address, date of birth, status and health services number.

Is EMR information secure and confidential?

Yes. All Whitecap Dakota First Nation Health Centre employees sign legally-binding confidentiality agreements and take great care to protect your personal health information. Your health information is only shared with another health care provider if they are granted permission to access this information and if they are directly involved in your care.

Each health care provider is given a unique password so that access to your EMR is permanently tracked in the system with the time, date and the name of the person who looked at your information. Random audits are conducted on the EMR system to further ensure its appropriate use, and to deter any "snooping around". Your EMR is not stored on any local computers at Whitecap Dakota First Nation Health Centre.

If you have questions, contact:

Roberta Fiddler
A/Health Manager
Whitecap Dakota First Nation Health Centre
316 Moose Woods Drive
Phone: 306-373-4600



Protect the young—Parents are partners in preventing the flu

Did you know that even in early fall, influenza (also known as flu) viruses are circulating at low levels? In fact, flu outbreaks can happen as early as October. Flu is so highly contagious that it leads to thousands of hospitalizations each year and can even cause death. More than 600 children have died from the flu over the past four years.

Kids most at risk are those with underlying conditions such as respiratory, cardiac, endocrine, gastrointestinal, metabolic conditions, genetic syndromes and those with neurologic or neurodevelopmental disorders.

The flu spreads mainly in the fall and winter months and it's hard to predict how severe the disease will be. During the 2012-2013 season, doctor visits for flu-like illness, hospitalizations, and deaths were higher than in previous years.

Child deaths from flu can be prevented through vaccination. Up to two-thirds of children receive their annual vaccination from their doctor's office. Unfortunately, only 55 percent of children were vaccinated last season.

Protect infants: get your flu vaccine!

In the United States, approximately 4 million children are born each year. Infants less than six months old cannot receive the vaccine. That's why it's important for pregnant women to get the flu vaccine because when they are vaccinated, they pass the protection to their infants during the first six months of life. Protecting the young and vulnerable by vaccinating everyone around them is known as "cocooning." This means everyone who comes in contact with them, including family members, household contacts, siblings and healthcare workers should be vaccinated.

Most parents know that children can easily spread viruses. The highest rates of transmission during outbreaks occur in school-aged children. During the 2009-2010 flu pandemic, 64 percent of children who died of the flu had a neurologic condition. Many may not realize that intellectual disability is also a high risk condition for having ill effects from the flu.

Influenza can be a deadly disease for healthy children, especially in the very young and those with the underlying health conditions listed above. According to the CDC:

- **Everyone** six months and older needs flu vaccine **every year**
 - Remember, when a child is receiving the flu vaccination for the first time, two doses are needed for protection against the virus to be effective. Wait four weeks between the first and second dose.
- Two to three flu strains have changed from last season.
- Vaccines that protect against four (Quadrivalent) strains of flu viruses are now available.
- Both the injection and the nose spray are effective and there is no recommendation for one or the other. Just get vaccinated.
- Children with egg allergies SHOULD be vaccinated.
- Families are an essential member of the vaccination team!

Parenting 101



When: Mondays;
January 27th
February 3rd, 10th, 24th
March 3rd

Where: Health Centre

Time: 5pm

Supper & daycare will be provided.

All Whitecap residents are welcome!!

Parenting 101

Family Winter Fest 2014

Family Winter Fest 2014



Monday, February 17, 2014
Beginning at noon

Whitecap School

- Lunch
- Games
- Sledding
- Prizes
- Other activities will be announced at a later date

OPEN TO ALL WHITECAP RESIDENTS
ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT

Sponsored by
The Whitecap Health Centre

Additional resources:

[Flu prevention and vaccination—Flu.gov](http://Flu.gov)

[Who's at risk?—Flu.gov](http://Flu.gov)

[How the flu virus changes—Flu.gov](http://Flu.gov)

[How the flu spreads—CDC](http://CDC)

[Prevent Childhood Influenza - NFID](#)



Good Food Box

Order day	Delivery day
Monday, January 6, 2014	Wednesday, January 15, 2014
Monday, January 20, 2014	Wednesday, January 29, 2014
Monday, February 3, 2014	Wednesday, February 12, 2014
Tuesday, February 18, 2014	Wednesday, February 26, 2014
Monday, March 3, 2014	Wednesday, March 12, 2014
Monday, March 17, 2014	Wednesday, March 26, 2014
Monday, March 31, 2014	Wednesday, April 9, 2014
Monday, April 14, 2014	Wednesday, April 23, 2014
Monday, April 28, 2014	Wednesday, May 7, 2014
Monday, May 12, 2014	Wednesday, May 21, 2014
** Please note All payments must be received before placing an order, to avoid any cancellations.	

