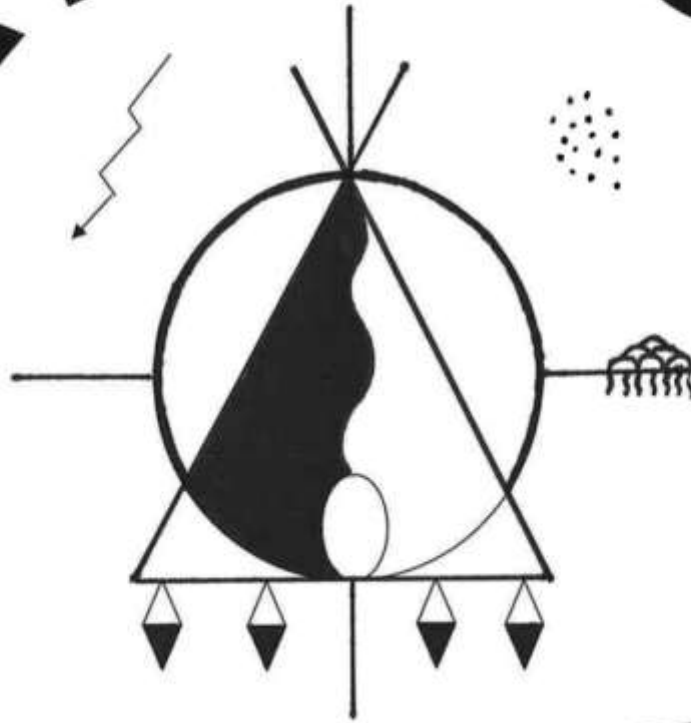


CHANWAPAGI WI - OCTOBER 2014



WA PA HA SKA



**DAKOTA
WOTANIN**



**WaPaHaSka
Dakota Wotanin**
will be posted to the
website on the first
business day of the month
www.whitecapdakota.com

REMINDER:
THE NEXT DAKOTA WOTANIN
SUBMISSION DEADLINE IS
October 31st, 2014
@ NOON

Forward Submissions to:
BOReception@whitecapdakota.com
or call 306-477-0908
Thank you.

WHITECAP DAKOTA FIRST NATION
182 CHIEF WHITECAP TRAIL
WHITECAP SK S7K 2L2
TELEPHONE: 306-477-0908
FAX: 306-374-5899
www.whitecapdakota.com

DAKOTA WOTANIN

Canwapa Gi Wi - October 2014

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NEXT ISSUE:
MONDAY,
NOVEMBER 3, 2014

Upcoming Meetings

Chief & Council Meeting

Monday, October 6, 2014 at 8 A.M. - Noon
Executive Boardroom

Veterans Committee Meeting

Wednesday, October 8, 2014
Dakota Dunes Casino, Yellow Room

Elders Luncheon Meeting

ELDERS MEETING DATES CHANGED

Tuesday, October 14, 2014 at Noon
Sports Centre Lunch Provided
Please contact Whitecap Dakota Band Office
if in need of Transportation

Education Advisory Committee Meeting

Wednesday, October 8, 2014 at 5:30 P.M.
Health Centre

Lands Advisory Committee Meeting

Monday, October 20, 2014 at 5 P.M.
Executive Boardroom

Housing, Health, CFS Advisory Committee Meeting

TBA

WHITECAP EMERGENCY DIRECTORY

Fire Emergency

Major Fire: 911

Contact Saskatoon Fire Dept. Dispatch: 911

Arnold Stone: 306-290-2760

Policing Services

Emergency: 911

Complaints & Inquiries: RCMP Only
306-310-7267 or 306-975-5173

Crime Stoppers
1-800-222-8477

Medical Emergency

Contact MD Ambulance Dispatch: 911

Child Protection Services

STC CFS: 1-866-871-4237

Self Help & Other

Health Line: 1-877-800-0002

The Health Line is a group of Health Nurses that will determine if your health condition requires immediate medical attention. This service is available 24 hours a day. All calls are confidential.

Suicide Crisis Line: 306-933-6200

Poison Control Centre: 1-866-454-1212

Problem Gambling: 1-800-306-6789

Medical Taxi Transportation: 373-4600

Monday to Friday – 8 a.m. to 4:30 p.m.

For afterhours call MD Ambulance Service: 911

SaskEnergy Natural Gas Emergency & Safety

1-888-700-0427

SaskPower Outage Reporting

Call No Charge: 306-310-2220



Whitecap Dakota First Nation
COMMUNITY ADVISORY COMMITTEES
 EFFECTIVE JUNE 3, 2013

**Education, Culture & Recreation
Advisory Committee**

Justice Advisory Committee

Membership Committee

Members:

Debra Moccasin
 Gord Ouellette
 Kevin Littlecrow
 Roberta A. Bear
 Willis Royal

Chairperson: Roberta A. Bear
 Councillor Frank Royal, Ex-officio

Lands Advisory Committee

Self Government Advisory Committee

Members:

Colette Eagle
 Elmer Eagle
 Heather Buffalo
 Melvin Littlecrow
 Verna Buffalo
 Vivian Anderson

Chairperson: Heather Buffalo
 Chief Darcy Bear, Ex-officio

**Housing & Public Works
Advisory Committee**

Health & Social Advisory Committee

CFS Advisory Committee

Members:

Arnold Stone
 Crystal Buffalo
 Janice Daniels
 Loretta Whitecap Brown
 Melvin Littlecrow
 Nancy Linklater
 Sandra Daniels

Chairperson: Janice Daniels
 Councillor Dwayne Eagle, Ex-officio



WHITECAP DAKOTA ELEMENTARY SCHOOL

Dean Swan - Principal

Administrator Message:

I hope everyone had a wonderful summer. It went by so quickly. I am very happy to be joining the Whitecap Community for the 2014-15 school year! I am looking forward to working together with you and your children. It is going to be an incredibly exciting year with brand new spaces to learn, work and play in. The renovations are scheduled to begin soon.

A special welcome goes out to the students and families who are new to Whitecap Dakota Elementary School – it's great to have you join us! We believe we have a GREAT school. We strive to provide a safe, caring and welcoming environment. We believe that all students matter. Our goal is to help students develop skills, interests, and passion to become lifelong learners. We look forward to a year of learning and fun at Whitecap Dakota Elementary School.

Our students have had an exciting start to the school year. The grade $\frac{3}{4}$ students participated in the Pipe Ceremony and our entire school were a part of the Flag Raising Ceremony. Students and Staff were very grateful to be invited to The Feast. The food was delicious! Our grade 4 students along with students who have attended Whitecap Dakota Elementary School in the past sang O Canada in Dakota at the War of 1812 Monument Unveiling. All students from kindergarten to grade 4 were fortunate to attend the unveiling.

It was great to see so many families and community members out to our *Welcome Back BBQ*. There are many wonderful staff members who will be working with your children this year. For those that were unable to join us, here is a list of our staff.

Name	Position
Dean Swan	Principal
Vivian Anderson	Dakota Language Teacher
Cathy Frain	Resource Room Teacher
Andrew Frape	LLI & P.E. Teacher
Susan Bear	Admin. Assistant/Community Coordinator
Verna Buffalo	PreK Teacher & Literacy Support Teacher
Sunny Blackstone	Kindergarten
Lynn Kuny	Grade $\frac{1}{2}$
Alisa Favel	Grade $\frac{3}{4}$
Melissa Neilands	E.A.
Brandie Parker	E.A.
Melissa Yuzicappi	E.A.
Elmer Eagle	Bus Driver
Glen Buffalo	Building Operator

All homeroom teachers have just finished conducting the Fountas & Pinnell Reading tests and alphabet testing. These results help us develop our school goals/initiatives and provide teachers with valuable information to help guide their classroom instruction.

It is our hope that we can get to meet families in the weeks ahead and would like you to stop by and introduce yourself. If you have any questions or concerns, please call the office at 306-477-2063.

Our door is always open and we believe that working together with families ensures a positive school year for all.

We look forward to a great year of learning at Whitecap Dakota Elementary School!

Pidamaya

Mr. Swan, Principal



October



Monday	Tuesday	Wednesday	Thursday	Friday
		1 ASSEMBLY (1:00pm)	2 Staff Meeting 2:45 p.m. Dismissal	3
6	7	8	9 Staff Meeting 2:45 p.m. Dismissal	10 NO SCHOOL
13 HOLIDAY (NO SCHOOL)	14	15	16 Staff Meeting 2:45 p.m. Dismissal	17 FLAP JACK FRIDAY
20	21	22	23 Staff Meeting 2:45 p.m. Dismissal	24
27 PJ DAY	28 Wacky Hair Day	29 Orange/Black Day	30 Staff Meeting 2:45 p.m. Dismissal Hat/Jersey Day	31 HALLOWEEN Wear Costumes

WHITECAP STUDENT ADVISORY COUNSELOR**Camay Coghlan-Cameron - Student Advisory Counselor**

Dear Whitecap Parents and Guardians,

I hope you are enjoying student's return to school. It has been a very hectic September. There are few important upcoming dates and events to announce. First, I would like to report the number of students that are currently attending schools in Saskatoon, Catholic and Clavet. In total, there are 29 High School Students, and 64 Elementary students. There are currently 93 students in total attending SPSPD, GSCS, and Clavet schools.

- **Monthly Meeting:** I will host a monthly meeting to coincide with Halloween on Thursday October 30th from 4 to 9pm. Supper and an event will be planned for this meeting. (I will send home a detailed invitation to students once I have confirmed our event).
- **News from schools:** John Lake Elementary School will be hosting a Pancake Breakfast for all students and their families on *Friday October 3rd from 8am to 9:05am*. I have been asked by the school to request that the John Lake students be dropped off at 8:30 so that they can participate in the breakfast, and again, all JL families are welcome to attend.

Please do not hesitate to contact me if you have any questions or concerns, I look forward to hearing from you. Meegwetch.

Pidamaya!

Camay Coghlan-Cameron
Student Advisory Counselor
306-370-2228

WHITECAP ADULT EDUCATION

Monica Kreiter, Program Coordinator

*Great Plains College
welcomes
Job Coach Kristan Bishopp
to the
Adult Basic Education program.*



HEAVY EQUIPMENT OPERATOR

NEW CAT HEAVY EQUIPMENT SIMULATORS & EXPERIENCE ON EQUIPMENT

October 20 to November 28, 2014
Warman Campus



Learn heavy equipment operations through cutting-edge CAT simulator and work site training in this six-week program.