WHITECAP DAKOTA UNITED CHURCH

Greetings! My name is Michele Rowe and I am honoured to serve the community of Whitecap Dakota on behalf of the United Church while Rev. Alan Jacques is on medical leave. I am of Métis (Cree & European) ancestry from Northern Alberta who has called Saskatchewan home for over 23 years. I am the parent of 4 children and grandmother (kokum) of 3.

Everyone is invited to attend our upcoming services which will take place on Sunday, February 9th and 23rd at 2:00pm in the Cultural Room at the Health Centre. I have been warmly welcomed by members of the community and look forward to meeting many of you soon!

Should you require pastoral care or wish to speak to me on any matter, please call me at 306.491.2602 or email me at rowebem62@gmail.com.

Blessings & peace like a river,
Michele

WHITECAP HOUSING & PUBLIC WORKS

Whitecap Housing & Public Works

111 Sports Centre Road

Whitecap SK S7K 2L2

Phone: 306-477-2013

Fax: 306-477-2034

Monday to Friday
8 A.M. to 4:30 P.M.



Whitecap Housing & Public Works	Department
Ron Erikson	Director, Housing & Public Works
Lynn Dumont	Housing Tenant Relations Clerk

On-Call Plumber	Contact Number	Availability
Byron Head	306-371-5605	
Bradon Eagle	306-380-0848	

Water Treatment Plant	Contact Number	Department
Deborah Paul	306-202-7089	WTP#1
Brian Trainberg	306-371-2101	WTP#2

After Hours & Weekend Call Outs

Please be advised of the call out list for any Housing & Public Works Emergencies or Major Problems that cannot wait until regular business hours.

Transfer Station	Garbage Disposal	Weekdays: 4:30P.M. – 10P.M.
		Weekends: 8A.M. – 10P.M.
Elementary School	Events Entry	After Hours & Weekends
Fire Hall	Events Entry	After Hours & Weekends

Arnold Stone: 306-290-2760

Rent Payments & General Inquiries

All inquiries and personal contacts regarding rents, rent payments, housing applications, notices, repairs, utilities and general housing inquiries can be made through Lynn Dumont. Please call Housing & Public Works department for all minor repairs and service call requests. All work orders must be issued through the office. Thank You!



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

November 27, 2013

Dear, Whitecap Tenants:

This letter is a friendly reminder that your furnace filter may need to be changed. There has been a high level of calls regarding furnace repairs which is the result of a dirty and clogged furnace filter. It is your housing responsibility for the general upkeep and maintenance for the house. Please inspect and replace the furnace filter and clean the HRV (Heat Recovery Ventilator) filters, if required.

As per your Rental Tenancy Agreement in section 8(b) of your contract states: "Inspect and replace (if necessary) furnace filter on a monthly basis." We have included helpful information for you to help keep costs low for both energy bills and any repair costs that may arise due to a lack of maintenance to the furnace.

Thank you for your help.

Sincerely

Ron Erikson
Director of Housing & Public Works

RE:ld

****Importance of Furnace Filters*****

Have you ever notice:

1. You turn your thermostat high to heat your home.
2. You turn on the De-humidistat (Ventilation fan), but still have humidity
3. Your exterior doors and door knobs are freezing up.
4. You notice stale air and poor circulation in your home.

These are some of the results of neglecting to keep your Furnace Filter clean. A dirty filter can affect people with allergies or hypersensitivities, and can lead to higher heating bills, and can also lead to overall furnace failures. When you do not replace or clean your furnace filter regularly then dirt, dust and other debris can build up inside the furnace unit causing serious problems in the long run. Your furnace has to struggle harder to heat your home; you will be paying more in heating bills caused by a dirty furnace filter. When a furnace becomes clogged with dirt and debris, this creates dirty air that will circulate throughout your home, rather than the clean fresh air that you once enjoyed. You and your family will be breathing in all these toxins that could have been sucked out of the air by a clean or new filter. Now may be time to replace furnace filters to restore the clear air in your home.

Neglecting your furnace will cause a number of serious problems to arise.

1. Your furnace may simply break down, typically when you least expect it and no one is around to fix or repair it.
2. Water lines may freeze up causing excessive damage to your home.
3. Furnace heat exchanger may become warped or crack from unbearable heat build-up within your furnace, and causing noxious carbon monoxide fumes to leak into your home.
4. Faulty furnaces have also been known to start fires caused by a dirty filter by not allowing air to circulate properly throughout the furnace and home.

Reasons to keep up with your furnace filter maintenance.

1. You can save yourself a lot of stress, health problems and financial burden simply by buying a \$6.00 furnace filter.
2. This will ensure that air is circulating properly throughout your home and increase the longevity of the furnace.
3. You will be pleased that your family and home is receiving the best air quality possible and
4. You will have lower heating bills.

How often should a furnace filter be replaced?

It is suggested by furnace manufacturing companies and furnace technicians that filters should be inspected or changed at least once a month during the heating season. This also varies from house to house and filter to filter. The less expensive conventional filters do not require changing as often and can last longer, however they are not the best at blocking small dust particles and other allergens. Also to consider is the living conditions such as, if you have more pets or anyone smokes regularly inside, then the filters need to be changed almost every month. Based on all this, the recommendation is to buy a higher quality filter, look at it monthly and plan to change it every one to three months.

****Note from Whitecap Dakota Housing Department****

We recommend changing the furnace filter a minimum of every three months, especially if you live in a home constructed in 1997 or newer. Your home may have a central ventilation fan coupled to your furnace system. When you turn on the ventilation fans in your home, the fan exhausts air from the kitchen and bathrooms while bringing in fresh air to be circulated throughout the house via the furnace fan. This means that air is constantly going through the furnace filter year round requiring the filter to be replaced on a regular basis. Also due to the amount of sand in the community, air that is drawn into the house will tend to plug up the filters a lot faster because of the sand content in the air. If you want to provide your family with clean air and lower humidity in your home, we encourage you to purchase a 4-6 pack of filters each year varying from \$6 to \$50. This will ensure that there are enough filters to last the entire year and also ensure proper furnace operation and endurance, provide clean air, and lower humidity in the home.

How to choose the right furnace filter for you home?

There are presently hundreds of models to choose from. Do not worry; you only need to understand a few features of a furnace filters that are essential. These features you should look for while making the purchase.

Types of Furnace Filters

1. **Washable/Reusable Filters** – These are meant for extended use, and with regular cleaning and maintenance serve a very long life. The downside could be nearly impossible to get completely cleaned and adds resistance to the airflow. These are also not very effective in trapping very small particles.
2. **Pleated Filters** – These are modified kind of panel filters that have pleats or fold to increase its surface area. The design change makes it more efficient at trapping dust particles due to increased surface area. However, once the furnace filter starts resisting airflow it begins collecting dust particles and thus should be replaced regularly.
3. **High Efficiency Pleated Filters** – These filters have an additional component of electrostatic charge that is designed to capture extremely small particles and various allergens, which make up 99% of the particulate composition of the air. These should be changed at regular intervals to maintain the air quality, and flow. Refillable furnace filters are also available in this type.

How to Size your furnace filter?

Locate the size of air filter you need to remove the old filter from the furnace and look at the sides of the filter. A label should be affixed that indicates the actual size for the filter. After you have located the label or printing with the size on it, put back the old filter until you get a clean one to replace it. If you cannot find a size on the filter than just measure the filter incase. If there is no old filter to measure, find the track that the air filter would normally fit into. Measure the inside of the track and check it with the filter size chart to pick the air filter size that will fit your furnace. Choose the actual size filter and pick one that is 1/2" smaller than the both sides you calculated, so the air filter fits in the track. Most standard sized filters are **16"x 25"x 1"**. Ensure the arrows on the filter point towards the furnace unit.

Have you changed your Furnace Filter Lately??

Example of Furnace Filters & Prices at the local Canadian Tire:



Duststop Permanent Furnace Filter

\$8.89

Product #64-3376-6

- Permanent filter
- Washable/reusable
- Traps dirt, dust and pollen



Endust Allergen Furnace Filters, 6 Pack

\$29.97

Product #0990640

- Pleated air filter
- Each filter lasts 30 to 90 days
- Allergen filtration – captures pet dander, dust, pollen and mold spores

WHITECAP SELF-GOVERNMENT



Q: What is wapahaskawotanin.com?