Tuition*: \$8,500 +GST

- Approximately 150 hours operating and observing two pieces of heavy equipment in the field.
- Includes Safety Construction Orientation Training (SCOT).
- Powered Mobile Equipment Certification on two pieces of heavy equipment.

Equipment options may include:

- Hydraulic Excavator (Trackhoe)
- Front-end loader
- Motor grader
- Crawler Tractor (Dozer)

**Please note that this price does not include costs for books, student and application fees and Ground Disturbance tuition.*

**For more information contact Warman Campus at
(306) 242-5377 or toll-free at 1 (866) 296-2472.**

great plains
college

greatplainscollege.ca

Supported by:



Western Economic
Diversification Canada

Diversification de l'économie
de l'ouest Canada

Canada

In partnership with:



KRAMER



WHITECAP CHILDREN'S CENTRE**Evelyn Opekokew - Whitecap Children's Centre Manager**Whitecap Children's Centre**We have spaces available immediately!**

The Children's Centre is currently accepting applications for Child Care in the following age groups, Infant- Toddler and Preschool.

Please register your child ASAP to ensure a space is available.

Spaces are filled on a first come first serve basis.

For more information,

Please contact Evelyn Opekokew, Children Centre Manager

477-2086



Friendly Reminder for Parents and Guardians

**We ask that you please keep snacks from home at home,
as we do have some little ones with allergies.**

We provide breakfast, lunch and snacks daily and snacks in between if needed.

Also, the children that go to school have a snack provided by the teacher.

Thank you



Whitecap Children's Centre

Day Care Fees
(Effective September 1, 2011)

Band Members

Infants (6-17 months)	- \$350.00/month (full-time)
Toddlers (18-29 months)	- \$287.50/month (full-time)
Preschooler (30 months–5 years)	- \$262.50/month (full-time)

Non Band Members

Infants (6-17 months)	- \$700.00/month (full-time)
Toddlers (18-29 months)	- \$575.00/month (full-time)
Preschooler (30 months–5 years)	- \$525.00/month (full-time)

(Upon application, parents of children who use the service of the Whitecap Children's Centre will be entitled to a fee subsidy of 50% if their child is a Whitecap Band Member.)

Fees are due on the 1st business day of the month. If the 1st falls on a weekend or holiday, the fees are due on the next business day.

After the 1st business day of the month, there is a \$25.00 late fee.
If fees are not paid by the 20th of the month, child care services are suspended until fees and late fees are paid in full.

If you have any questions or concerns, please call the Whitecap Children's Centre @ 477-2086.



WHITECAP IRA NEWS

Sheila Caisse - IRA

 **September 30, 2014**

Read on for important updates and reminders regarding Membership
Information from your Indian Registry Administrator (IRA) – Sheila: 477-0908.

NEW PARENTS

Expecting a child soon or already have a newborn?

- ❑ Please call or come and see me as soon as possible after your child is born so we can discuss the eligibility for registration and prepare to fill out forms.
- ❑ Step 1: you will need your child's birth document:
 - a) As your IRA, I may request a "birth extract" from the AANDC on behalf of Members for registration purposes. Therefore, please allow me to put forth this request before you spend the fee to order a birth certificate. [These are usually only available in their system for newborns.]
 - b) If a birth extract is not available as in a) above, you will need to order your child's original birth certificate from *eHealth Saskatchewan* (Vital Stats). See below for more information about eHealth.
- ❑ Step 2: complete an application for registration form and submit the original form (signed by both parents) along with original birth document to me for processing.
- ❑ Step 3: wait for correspondence from AANDC regarding application status. Once the registration is complete, AANDC will send you a letter confirming your child's registration.

NEW FORM AND ADDRESS TO ORDER BIRTH CERTIFICATES from eHealth Saskatchewan

- You may pick up a form at the Band Office or print one online from: *[note new website address]*
<http://www.ehealthsask.ca/vitalstats/Pages/default.aspx>
- You now have the option to order online; you must have a valid credit card to process your order online. If you do not, you will need to submit your order using the manual forms-based process.
- **Note:** please ensure you order the *long form* birth certificate as it states the parent's names and this is an absolute requirement for the 'registration as an Indian' process and it will be too for the new SCIS cards
- The forecasted turnaround time is **5 business days** (fee is \$25)
- **Priority Service** is **5 business days** (costs an extra \$30 for this service)

REQUESTS FOR STATUS NUMBERS

- IRA's may not release a member's status number over the telephone; however, the member may come into the office to see the IRA in person, show identification, then the IRA can release the member's or their child(s) status number.
- Alternatively, you may call the IRA with direction to fax you or your child(s) information to a medical office for services that are pending (i.e., doctor, dentist, pharmacy).

STATUS CARDS

- 👉 Just a friendly reminder that I do not accommodate walk-in requests for status cards as I have other responsibilities besides IRA duties. Please call me ahead of time if you wish to make an appointment for a status card. Thanks for your cooperation.