A: It's your brand new community website!

Register for the website and get access to:

- Public notices and news announcements as soon as they're released.
- Up to the minute information about community programs and services.
- A community event calendar.
- A jobs board featuring local job opportunities.
- A Whitecap Classifieds page.

To register please visit www.wapahaskawotanin.com
or click on the member site tab at whitecapdakota.com



Whitecap Dakota First Nation Self-Government Negotiations

Moving Governance Forward: Getting Out from Under the *Indian Act*

Since the establishment of Whitecap Dakota First Nation reserve in 1881, the people of Whitecap have been living under the *Indian Act*. This means that since this time, decisions on how the Dakota Nation organizes and governs itself have largely been made in Ottawa by the federal government.

The Path to Self-Governance

Self-government assures that Whitecap Dakota First Nation maintains their power and authority over its own governance.

It is important to remember that becoming a self-governing nation will not affect the Aboriginal Rights of members. Certain parts of the *Indian Act* that protect First Nations status and rights will continue to apply. In retaining status, Whitecap members will continue to enjoy benefits relating to such things as taxation, health services, and PSE.



WDFN Chief and Council signed the Governance Framework Agreement in January 2012 with the Minister of Aboriginal Affairs. The next steps include the Agreement in Principle, the Final Agreement and a ratification vote by all members who have reached the age of majority (see timeline above).

Current Status of Negotiations

Whitecap leadership has been negotiating the Governance Agreement in Principle (GAIP) since January 2012. Basically, the AIP outlines the details of what will be negotiated in the Final Agreement.

The GAIP is made up of 38 chapters including 24 chapters dealing with various law-making powers such as education, economic development and public order and peace. To date, WDFN has either started or completed draft language for 26 chapters. Some of the more significant jurisdictions under negotiation include lands, culture, language and administration of justice.

Continued Accountability and Consultation

Currently, WDFN members are updated and consulted on details related to Self-Government at community meetings and through the community newsletter and news site, the Wapahaska Wotanin. Members and Elders also have the opportunity to provide feedback on specific issues by participating in the Lands and Self-Government Advisory Committee and Elder's meetings.

As WDFN moves further along in Self-Government negotiations, WDFN leadership will continue to engage Whitecap members in detailed information and consultation sessions.

January 28, 2014 Updated: January 28, 2014 | 7:52 pm



War memorial to be added to Saskatoon's River Landing

By [Morgan Modjeski](#) Metro Saskatoon

Supplied/Whitecap Dakota First Nations. An artist's rendering of the proposed Spirit of Alliance – War of 1812 war memorial. Pending council approval, the memorial could find a new home at Saskatoon's River Landing. River Landing could soon be home to a new war memorial honouring the contributions of First Nations and ally soldiers in the War of 1812.

The memorial, titled the Spirit of Alliance – War of 1812, was donated to the City of Saskatoon by the Whitecap Dakota First Nation and will symbolize the important relationship between First Nations and British allies.

Depicting a series of bronze sculptures representing historical figures exchanging gifts and promises within the poles of a bronze teepee, city officials say the statue is expected to become a prominent part of downtown Saskatoon.

Chief of the Whitecap Dakota First Nation, Darcy Bear, said while the monument will honour the Dakota First Nation and other allies who fought in the war, he said the monument goes beyond the historical battle.

"The War of 1812 monument is less about war and more about commemorating the relationships—or the spirit of alliance—that brought people together to lay the foundation for our nation," he said in a statement.

"It is important to recognize these significant moments in our shared history."

The memorial, valued at \$320,000 will be constructed by a team of three local artists and will be placed in the centre of the second roundabout at Saskatoon's River Landing less than 200 metres away from a statue depicting the meeting of Saskatoon founders Chief Whitecap and John Lake.

Kevin Kitchen, the community initiatives manager with the City of Saskatoon said the addition of monument will help tell the complete story of Saskatoon's history.

"All of these monuments and pieces of art together talk about that important founding relationship between First Nations, Metis and white settlers," said Kitchen.