UPDATE ON SCIS (Secured Certificate of Indian Status) card

- AANDC still does not know when the new SCIS status cards will be rolled-out at the Community level.
- Applications for the new SCIS cards are being processed at the AANDC offices in Prince Albert and Regina.
- AANDC is now accepting applications for the new SCIS by mail; please refer to their website for the application form(s) and process: www.aadnc-aandc.gc.ca (search SCIS)

Registered Indians 16 years of age and older need to provide the following: Completed SCIS Adult Application; Original long-form birth certificate; (2) passport style photos; valid I.D.; Guarantor declaration

WHITECAP TOTAL POPULATION: 619

WHITECAP BUSINESS CENTRE

Whitecap Business Centre

189 Chief Whitecap Trail

Monday to Friday

8 A.M. – 4:30 P.M.

Phone: 306-477-0908

Fax: 306-373-6359



Whitecap Business Centre	Department
Darrell Balkwill	Director, Economic, Development
Dalyn Bear	Lands Manager
Jackie Pilon	Business Development Manager
Kim Buffalo	Administrative Assistant, WDC & Lands

The Job Board is now at the Whitecap Business Centre

Come by to see if there are opportunities for you!

The public computer that was in the copy room at the Band Office is now available for Band Members to use at the Whitecap Business Centre. We have added another work station to use as well for exploring your education and career opportunities. Please read the Computer Usage Policy and sign in to use the computers!

Monday and Friday
Hours are 8:30 A.M. – 11:30 A.M.
and 1:30 P.M. – 4:00 P.M.



WHITECAP HEALTH & SOCIAL DEVELOPMENT



Whitecap Health Centre

316 Moose Woods Drive

Whitecap SK S7K 2L2

Phone: 306-373-4600

Fax: 306-343-8855

Whitecap Health Centre	Department	Extension
Victorine Royal vroyal@whitecapdakotahealth.com	Administration/Medical Transportation	#221
Sheryl Buffalo sbuffalo@whitecapdakotahealth.com	Maternal Child Health	#223
Jeannie Coe Jeannie.Coe@saskatoonhealthregion.ca	Nurse Practitioner	#224
Katlynn Henderson khenderson@whitecapdakotahealth.com	Home Health Aide	#225
Amber Clark aclark@whitecapdakotahealth.com	Family Prevention Support Worker	#226
Tony Roulette troulette@whitecapdakotahealth.com	Wellness Worker	#227
Vacant	Community Justice	#229
Vacant	Recreation Coordinator	#230
Gary Beaudin gbeaudin@whitecapdakota.com	Executive Manager, Health Services	#231
Arlene Peeteetuce apeeteetuce@whitecapdakotahealth.com	Community Health Nurse	#254
Whitecap Dakota Elementary	Counselling	#256
Rachel Littlecrow rlittlecrow@whitecapdakota.com	Income Assistance Administrator	#233

All Medical Taxi Transportation Users:

Two-Day Notice

- Please be reminded that a two-day (48 hours) notice is required in order to process Medical Taxi Transportation (excluding Saturday & Sunday).

Escorts

- Children (18 years & under) & Elders (with limited mobility) are required to have an escort for the duration of the trip.

Cab Sharing & Coordination

- Be advised that passengers may at times require to share a taxi which means that there will be a wait time between appointments before returning back to Whitecap.

Cancellations

- If you need to cancel your medical taxi, please call the Health Centre two hours before your scheduled pick up.

Medical Emergencies

- If your condition is a medical emergency, call 911;
- If admitted into the Hospital, notify the Health Centre in which case the NIHB Call Centre will process the return taxi trip upon discharge if there are no other means of travel home.

Nurse Practitioner

- Please keep in mind that the local Nurse Practitioner is available (Monday, Tuesday & Thursdays) as another option to seek medical care. Please book an appointment by calling the Health Centre.

Stonebridge Pharmacy Weekly Prescription Delivery

- Prescription delivery to the Whitecap Health Centre is scheduled every Thursday afternoon. Details to change pharmacies and to receive the prescription delivery service or for more information call the Health Centre.



48 Hour Notice to
book a Medical Taxi

Clinic After Hours Schedule

SERVICES AVAILABLE

WHAT IS A NURSE PRACTITIONER?

A Nurse Practitioner is a registered nurse who works in a Primary Health setting, has additional education and training, writes a national qualifying exam and is licensed by the Saskatchewan Registered Nurses Association as an independent practitioner.

WHAT CAN A NURSE PRACTITIONER DO?

- Can diagnose and treat common medical illnesses, chronic medical conditions such as diabetes or COPD.
- Can order tests such as laboratory tests, x-rays, and ultrasounds, pre-op appointments.
- Perform common procedures such as removal of moles, excision and drainage of abscesses and suturing of simple wounds (cuts).
- After assessment, prescribe medications (except narcotics)
- Provides education, injury prevention & health promotion.



AFTER HOURS NURSE PRACTITIONER SCHEDULE

Monday Hours : 11:00 AM—7:00 PM

(Jeannie will also be available to take appointments during regular clinic hours Tuesday and Thursdays from 9:30 a.m. —4:15 p.m.)

Closed on Weekends & Statutory Holidays

- To secure an appointment for the after hour service call the Health Centre.
- If unable to keep this appointment, kindly give 24 hours notice.

***PLEASE BRING YOUR SASKATCHEWAN
HEALTH CARD**

**Call the Health Centre to book
appointments.**



Whitecap Health Centre
Jeannie Goe
Nurse Practitioner

Who Can Get a Free Flu Shot?