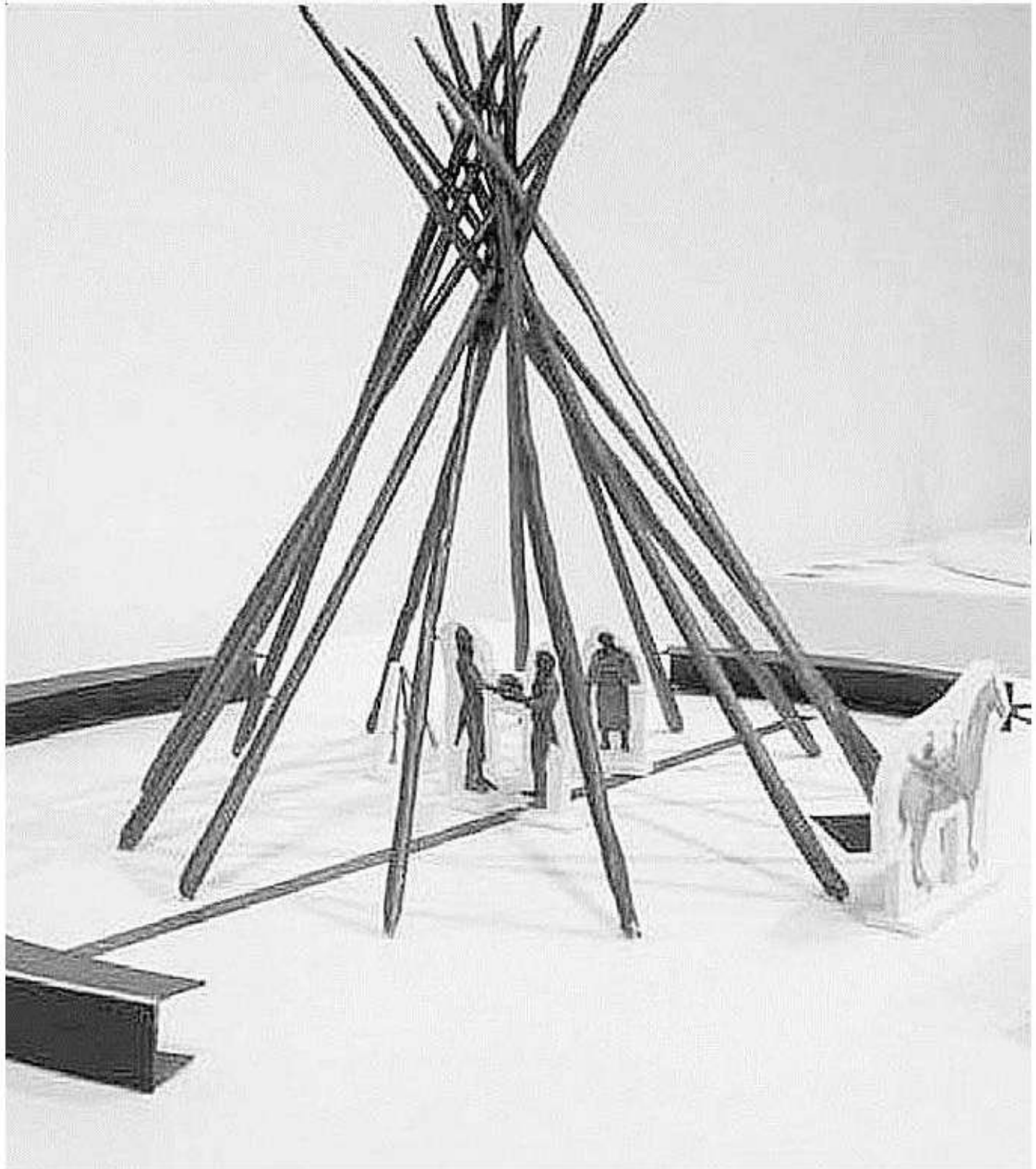
"I think it's something we need to a better job of and through this art, we're doing that and telling that story."

If the donation is accepted, the city will donate approximately \$18,000 for the installation and unveiling of the monument and will vote on \$1,000 annually for maintenance during the 2015 budget process.

Pending approval by council and the Meewasin Valley Authority officials expect the monument to be installed by fall of 2014.

First Nations art installation created for River Landing

BY CHARLES HAMILTON, THE STARPHOENIX JANUARY 29, 2014



An art installation similar to this rendering will be erected at River Landing this fall, if city council gives final approval.

Photograph by: Jean-Sebastien Gauthier, Adrian Stimson And Ian Happy Grove, The Starphoenix

Visitors to River Landing will soon be greeted by a \$320,000 commemorative piece of art celebrating First Nations and British cooperation during the War of 1812.

The installation, donated to the city by the Whitecap Dakota First Nation, will be located at the second roundabout at River Landing, near the Farmer's Market.

It's meant to showcase the unprecedented alliance between First Nations and European settlers during the War of 1812, First Nations leaders say.

"If we lost the war, we wouldn't have a Canadian flag flying," said Whitecap Dakota Chief Darcy Bear.

"There would be an American flag flying. Obama would be our president; we would have their economy. Instead, because of that alliance, we have a free country."

The monument was revealed Tuesday to city council's planning and operations committee, where city councillors greeted it with enthusiasm.

"We have a growing young aboriginal population, and when you see these things on the streets around you, it helps you feel at home," Coun. Charlie Clark said.

Local artists Jean-Sebastien Gauthier, Adrian Stimson and Ian Happy Grove designed the piece, which includes a series of bronze sculptures of historical figures exchanging gifts and promises in the spirit of alliance with the British. The gift-giving scene takes place within the poles of a bronze teepee. The installation will be bordered by four interpretive panels that tell the story of the War of 1812.

Mayor Don Atchison said he's in favour of the project, but expressed concern about its location in the roundabout, arguing that drivers may inadvertently crash into the expensive piece of art.

He was assured that concrete benches surrounding the teepee will be sufficient to protect the art from errant vehicles.

While the First Nation donated the art to the city, the city will cover the cost of installing it - about \$15,000.

The monument still needs final approval from city council, but if all goes according to plan, it will be installed this fall.

WHITECAP MEMORANDUM



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: Whitecap Dakota First Nation Band Members
cc: WDFN Council
From: Warren Buffalo, General Manager
Date: June 3, 2013
Re: United Cab Flat Rate

This notice is to clarify the \$44.00 flat rate offered by United Cab, to and from Whitecap Dakota First Nation.

The flat rate is for Community Members only. Transportation must be non-stop from point of pick-up to destination to qualify for the flat rate. Please understand, you may be charged extra for stops along the way.

If there is an issue with drivers charging other than the flat rate, please contact Warren Buffalo at Whitecap Dakota First Nation Band Office 306-477-0908.

Thank you

WB:sc

ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Notice

Community Safety Reminder

Please keep an eye out on your neighborhood and report any suspicious activity.

If you see strange vehicles or suspicious persons in the Community, write down the license plate number and description of the vehicle/persons and call the RCMP as soon as possible with this information.

Remind your children not to talk to strangers or get in a vehicle with strangers.

**Whitecap Dakota First Nation
Community Curfew**

All young persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All young persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.

Reminder

This is to remind the members & parents about the proper use of pellet/BB guns in the Community.

It is important to note that any individual under the age of 18 years is required to be supervised by an adult over 18 years of age when using a pellet/BB gun. Pellet and BB guns are not allowed to be used within 200 yards of the subdivisions or public buildings.



NOTICE

**Please be advised that the Band Office,
Business Centre, Housing & Public Works,
Health Centre and Children's Center will be**

Closed

From 3:00 PM, Friday, February 14th, 2014

THROUGH TO

Monday, February 17th, 2014

(Family Day Stat Holiday)