- ✓ **All Saskatchewan residents 6 months and older are eligible to get a free (publicly funded) seasonal influenza vaccine.**
- ✓ **The vaccine is strongly recommended for individuals at high risk of becoming seriously ill with influenza.**
 - People with chronic health conditions, such as:
 - lung and/or heart disease
 - asthma
 - diabetes mellitus (types 1 and 2)
 - neurological conditions
 - cancer
 - kidney disease
 - children on long term aspirin therapy
 - Adults 65 years of age and older
 - Pregnant women in all trimesters
 - People with severe obesity
 - Residents of a nursing home or other care facility
 - Children from 6 months up to and including 59 months of age (younger than 5 years old)
- ✓ **People who should be immunized to protect those at high risk of getting influenza include:**
 - Healthcare workers and volunteers
 - Household and close contacts of persons who are at risk of getting seriously ill with influenza
 - Household and close contacts of babies younger than 6 months old
 - Members of households expecting babies
 - Individuals providing regular child care to children up to 59 months of age (younger than 5 years old) either in or out of the home
 - People who work with poultry or hogs
 - Health science students (human and animal health)

NOTES:

- Non-publicly funded influenza vaccines may be available through workplaces or available for private purchase at pharmacies.
- The Ministry of Health does not reimburse the cost of privately-purchased vaccines.

HELP PREVENT THE SPREAD OF INFLUENZA

- ✓ *Get immunized every year.*
- ✓ *Wash your hands often with soap and water or use an alcohol-based hand sanitizer.*
- ✓ *Cough and sneeze into your sleeve and use tissues only once.*
- ✓ *Stay home if you are ill.*
- ✓ *Clean all surfaces regularly.*

August 2014 CD 117

WOMEN & SELF CARE

Topics for 40+ Women on 'Menopause'

Tuesday, October 7, 2014

5:00 p.m. – 7 p.m.

(Supper will be provided)

Whitecap Health Centre

Cultural Room

Presenter: Sarah Nixon-Jackle, RN

**For more information please call
the Whitecap Health Centre
306-373-4600.**



READ Saskatoon

It's more than words. *2014*

FREE Financial Empowerment Workshops

Location: Whitecap Health Center

Meals and childcare will be provided.

October 9th, 2014 5-7 p.m.

Sampler Session: Want to gain better control of your money? Check out this sampler session for this six week series.

October 16th, 2014 5-7 p.m.

Asset-building: it's not just about money! Explore *all* the talents you bring to the table. Created your own personalized asset-map in this interactive workshop.

October 23rd, 2014 5-7 p.m.

Budgeting: gain better control of your money. This workshop explores how and why we spend money, we learn the difference between wants and needs and how to build a budget.



These workshops are offered at no cost to you and generously sponsored by:



Affinity
Credit Union



Pre-registration is required.

Please call: Rachel Littlecrow

306 373-4600

Email: rlittlecrow@whitecapdakota.com



A free workshop for people with type 2 diabetes, pre-diabetes, and their caregivers.

Learn tools and gain skills to help you manage diabetes and take a step toward Living Well.

Small groups meet weekly for 6 sessions.

LiveWell with Diabetes Workshop

**Whitecap Dakota First Nation
Health Center**

Tuesday afternoons

1:00 pm – 3:30 pm

Oct. 14th – Nov. 25th, 2014

*No session on Nov. 11th
(Remembrance Day)*

**To register or for more information, call
Julie Penner 306-655-2256**

**Sign up now
for a LiveWell
with Diabetes
Workshop!**

Free
Lunch
Included



WHITECAP HOUSING & PUBLIC WORKS

Whitecap Housing & Public Works

111 Sports Centre Road

Whitecap SK S7K 2L2

Phone: 306-477-2013

Fax: 306-477-2034

Monday to Friday
8 A.M. to 4:30 P.M.



Whitecap Housing & Public Works	Department
Ron Erikson	Director, Housing & Public Works
Lynn Dumont	Housing Tenant Relations Clerk

On-Call Plumber	Contact Number
Byron Head	306-371-5605

Water Treatment Plant	Contact Number
Brian Trainberg	306-371-2101
Earl Buffalo	306-713-5250

After Hours & Weekend Call Outs

Please be advised of the call out list for any Housing & Public Works Emergencies or Major Problems that cannot wait until regular business hours.

Transfer Station	Garbage Disposal	Weekdays: 4:30P.M. – 10P.M.
		Weekends: 8A.M. – 10P.M.
Elementary School	Events Entry	After Hours & Weekends
Fire Hall	Events Entry	After Hours & Weekends

Arnold Stone: 306-290-2760

Minor Repairs, Service Call Requests, Rent Payments & General Inquiries

All inquiries and personal contacts regarding rents, rent payments, housing applications, notices, repairs, utilities and other general inquiries can be made through Lynn Dumont

Please call Housing & Public Works Office for all minor repairs and maintenance to have work completed at units.



Whitecap Volunteer Fire Department
172 Chief Whitecap Trail
Whitecap, SK S7K 2L2
Telephone: 306-477-0908 Fax: 306-374-5899



Home Fire Safety Inspection

The home fire safety inspection program is scheduled for October 16 – 26, 2014. If you are not available during the week day, there is a week end date as well. If you would prefer a week end inspection you may arrange a time by calling Fire Chief at 306-290-2760.