AND

Tuesday, February 18th, 2014

(First Nations Government Day Holiday)

~~~~~

**Normal business hours will resume at  
8:00 a.m. on Wednesday, February 19<sup>th</sup>, 2014**



**THEME: SHARING TRADITIONAL KNOWLEDGE**  
**E.D. FEEHAN COLLEGIATE**  
**Monday, February 10, 2014**

Students, Teachers, Elders and Parents are welcome.  
Helping our children grow up with a strong identity, speak  
their language and stand proud as a Cree, Dakota or Nakawē.



Saskatoon Public Schools  
Inspiring Learning



# Unemployed?

## Develop your skills with Certificate Training

Minimum CLB Level 5 English Language Requirement



**Radius Community Centre**

**611 First Avenue North, Saskatoon, SK**

[www.radiuscentre.com](http://www.radiuscentre.com)

*Supporting creative actions to improve quality of life*

### Care Assistant Preparation

Casual and respite workers for childcare centres and family homes, group homes and health care homes are in high demand. Employers are looking for the skills offered in this training.

**February 7 – 21, 2014**

**June 2 – 13, 2014**

**\*Must attend mandatory intake interview**

Ten day training includes:

- Pre-screening Interview; Criminal Record, Vulnerable Sector & Child Abuse Registry Searches
- Career Exploration – Personal Care Occupations
- Effective and Positive Communication with Children, Clients, Co-workers and Parents
- Resume, Cover Letter and Interview Workshop
- Respite Care Worker Training
- Food Safe Level 1 Certificate
- Healthy Living – Nutrition and Work/Life Balance
- First Aid/CPR C AED Certificate; WHMIS Certificate
- Hygiene and OHS Standards for Personal Care Occupations; Back care & Fall Prevention
- Recreation Therapy - Ideas for Play and Exercise



**Call to Register**

**306 665 0362**

Made possible through funding from:



Supported by:



# Unemployed?

## Develop your skills with Certificate Training

Minimum CLB Level 5 English Language Requirement



**Radius Community Centre**

**611 First Avenue North, Saskatoon, SK**

[www.radiuscentre.com](http://www.radiuscentre.com)

*Supporting creative actions to improve quality of life*

### Service Worker Prep

- Get in and out fast
  - Two certificates that prepare you to work
  - Food Safe Level 1, Saskatchewan Service Best and Résumé, Cover Letter and Interview refresher
- February 12 – 14, 2014   April 23 – 25, 2014  
June 4 – 6, 2014**

### Care Assistant Prep

- Casual and respite workers for Childcare Centres, Care Homes, and Group Homes are in high demand
  - Employers are looking for skills offered in this training
  - Saskatchewan Early Childhood Association supported
- February 7 – 20, 2014  
June 2 – 14, 2014**

### GED12 Preparation

- Take the fast track to work or further training
- Start anytime...work at your own pace
- Study up to 3 months with expert support
- Weekly intake assessments

**Continuous Intake**

### First Aid & CPR-C /AED

- Red Cross Certified
  - Recognized on every worksite
- January 15 – 17   February 18 – 20  
March 19 – 20   April 15 – 17  
May 13 – 15   June 10 – 12**

### One Stop Job Shop

- Intensive Job Search Preparation
  - Résumé, Cover Letter, Interview Skills and Job Search Techniques that get results!
- January 7 – 9   February 18 – 20  
March 18 – 20   April 15 – 17  
May 13 – 15   June 10 – 12  
July 8 – 10   August 26 – 28**

### Skill Enhancement Program

- Employee development workshops
- Workplace Essential Skills;
- Career exploration and planning
- Résumé, Cover Letter, Interview Skills and Job Search Techniques

**Bi-weekly starts; Full time, 6 weeks**

**Call to Register**

**306 665 0362**

Made possible through funding from:



# Service Worker Prep Gets you ready for work!

**February 18 — 20, 2014**  
9:00 a.m. — 3:00 p.m.



## Three Days - Two Certificates

- ✓ **Day 1 – Job Search Boot Camp**
  - Resume/Cover Letter Refresher
  - Interview & Job Search Skills
- ✓ **Day 2 - Food Safe Level 1**
- ✓ **Day 3 - Service Best Certificate**

The logo for Radius Community Centre, featuring the word "RADIUS" in a stylized font with a circular graphic element.

**Radius Community Centre**  
for Education and Employment Training

611 First Avenue North