A Residential Fire Safety Survey is a fire prevention activity not a code enforcement activity. This is a Housing & Public Works, public awareness and education program. The main objective of the program is to:

- Prevent accidental fires
- Improve life safety conditions
- Help tenants to under-stand and improve existing conditions



Whitecap Volunteer Fire Department
172 Chief Whitecap Trail
Whitecap, SK S7K 2L2
Telephone: 306-477-0908 Fax: 306-374-5899



Annual Servicing/Inspection of Portable Fire Extinguishers

SPI Health and Safety is scheduled to implement the annual fire extinguisher servicing on Oct 8, 9 & 10, 2014. Extinguishers will be picked up from all residential units that have extinguishers on the morning of Oct 6, 7 & 8, 2014. If you will not be home or if it is more convenient you may place the fire extinguisher outside on your front door step.

Thank You For Your Anticipated Cooperation.



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

November 27, 2013

Dear, Whitecap Tenants:

This letter is a friendly reminder that your furnace filter may need to be changed. There has been a high level of calls regarding furnace repairs which is the result of a dirty and clogged furnace filter. It is your housing responsibility for the general upkeep and maintenance for the house. Please inspect and replace the furnace filter and clean the HRV (Heat Recovery Ventilator) filters, if required.

As per your Rental Tenancy Agreement in section 8(b) of your contract states: "Inspect and replace (if necessary) furnace filter on a monthly basis." We have included helpful information for you to help keep costs low for both energy bills and any repair costs that may arise due to a lack of maintenance to the furnace.

Thank you for your help.

Sincerely

Ron Erikson
Director of Housing & Public Works

RE:ld

**Whitecap Community Members are welcome to
speak to the Whitecap Housing Advisory
Committee Members about any housing concern.**

****Importance of Furnace Filters****

Have you ever notice:

1. You turn your thermostat high to heat your home.
2. You turn on the De-humidistat (Ventilation fan), but still have humidity
3. Your exterior doors and door knobs are freezing up.
4. You notice stale air and poor circulation in your home.

These are some of the results of neglecting to keep your Furnace Filter clean. A dirty filter can affect people with allergies or hypersensitivities, and can lead to higher heating bills, and can also lead to overall furnace failures. When you do not replace or clean your furnace filter regularly then dirt, dust and other debris can build up inside the furnace unit causing serious problems in the long run. Your furnace has to struggle harder to heat your home; you will be paying more in heating bills caused by a dirty furnace filter. When a furnace becomes clogged with dirt and debris, this creates dirty air that will circulate throughout your home, rather than the clean fresh air that you once enjoyed. You and your family will be breathing in all these toxins that could have been sucked out of the air by a clean or new filter. Now may be time to replace furnace filters to restore the clear air in your home.

Neglecting your furnace will cause a number of serious problems to arise.

1. Your furnace may simply break down, typically when you least expect it and no one is around to fix or repair it.
2. Water lines may freeze up causing excessive damage to your home.
3. Furnace heat exchanger may become warped or crack from unbearable heat build-up within your furnace, and causing noxious carbon monoxide fumes to leak into your home.
4. Faulty furnaces have also been known to start fires caused by a dirty filter by not allowing air to circulate properly throughout the furnace and home.

Reasons to keep up with your furnace filter maintenance.

1. You can save yourself a lot of stress, health problems and financial burden simply by buying a \$6.00 furnace filter.
2. This will ensure that air is circulating properly throughout your home and increase the longevity of the furnace.
3. You will be pleased that your family and home is receiving the best air quality possible and
4. You will have lower heating bills.

How often should a furnace filter be replaced?

It is suggested by furnace manufacturing companies and furnace technicians that filters should be inspected or changed at least once a month during the heating season. This also varies from house to house and filter to filter. The less expensive conventional filters do not require changing as often and can last longer, however they are not the best at blocking small dust particles and other allergens. Also to consider is the living conditions such as, if you have more pets or anyone smokes regularly inside, then the filters need to be changed almost every month. Based on all this, the recommendation is to buy a higher quality filter, look at it monthly and plan to change it every one to three months.

****Note from Whitecap Dakota Housing Department****

We recommend changing the furnace filter a minimum of every three months, especially if you live in a home constructed in 1997 or newer. Your home may have a central ventilation fan coupled to your furnace system. When you turn on the ventilation fans in your home, the fan exhausts air from the kitchen and bathrooms while bringing in fresh air to be circulated throughout the house via the furnace fan. This means that air is constantly going through the furnace filter year round requiring the filter to be replaced on a regular basis. Also due to the amount of sand in the community, air that is drawn into the house will tend to plug up the filters a lot faster because of the sand content in the air. If you want to provide your family with clean air and lower humidity in your home, we encourage you to purchase a 4-6 pack of filters each year varying from \$6 to \$50. This will ensure that there are enough filters to last the entire year and also ensure proper furnace operation and endurance, provide clean air, and lower humidity in the home.

How to choose the right furnace filter for you home?

There are presently hundreds of models to choose from. Do not worry; you only need to understand a few features of a furnace filters that are essential. These features you should look for while making the purchase.

Types of Furnace Filters

1. **Washable/Reusable Filters** – These are meant for extended use, and with regular cleaning and maintenance serve a very long life. The downside could be nearly impossible to get completely cleaned and adds resistance to the airflow. These are also not very effective in trapping very small particles.
2. **Pleated Filters** – These are modified kind of panel filters that have pleats or fold to increase its surface area. The design change makes it more efficient at trapping dust particles due to increased surface area. However, once the furnace filter starts resisting airflow it begins collecting dust particles and thus should be replaced regularly.
3. **High Efficiency Pleated Filters** – These filters have an additional component of electrostatic charge that is designed to capture extremely small particles and various allergens, which make up 99% of the particulate composition of the air. These should be changed at regular intervals to maintain the air quality, and flow. Refillable furnace filters are also available in this type.

How to Size your furnace filter?

Locate the size of air filter you need to remove the old filter from the furnace and look at the sides of the filter. A label should be affixed that indicates the actual size for the filter. After you have located the label or printing with the size on it, put back the old filter until you get a clean one to replace it. If you cannot find a size on the filter than just measure the filter incase. If there is no old filter to measure, find the track that the air filter would normally fit into. Measure the inside of the track and check it with the filter size chart to pick the air filter size that will fit your furnace. Choose the actual size filter and pick one that is 1/2" smaller than the both sides you calculated, so the air filter fits in the track. Most standard sized filters are **16"x 25"x 1"**. Ensure the arrows on the filter point towards the furnace unit.

Have you changed your Furnace Filter Lately??

Example of Furnace Filters & Prices at the local Canadian Tire:



Duststop Permanent Furnace Filter

\$8.89

Product #64-3376-6

- Permanent filter
- Washable/reusable
- Traps dirt, dust and pollen



Endust Allergen Furnace Filters, 6 Pack

\$29.97

Product #0990640

- Pleated air filter
- Each filter lasts 30 to 90 days
- Allergen filtration – captures pet dander, dust, pollen and mold spores

WHITECAP SELF-GOVERNMENT



Q: What is wapahaskawotanin.com?

A: It's your brand new community website!

Register for the website and get access to:

- Public notices and news announcements as soon as they're released.
- Up to the minute information about community programs and services.
- A community event calendar.
- A jobs board featuring local job opportunities.
- A Whitecap Classifieds page.

To register please visit www.wapahaskawotanin.com or click on the member site tab at whitecapdakota.com

HISTORIC MONUMENT UNVEILING FOR WHITECAP DAKOTA FIRST NATION AND PRINCE EDWARD

On September 19th Whitecap Dakota First Nation and His Royal Highness Prince Edward, Earl of Wessex participated in the monument unveiling as a part of his visit to Saskatchewan. Located by the Farmers Market in Saskatoon, the monument educates Canadians on the participation of the Dakota First Nation involvement during the War of 1812. Chief Bear, Councillor Royal, Councillor Eagle and Senator Littlecrow welcomed Prince Edward at the "Spirit of Alliance" monument site. Representing the multicultural allies who participated in the war, Chief Bear spoke about the importance of this monument:

"Canada was formed on partnerships between First Nations and settlers. The Dakota took the side of the British, fighting against the Americans in the War of 1812. If you go back in time, people think 1867 was when somebody flipped a switch and Canada was born, but there were humble beginnings prior to that."

The monument is a donation from the Whitecap Dakota First Nation and our government and corporate partners to the City of Saskatoon. "We must remember our original veteran soldiers and warriors who together made the ultimate sacrifice and laid the foundation for our beautiful multi-cultural nation" said Chief Bear. "We honour this spirit of alliance through this monument that we have built with our partners".

Following Chief Bear's speech, Prince Edward stated "It's a great privilege to be here and to be standing on the Whitecap Dakota First Nation land and to be able to honour all First Nations who contributed to the 1812 War."

The day was filled with excitement as hundreds gathered around the monument site to witness the Prince and Chief Bear unveil the monument created by artists Adrian Stimson, Ian Grove and J.S. Gauthier. After Prince Edward and dignitaries revealed the monument, "O Canada" was sung in the



Dakota language by the Whitecap Dakota School children. The festivities continued for the Prince as a special performance was held in the Farmers Market by the Buffalo Boys and drumming from the Sioux Valley Drummers.

If you would like to see the monument, it is located by the roundabout at Avenue A and Spadina Crescent. Thank you to everyone who came out to witness this historic day.



WHITECAP MEMORANDUM

NOTICE

**Please be advised that the Band Office,
Business Centre, Housing & Public
Works, Health Centre and Children's
Centre will be**

Closed

Monday, October 13th, 2014

(Thanksgiving Day Stat Holiday)

**Normal business hours will resume at
8:00 a.m. on Tuesday, October 14, 2014**



Whitecap Dakota First Nation

182 Chief Whitecap Trail, Whitecap SK S7K 2L2

Phone (306) 477-0908 • Fax (306) 374-5899

Website: www.whitecapdakota.com

Memorandum

To: Whitecap Dakota First Nation Band Members
cc: WDFN Council
From: Warren Buffalo, General Manager
Date: June 3, 2013
Re: United Cab Flat Rate

This notice is to clarify the \$44.00 flat rate offered by United Cab, to and from Whitecap Dakota First Nation.

The flat rate is for Community Members only. Transportation must be non-stop from point of pick-up to destination to qualify for the flat rate. Please understand, you may be charged extra for stops along the way.

If there is an issue with drivers charging other than the flat rate, please contact Warren Buffalo at Whitecap Dakota First Nation Band Office 306-477-0908.