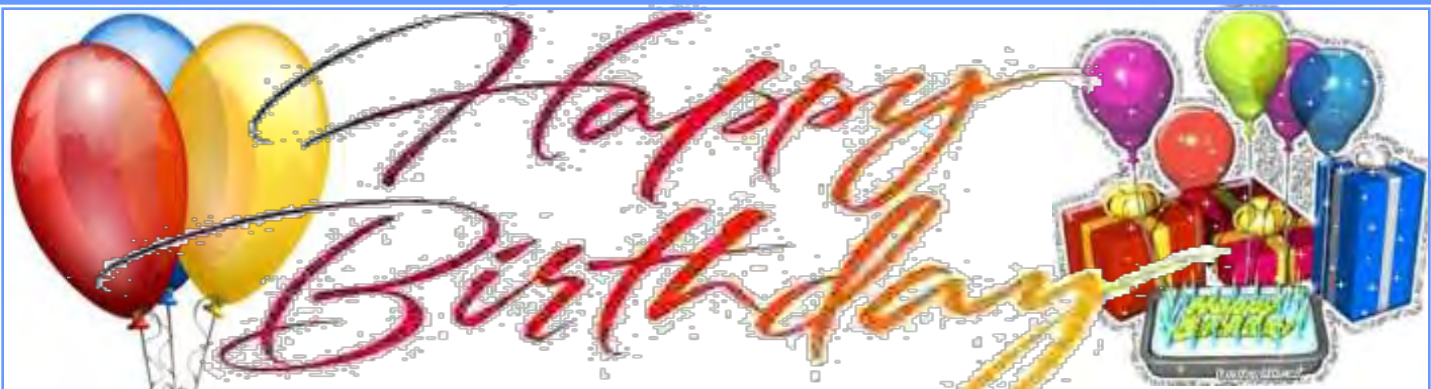
Saskatoon, SK

[www.radiuscentre.com](http://www.radiuscentre.com)

Call to register: **306 665 0362**

Made possible through funding from:





Happy Birthday to all Celebrating a Birthday in February

| Sunday | Monday                                                                 | Tuesday | Wednesday                                                                           | Thursday                                                                 | Friday                                                                  | Saturday                                                                     |
|--------|------------------------------------------------------------------------|---------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------|------------------------------------------------------------------------------|
|        |                                                                        |         |                                                                                     |                                                                          |                                                                         | 1                                                                            |
| 2      | 3                                                                      | 4       | 5                                                                                   | 6<br><i>Happy Birthday<br/>Ava</i><br>Love From Your<br>Kunsi's & Family | 7                                                                       | 8                                                                            |
| 9      | 10<br><i>Happy Birthday<br/>Kente</i><br>Love Your<br>Kunsi's & Family | 11      | 12<br><i>Happy Birthday<br/>Ashley</i><br>Wishing You A<br>Great Day<br>Your Family | 13                                                                       | 14<br><i>Happy Valentines<br/>Day<br/>Whitecap</i>                      | 15<br><i>Happy Birthday<br/>Gina</i><br>Love Always<br>Dad &<br>Your Sisters |
| 16     | 17                                                                     | 18      | 19                                                                                  | 20                                                                       | 21<br><i>Happy Birthday<br/>Dad! Papa!</i><br>Love You,<br>Deb & Childs | 22<br><i>Happy Birthday<br/>Lucille!</i><br>Love From<br>Trina & Family      |
| 23     | 24                                                                     | 25      | 26                                                                                  | 27                                                                       | 28                                                                      |                                                                              |

# Happy Belated Birthday Mommy & Bonnie

January 8th, 2014



*Love  
From  
The Family*

## For Your Info

**Canada Post  
1-800-267-1177**

**For new address change and  
mailbox keys inquiries.**

**United**  
the united group *Cabs*



**The United Group Cabs  
are happy to provide a flat rate  
of \$44.00 one way,**

- **from Whitecap Dakota First Nation  
to Saskatoon**
- **or from Saskatoon  
to Whitecap Dakota First Nation.**

## Rose's Diner & Catering



**For your catering needs:**

- *Receptions*
- *Lunches*
- *Dinners/BBQ'S*
- *Fundraisers*
- *Birthdays*
- *Special Events*
- *Group Meetings & More*

***Call Rose to book your next order***

**Whitecap Sports Centre**

**Phone: 306-477-7762**

**Fax: 306-374-5899**

**Cell: 306-281-4839**

**VALENTINE'S DAY POSTING**

*Happy Valentines*  
*Courtney*

Much Love & Respect  
Love  
Randolph & Niya

*Happy Valentines*  
*Grandma*

Love  
Candice

*Happy Valentines*  
*To My*  
*Beautiful Sister's*

Love Your Sister  
Irene

*Happy Valentines*  
*To Our*  
*Grandkids*

Love  
Grandpa & Grandma

*Happy Valentines*  
*Dad*

Love Always  
Bernice, Verna, Irene,  
Pat, Marge, Vicki & Gina

*Happy Valentines*  
*Dad / Papa*

Love You,  
Deb & Childs

**Happy Valentines**  
**Chapun**  
Bianca & Cruz