Thank you

WB:sc



NOTICE

Whitecap Dakota First Nation Indian Residential Schools (IRS) 'Personal Credits' Options Meeting

Saturday October 4, 2014

12:00 pm

Whitecap Fire Hall

Open to all former IRS students

18 years +

Lunch is Provided

Agenda items include:

- **IRS 'Personal Credits Options'**
 - Educational Entity
 - List of approved Educational Entities on www.residentialschoolssettlement.ca
- **IRS 'Group Options'**
 - Language & Culture Program
- **Call 1-866-343-1858 (with Date of Birth, IRS attended) to have your application sent to you via e-mail or fax (306-374-5899)**
- **Call Lori Buffalo –DeLaRonde at 306-477-0908 to confirm your attendance for lunch.**

SURVEY PROJECT UNDERWAY IN WHITECAP

Whitecap is a growing community and a growing community presents challenges. How do you plan for the future? What services and programs will the community require and what will we need to offer for educational programming and employment training? To answer these questions Whitecap Dakota First Nation (WDFN) requires data in order to understand the present and future needs of the community.

To get the data it needs WDFN is participating in the First Nations Regional Early Childhood Development, Education and Employment Survey. The survey was developed by the Assembly of First Nations and is being coordinated by Tribal Councils and participating Bands from all over Canada. The purpose of the survey is to provide accurate, relevant information in the crucial areas of childhood development, education and employment. There are three versions of the survey: one for children (to be filled out by parents or guardians), one for youth, and one for adults.

In Whitecap, Band Member Justine Smokeyday has been delivering the surveys in person since the beginning of July. Over the course of the next few months Justine will continue to contact households in Whitecap to arrange time to complete the surveys. The surveys take approximately 45-60 minutes to complete and all personal data that is collected is subject to strict privacy regulations. It is really important for WDFN that as many community members participate as possible so they can make informed decisions about planning for a growing community.

As a further incentive prizes will be randomly drawn for completed surveys at the end of the project. Prizes include big screen HDTV's, iPads, Gift Cards, and a new bicycle. All participants will also receive a small gift and a sincere thank-you. To contact Justine and arrange for a time please call her at 306-291-2238

ADVERTISEMENTS, ANNOUNCEMENTS & NOTICES

Notice

Community Safety Reminder

Please keep an eye out on your neighborhood and report any suspicious activity.

If you see strange vehicles or suspicious persons in the Community, write down the license plate number and description of the vehicle/persons and call the RCMP as soon as possible with this information.

Remind your children not to talk to strangers or get in a vehicle with strangers.

**Whitecap Dakota First Nation
Community Curfew**

All young persons, 12 years of age and under are required to be off Community streets and Community property between 8 P.M. and 7 A.M. unless accompanied by a parent or guardian.

All young persons, between the ages of 13 and 17 are required to be off Community streets and Community property between 11 P.M. and 7 A.M. unless accompanied by a parent or guardian.

Reminder

This is to remind the members & parents about the proper use of pellet/BB guns in the Community.

It is important to note that any individual under the age of 18 years is required to be supervised by an adult over 18 years of age when using a pellet/BB gun. Pellet and BB guns are not allowed to be used within 200 yards of the subdivisions or public buildings.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Happy Birthday peaches Love Nana	4 <i>Happy Birthday Elwin</i> Love Mom
5	6	7	8	9	10	11
12	13 Thanksgiving Day	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Halloween	

Rose's Diner & Catering



For your catering needs:

- *Receptions*
- *Lunches*
- *Dinners/BBQ'S*
- *Fundraisers*
- *Birthdays*
- *Special Events*
- *Group Meetings & More*

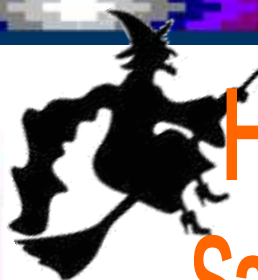
Call Rose to book your next order

Whitecap Sports Centre

Phone: 306-477-7762

Fax: 306-374-5899

Cell: 306-281-4839



Halloween Safety Tips

1. Go with a parent, or a older sister or brother. If someone older cannot go with you, then go in a group.
2. Trick-or-Treat when it is still light out, if possible
3. Wear a costume that makes it easy for you to walk and be seen after dark.
4. Carry a flashlight and use reflective tape on your costume so that people driving cars can see you.
5. If you wear a mask, take it off before crossing the road.
6. Never cross the street between parked cars and walk facing oncoming traffic to make sure you can see the vehicles.
7. And most importantly children,
Have a Safe and Fun Happy Halloween!



WANNA DAKOTA UNKIAPI KTE

<i>Wotakuya</i>		
Ate	Father	Female & Male Speaker
Ina	Mother	Female & Male Speaker
Kunshi	Grandmother	Female & Male Speaker
Unkan	Grandfather	Female & Male Speaker
Tanke	Older Sister	Male Speaker
Tankshi	Younger Sister	Male Speaker
Chinye	Older Brother	Male Speaker
Misun	Younger Brother	Male Speaker
Tinbdo	Older Brother	Female Speaker
Misunka	Younger Brother	Female Speaker
Michun	Older Sister	Female Speaker
Mitan	Younger Sister	Female Speaker
Tanhanshi	Male Cousin	Male Speaker
Hankashi	Female Cousin	Male Speaker
Ech'eshi	Male Cousin	Female Speaker
Echepanshi	Female Cousin	Female Speaker
Tunwina	Aunt	Female & Male Speaker
Mamana	Aunt	Female & Male Speaker
Ateda	Uncle	Female & Male Speaker
Ishida or Dekshi	Uncle	Female & Male Speaker
Mi Chinkshi	Son	Female & Male Speaker
Mi Chunkshi	Daughter	Female & Male Speaker